



Wilmington

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36 PAGES

## Don't make it easy for the bad guys

Residents advised to remove valuables and lock vehicles

By STEPHEN BJORK

WILMINGTON - A recent rash of car breaks in two areas of town have prompted police to urge residents to remove valuables and to lock their vehicles at night.

Numerous car breaks in the areas of Woburn Street/Hathaway Acres and

Butters Row were reported over the weekend. As a result, residents suffered thefts of iPods, GPS units, laptop computers, cash, credit cards, and a host of other items.

"Wilmington, in addition to a number of communities in the area, have experienced a dramatic increase in the

number of car breaks in which windows are smashed to gain access to electronic items," said Wilmington Police Lt. Christopher Neville. "In addition, we've also had a number of unlocked vehicles entered to steal similar items and money - including change."

Leaving an expensive piece of electronic equipment in plain sight of a locked vehicle is an invitation to a would-be thief to break a window. Leaving vehicles unlocked provides an opportunity to easily search a vehicle for valuables that may not be visible. The best bet, police say, is to remove

anything of value and to lock the vehicle.

Most thieves, coming across a locked vehicle without anything of value in plain sight, will simply move on to an easier target.

Take, for example, convicted car

CONTINUED PAGE 13

## History uprooted

Harnden Tavern spruced down a bit

By Julie Fennell

WILMINGTON - The town lost a piece of history this week when the giant Norway spruce was removed from the Harnden Tavern property at 430 Salem Street. No one seems to remember the exact date when the tree was planted, but

Wilmington resident Jim Durkee probably best remembers the spruce's earliest years. "My father planted that tree about seventy-five or eighty years ago. The Hathaway family owned the property back then, and John Hathaway had bought the spruce as a small tree. I was just a kid back then. It was probably only about six feet tall, but it looked big to me."

Durkee's father Leslie, who worked at the local tannery, was well known around town for his gardening skills. From time to time, Leslie worked on the Hathaway property tending to the garden and maintaining a small backyard fish pond.

As the story goes, one day John approached Leslie and asked him to plant the tree between the carriage house and the historic home.

"My father told John it wasn't a good place to plant the tree because it would be difficult to get the cars out of the area now known as the carriage house. But, that's where John wanted it and that's where my father planted it."

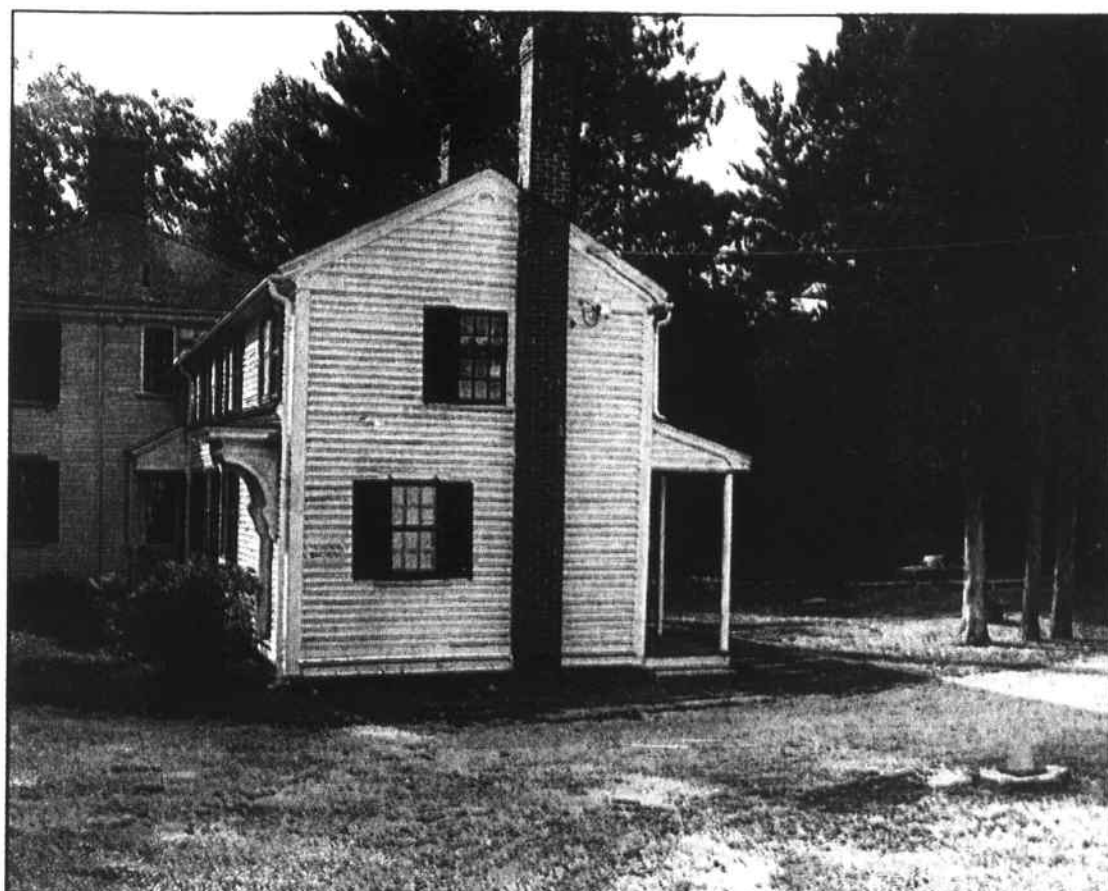
Over the years, the tree

sprouted up and in recent years it has declined in health. Because one side of the tree was dead, it became a threat to the historic property. In early summer, the Historical Commission voted to have the tree removed in order to prevent it from falling on the museum or the carriage house.

"It didn't look healthy and it was making me nervous," said Town Museum Curator Terry McDermott. "It was a scary thought in terms of what would have happened if it ever fell over."

Some residents had a particular fondness for the historic tree and were disappointed to see it go. However, in the end,

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If the grounds of the Harnden Tavern look a little bit different, the town recently removed a tree three-quarters of a century old. The orange cone currently marks the spot that the tree, which had become diseased and was threatening the historic property, formerly stood.

(photo by Maureen Lamoureux-[www.printroom.com](http://www.printroom.com), pro: shoot ingstars)

## Tumbling on over to GymStreet

With gymnastics, spinning, aerobics, and even Wi-Fi access; GymStreet is a family affair

By MARCY RAGUCCI

WILMINGTON - Charlie and Kimberly Souza are bringing a brand new type of all-encompassing athletic complex to Wilmington. GymStreet USA will be one of the largest competitive gymnastic facilities in the area, and has been designed to accommodate the entire family - adults as well as children. The Souzas have been Tewksbury residents since 1994 and their goal with GymStreet USA is to improve a family's lifestyle through fun, health and fitness.

GymStreet USA provides children with athletic training in the areas of gymnastics, dance, cheer, martial arts, aerobics, and strength conditioning in a safe, fun environment but it's much more than just a great place for kids. It's a great place for parents, too.

The Souzas are proud parents of two young, competitive gymnasts, Devin and Danielle.

Thinking back, Charlie recalls, "We spent several years constantly adjusting work schedules, and sacrificing our own fitness needs, taking our kids to practice at various gym locations and competitions all over the state. We knew there had to be a way to encourage our children's love for gymnastics, while at the same time providing for our own needs. In short, we wanted a better



The Souza Family, Charlie, Kimberly, Danielle and Devin will opening the monstrous GymStreet U.S.A. in Wilmington. They are hosting an open house this Saturday from 10:00 a.m. to 2:00 p.m. (photo by Maureen Lamoureux-[www.shootingstarspix.com](http://www.shootingstarspix.com))

lifestyle for our entire family. That's how GymStreet USA was born."

GymStreet USA offers competitive as well as recreational classes in a clean, healthy, and safe environment in a wide-open gym concept with plenty of viewing areas for parents.

At GymStreet USA, Children can participate in programs like gymnastics, dance, tumbling, martial arts or aerobics, while parents work out in the fitness room, take an aerobic class or relax in the comfortable café. There is also a Parents Lounge that is

equipped with Wi-Fi (wireless internet access) so that parents can go online or catch up on their emails while they are waiting for their children.

Kimberly offers, "We want to help families regain some of their wasted downtime in an

CONTINUED PAGE 13

## Schools get an "A" on opening

Benton lists goals for 2007-2008

By CHARITY B. LEGVOLD

WILMINGTON - The Opening of School Report, the School Facility Report, and a brief preview of the Superintendent's goals for the 2007-2008 school year were the highlights of the School Committee meeting last Wednesday night.

Excitement was in the air as Wilmington welcomed students back on Tuesday, August 28th.

Superintendent Joanne Benton said that by 6:20 a.m. there were about 20 high school students standing outside the main doors and that just before 7:00 a.m. the parking lot was filled. Benton's opening of school report was truly a reflection of the hard work and dedication put in by everyone in the Wilmington Public School District. On August 20th,

CONTINUED PAGE 14



Milt Freeman, of Salem Street, has a thumb greener than most, but even he was surprised to pull an octopus-shaped carrot from his impressive garden. This amazing vegetable is able to feed six rabbits at the same time.

Photo by Denise Blair

A look back at Wilmington of yesteryear

## Long life of Sabra Gowen Jaquith of Wilmington

A Bright Old Lady Who Remembers the Death of Washington and the Opening of the Middlesex Canal -- Her father fought at the Battle of Bunker Hill

(This article appeared in the Boston Herald dated "ber 11, 1891". It was culled from Miss Swain's scrapbook at the Wilmington Memorial Library for publication here.)

A century lacking a few months is spanned by the life of Sabra Gowen Jaquith of Wilmington. This remarkable example of New England's

longevity was born in Wilmington April 8, 1798, and has resided there all her life. In fact, Mrs. Jaquith has never left her hometown for more than a week at a time.

Wilmington people refer to the old lady with a respect that in some instances approaches awe. They say there is not a kinder heart in the community, and her great age, too, excels that of any other person in the county for miles around.

"Your paper" she said, "the other day published an article about a lady in Pelham, N.H., who is a year older than I am. She was worth writing about, but I am afraid Herald readers

will find what I say very uninteresting.

"I was born in the eastern part of Wilmington. The days of my girlhood seem but yesterday, yet when I reflect on the varied events that have occurred in the world since I have been permitted to live, to me, seems to cover a long time.

"My father was John Gowen, and my mother's name was Keziah Jaques. I was born in the house now owned by Mrs. Charles Swain. (Opposite Lucci's - ed.) Father was a farmer, and grandfather also followed that occupation.

"I remember perfectly well when Washington died and

what a shock it was to the country when it was received.

The News of The Great Man's Death

"We were seated at the dinner table when a neighbor rushed into the house and told us about it. Father pushed his chair back and cried so that he couldn't eat any more that day. When the funeral services were held in Boston that winter, Father hitched up a horse and went over the road to the city. He was deeply impressed with the solemn event, for he had known Washington and admired him for his virtues.

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## Tewksbury and Wilmington residents join in 19th Annual Boston Marathon® Jimmy Fund Walk, Sunday, Sept. 16

This year, residents from Tewksbury and Wilmington will be taking on one mission - the fight against cancer - by participating in one walk for one cause - the Jimmy Fund. Join your neighbors in this effort by registering for the 19th annual Boston Marathon® Jimmy Fund Walk. Presented by Hyundai Motor America, the event will be held on Sunday, Sept. 16. Tewksbury walkers will join more than 7,000 participants, who are expected to raise \$6.3 million for cancer research and care for children and adults at Dana-Farber Cancer Institute. Over the past 18 years, walkers and their supporters have contributed more than \$45 million to Dana-Farber. This funding supports cutting-edge cancer research to find cures and better treatments for all forms of the disease. It also provides special services and assists with costs of patient care and treatment.

The Boston Marathon Jimmy Fund Walk is the only event, other than the Boston Marathon itself, that is sanctioned by the Boston Athletic Association to use the historic 26.2-mile route from Hopkinton

to Boston. Walkers can choose from four different routes: 26.2 miles from Hopkinton, beginning at 7 a.m.; or 13.1 miles from Wellesley, at 11 a.m.; 5 miles from Boston College, at 11 a.m.; or the 3-mile route that begins at the Harvard Medical School Quad, at 2 p.m. All walkers finish at the Copley Square finish line.

Participants on the Hopkinton (26.2 miles), Wellesley (13.1 miles) and Boston College (5 miles) routes must raise a minimum of \$2. "The Walk gives people the opportunity to join a community of friends and families to support cancer research while honoring everyone who is or has been directly affected by the disease," says Ed Wiederhold, director of the Boston Marathon Jimmy Fund Walk.

One in three people will face cancer in their lifetime but no one has to face it alone. Help change the odds by walking or supporting a walker. To register, or make financial contributions, visit [www.jimmyfund-walk.org](http://www.jimmyfund-walk.org). Contributions can also be mailed to: Boston Marathon Jimmy Fund Walk, 10 Brookline Place West, 6th

Floor, Brookline, MA 02445. For more information, call (866) JFW-HERO.

The long list of Tewksbury resident includes:

Linda Bowley, Jane Brunelli, Kathy Casey, Stephanie Celata, Taylor Cipriani, James Cole, Nancy Coppi, Jack Farley, Deanna Guglietti, Nancy Higgins, Donna Leahey, George Leahey, Jennifer Lightfoot, Timothy Meunier, Natalie Nielsen, Debbie O'Neil, Wilma Peters, John Pratt, Ann Pratt, Linda Reichert, Jayme Rossetti, Susan Stadtman, Lorraine Sullivan, Owen Sullivan, Dann Sullivan, Christine Woods, Helen Woods, and Lori Schultz.

And from Wilmington: Dan Alosco, Cathy Beers, Beth Belt, Michelle Collins, Tom Convery, Sue Cote, Janet Coulouris, Debra Cremens, Nicole Crowley, Stephen Emery, Anthony Giamberardino, Barbara Hebert, Michael Hebert, Jean Irving, Sherry Iuliano, Steve Petinge, Stan Radomski, Edward Sarasin, William Scholl, and Richard Spry



A lemonade stand in front of Gleason Insurance on Main Street Tewksbury has been in business all summer to benefit Meghan McCarthy. On Friday Dianne Hendrigan of the Tewksbury Credit Union (fourth from left) accepted the \$4118.48 raised by Nicole DePierro, Samantha Laferriere, Meredith Bonugli, Alex Bonugli, Melissa Cordwell, Meaghan McLaughlin and Shannon McLaughlin.

(photo by Maureen Lamoureux -www.shootingstarspix.com)

## Cruise For a Cure ride, Outback Steakhouse, Tyngsboro Local motorcycle enthusiasts to raise funds for the Cystic Fibrosis Foundation

TYNGSBORO, MA - The Cystic Fibrosis Foundation is hosting a motorcycle ride on Sunday, September 9th. The

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It's Your Money  
by Joyce Brisbois



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Sara, a Wilmington native, has been living with Cystic Fibrosis since birth. Cruise for a Cure was established in her honor.

Cruise for a Cure will help raise funds to find a cure for those living with cystic fibrosis.

Nine years ago, Cruise for a Cure was started in honor of a little girl named Sarah. Looking at her, you'd never know that she has cystic fibrosis - a life threatening genetic disease that affects the lungs. Sarah takes dozens of medications a day and bravely endures all sorts of medical treatments. It is thanks to the CF Foundation that she gets the

best medicine and has the best shot of beating this disease.

Cost is \$35 for riders and \$10 for passengers and includes everything - Dunkin' Donuts in the morning, poker run, raffle tickets, Cruise for a Cure pin and lunch donated by the Outback Steakhouse of Tyngsboro. Raise or donate \$50 and you will also receive a Cruise for a Cure t-shirt and be entered to win one of 2 grand prizes - 2 American Airlines tickets anywhere in the 48 contiguous states and a 1 day motorcycle rental courtesy of EagleRider, or a custom motorcycle paint job courtesy of Atlantic Customs in Peabody.

Registration is 8:30 a.m. - 9:30 a.m. at the Outback Steakhouse in Tyngsboro. Contact the Cystic Fibrosis Foundation at 800-757-0203 or go to <http://newengland.cff.org/cruise4acure> for more details.



## Wilmington Chamber of Commerce comedy night

WILMINGTON - The Wilmington Chamber of Commerce will be laughing it up on Friday, September 14 and they'd like you to laugh, too!

A comedy night featuring Brad Mastrangelo, Mike Prior, Marybeth Callan and Wilmington's own Steve Bjork ([www.stephenbjork.com](http://www.stephenbjork.com)) is open to the public at the

Knights of Columbus Hall. Tickets are \$15 and can be purchased at: The Town Crier, 226 Lowell St.; Danversbank, 579 Main St.; Sir Speedy, 609 Main St.; Realty Executives, 362 Middlesex Ave.; White Physical Therapy, 355 Middlesex Ave.; or Commercial Business Products, 12 Bay St. all in Wilmington or at the Burbank YMCA, in

Reading. Tickets can also be purchased by M/C or Visa over the phone by calling the Town Crier office at 978-658-2346. These tickets will be mailed.

Doors will open at 7 p.m. and the comedy starts at 9. Attendees are invited to bring their own snacks. A cash bar will be available.

Wilmington  
Chamber of Commerce

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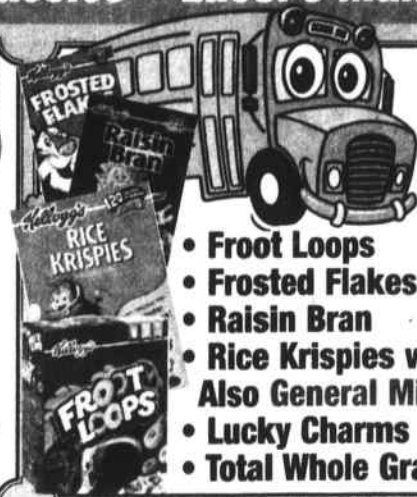
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## Letters to the editor

### For change

Dear Editor,

America will be in trouble if it doesn't act quickly on the crucial issues before us - the economy, education, energy dependence, the environment, health care, immigration, terrorism, and more. I am a member of a movement called Unity08 that will bring our politics back to common ground and elect leadership to the White House that will actually lead.

Politics as we know it - politics as usual - is over. Unity08 will provide access to information, discussion, and decision-making tools that will change politics forever. And, just in time. 8 of every 10 Americans think Washington is so polarized that it is paralyzed. The 2008 election is a moment of truth.

Unity08's new approach will:

1. Enable Americans to rank our most crucial issues.

2. Force the candidates to address those crucial issues.

3. In June, empower all Americans to choose a bipartisan ticket in a secure vote online.

4. In November, elect the Unity08 Ticket to our nation's highest office.

Unity08 combines our oldest values and our newest technology to reactivate the American community. And then, America can be a proud country again, worthy of inspiring both our children and the world.

As a member of Unity08, I invite you to learn more about our movement at Unity08.com. Please feel free to direct any questions to me or to info@unity08.com.

For change,  
Sincerely,  
Ann Yurek

Wilmington



## Greetings from Baghdad

by SRA Daniel Sullivan

There are times in life when you have so much to process, and the clock is turning quickly, that it is difficult to articulate how you feel. For a couple of weeks now, I have been trying to write this final "Greeting from Baghdad" as I prepare to be reunited with the people I love and a world I left behind.

When I first arrived here, I remember how I was both excited and reluctant to follow the calling that I felt God had commissioned me for. Unsure of what I was supposed to do, I followed obediently to this region of darkness to spread some of the light that has been instilled in me. The environment was grueling, and the days seemed endless, however I pressed forward to fulfill the mission that was set before me.

Frequently, I thought of home, because it was what I knew the best and longed for the most. As I became more familiar with my surroundings, war seemed to be the normal order for the day, and home was slipping away into the distance. My reality was the smell of burning trash and sewage, along with the sight of blast barriers all around me and gravel under my feet, when I was really pining for the smell and sight of grass, trees, and children playing at the playground. The only reminder of the love from home came in the form of letters, care packages, and pictures. To confirm that all these things were actually existent, and not just a figment of my imagination, I was allowed to make the occasional 15-minute phone call to hear my wife and children tell me they love me.

I had the opportunity to know people and to build relationships with other Airmen and Soldiers, as well as civilians from America and beyond. There were times when the boundaries within my reality

were very fuzzy. I experienced times of grave anxiety, as well as moments of grand euphoria. Highs and lows that made me question the very interface between fact and fiction. To be isolated from your world, with others that are in the same condition, seems to breed these feelings that ebb and flow.

It was during these times that I learned to lean on God to give me the understanding or comfort I needed to make it to the next day. I have witnessed here many times, folks that embraced God and thrived to get closer, and those who decided that there wasn't any God, especially one that would allow a war like this to continue in the ways that they witnessed it and lived it. Whether for a month or 18 months, when you come here, it tests all that you inherently believe in and hold dear.

In my opinion, I feel as if our presence is truly making a difference for the citizens of Iraq so that perhaps someday soon, they can be a sovereign nation that thrives in the global economy and remains a friend to the American people for generations to come. It has been a long and hard time here for us, but as you know, anything worthwhile takes time and fortitude to be successful.

In a few weeks, I will be re-integrating into my life with my family and friends, and it is both exciting and scary. I am enthusiastic about being home and resuming my life and role within my community and my family, but I am concerned about the changes that may have taken place while I have been away. My wife, Michelle, has performed flawlessly in my absence as the parent, provider, and supporter, but to think she hasn't experienced change in her life due to this hiatus of mine would be just plain naïve. I am blessed that our marriage

has grown stronger over this deployment and did not experience difficulty, or worse, dissolve. I know that the reason why I was blessed with her is because our relationship is centered on Jesus in our lives.

I know that I have been affected by my time here and I seem to think that it will not come to fruition until I do return home, because lets face it, to be used to a combat zone is simply not natural. At least not for me. So again, I lean on Jesus and not my own understanding to help us through this period of transition.

To see my children for the first time in many months is also going to be a wonderful thing, but I am sure it will also be challenging getting to know them again, because to children their age, I have been gone a lot longer than I actually have been. Some of the things that I felt were important in rearing them have suddenly been revealed for the trivialness that they really were. So again, I feel as if I have learned about filtering in my life what is really important and what is not. I am grateful for that wisdom that has been afforded me.

In closing I would like to thank the Editor of the Town Crier for allowing my views to be shared with the readers of the community that I call home, and hopefully I have shed a non-biased light on what the life of the average airman is like here in Iraq. I would also like to show my appreciation and love to my friends and church family for all the prayers and support over this time, and last but not least, as I mentioned in my first installment, to my wife and best friend, Michelle, you are truly my hero and I can't wait to continue our life together until the end of time.

God bless you all, and God bless America.

### TEAM TERRI

A Letter to the Editor:

On Sunday, September 16, I will join more than 6,500 walkers including friends and relatives from the Tewksbury and Wilmington area in the 19th annual Boston Marathon Jimmy Fund Walk. We are walking to help the Jimmy Fund and Dana-Farber Cancer Institute in memory of my daughter Terri who lost her battle with cancer in 2000. This is the 16th year TEAM TERRI has been part of this walk (eight in honor & eight in memory). The TMHS Soccer Teams have been instrumental in this effort as they have made the Jimmy Fund Walk their major fundraiser for a number of years. In the past, their time and energy, as well as the generosity of friends, relatives and townspeople, we have been able to raise thousands of dollars for this cause.

We hope you will support our efforts by contributing to the walk. By supporting the walk, you are helping to bring an end to cancer and fulfilling our hope that some day no parent will have to hear the words that were said to my husband and me, "There is nothing more we can do."

When Terri and I would talk late at night she said one thing that made her sad was that, "She had always wanted her life to make a difference."

After her death many people young and old told us how much of a difference she made in their lives. By continuing to walk each year, we are helping her wish to live on. Your generous gift will enable Dana-Farber Cancer Institute to provide compassionate care while continuing its research to improve the chances of survival for cancer patients worldwide.

Our family is most grateful for the thoughts, support and generosity we have received in the past. If you would like to contribute, please ensure your check is made payable to:

2007 Boston Marathon Jimmy Fund Walk and with TEAM TERRI noted in the notes or memo.

Donations may be received through December 21, 2007. Please send to:

TEAM TERRI  
23 Birch Street  
Tewksbury, MA 01876

Thank you for your support.  
Pat Lightfoot and TEAM TERRI



## Quick Health Tips

by Dr. Leslee Quick

### OPC's

Oligomeric proanthocyanadins, also known as OPCs, occur naturally in many plants. These natural antioxidants have become extremely popular within the science community, as well as with my own patients.

I have mentioned OPCs in more than a few past articles as one of the powerhouse supplements that every individual should take. Given our natural metabolic processes, in conjunction with the additional stress we place on our bodies with toxins in our environment, substances like OPCs are becoming more important for long-term health of everyone.

OPCs are powerful antioxidants. Given their media attention over the last few years, most people have heard about antioxidants, even if their properties are not fully understood. Antioxidants naturally neutralize free radicals - volatile atoms or molecules that have an unpaired electron.

To understand the basics of a free radical, we need to go back into the depths of our memories - some farther than others - to our science classes. Do you remember what an atom looked like? Visually, it looks like a microscopic solar system. At the center is its nucleus, surrounded by orbits of electrons. To maintain stability these electrons surround the nucleus in pairs. Occasionally, an electron is lost leaving one electron unpaired - a radical. This event creates an unstable environment forcing the electron to look anywhere to once again stabilize itself by extracting an electron away from another atom or molecule. Now this next atom/molecule needs to find another electron, and so on and so on. The cascade is created.

Most free radicals are created during our body's natural metabolic processes to make energy. Oxygen is taken in to the body to make this energy. As this energy is created, so too are radicals. More are generated than are needed. The excess radicals will venture off to stabilize themselves, damaging whichever structure they come in contact with. Now they are "free" radicals because they are not bound to any biochemical reaction taking place.

A condition of oxidative stress exists when more free radicals exist than can be neutralized.

Over time, an excess of free radicals creates extensive damage to an organism, also known as the aging process. This theory, known as the "Free radical theory," is one of the most currently accepted of the aging process recognized by the National Institute of Health.

When a critical amount of damage occurs, we clinically have a diagnosed disease.

Free radical damage increases significantly with sun damage, ozone, pollutants, applied chemicals, and other toxins. Smoking is one of the most damaging sources of free radicals to the body.

As free radical damage occurs, an organism will attempt to clear away the damage through inflammation. In acute stages, inflammation is a natural response to healing. Over time, if left unchecked, inflammation becomes chronic as does the pain it creates.

Antioxidants neutralize the overflow of free radicals to break the cascade of damage by transferring an electron to the free radical to stabilize it. Antioxidants can perform this task without losing their own stability.

OPCs are a class of nutrients belonging to the flavonoid family, naturally occurring within a plant's surface. A great example of antioxidant effects can be demonstrated with an apple. What happens to a skinned apple? It will turn brown from oxidation. The outer layer of the apple provides forty-five percent of its antioxidant capabilities. So it is wise to leave the skin on to receive the best benefit from the fruit.

Vitamins C and E are the most well-known antioxidants. However, Pycnogenol, a derivative from pine bark and an important constituent of OPCs, is thirty to fifty times more powerful than those vitamins. Other OPC constituents may include red wine, grape seed and berry extracts such as bilberry.

Some of the well-studied benefits of OPCs include the reduction of histamine production, which is useful in the treatment of allergies and asthma. One promising study on pycnogenol demonstrated that small doses of the antioxidant over three months significantly improved the breathing in asthmatic children.

OPCs help improve circulation by strengthening capillary walls. This benefit is especially important for people with compromised circulatory systems, such as stroke victims, diabetes, arthritis, smokers, oral contraceptive users and people with general cardiovascular insufficiencies.

OPCs have been shown to increase collagen repair and reverse skin damage. This helps to maintain elasticity and decrease wrinkles. It also acts as a natural internal sunscreen, reducing harmful destruction of skin cells by approximately seventy-five percent.

From a chiropractic standpoint, OPCs become important. Toxins from our environment create stress on the body which culminates with muscle and spinal imbalances. Therefore, OPC's ability to combat toxic affects of our environment help patients decrease physical stress and hold chiropractic adjustments.

One area that is currently under study is the possible benefit of OPCs with cerebral health. Only the smallest of molecules can cross what is known as the blood-brain barrier. OPCs can accomplish this task, and enables the affects into the cerebral vasculature.

Possible benefits can include increased mental acuity, decreased potential for stroke, and the possible deterrence of senility. These possible benefits are currently under study for potential outcomes.

There are other tremendous increases in the areas of study for OPCs, including diabetes, ADHD, male impotence, just to name a few.

In conjunction with whatever the studies show, I've also seen great results with premenstrual syndrome, vascular headaches and immunity. I also recommend it for any of my ADHD patients.

Now, as with anything natural, the best results are seen over months.

So do I think that everyone should use OPCs? I recently attended a conference with numerous doctors of different walks: medical cardiologists, dentists, chiropractors, etc. One of the speakers, Dr. Lamm, is a well-known medical doctor often seen in numerous television shows as the "go-to" doctor. When one participant asked Doctor Lamm who he recommends OPCs for his reply was simple. "Anyone with a pulse."

Enough said.

Here's to your health...naturally.

### Group Art Exhibit at Tewksbury Public Library

TEWKSBURY - Tewksbury of Community of Artists will present a Group Art Exhibit by their members on Sept. 12, 2007 through Oct. 9, 2007 at the Tewksbury Public Library.

The opening reception will be on Sept. 12 at 7 p.m. - 8:30 p.m.

Artwork on display by members: Valerie Borgal, Maria Galante, Mary Lou Morris, and Barbara Pantenella

All artwork is available for purchase.

Purchases can be made by calling the artist directly. Artwork cannot be removed until Oct. 9 at the completion of the show.

For more information about the Tewksbury Community of Artists, visit: <http://www.tewksbury.info/tea>

#### How to submit news items...

The Town Crier goes to press on Wednesday afternoons and has a deadline for submissions as of noon on Mondays

**Preferred Submission Method:**

E-Mail to [sbjork@yourtowncrier.com](mailto:sbjork@yourtowncrier.com)

The efficiency of e-mail greatly improves the newspaper's ability to publish submissions in a timely and accurate manner. This newspaper strongly urges the use of e-mail for submitting press releases/news information, letters and photos whenever possible.

**E-Mail guidelines:**

- News releases, news tips or information, letters to the editor - send either as copy in the original email or as an attached TEXT or Word document.
- Photos/Images - send as an attached JPEG at a minimum of 200 resolution. Please do not embed the image within a Word document.

**Other submission methods:**

- Deliver to the Town Crier offices at 226 Lowell Street in Wilmington, MA during business hours, 9:00 a.m. to 5:00 p.m.
- Submissions may also be mailed to - Town Crier, 226 Lowell Street, Wilmington, MA 01887

# Town Crier

Tewksbury - Wilmington

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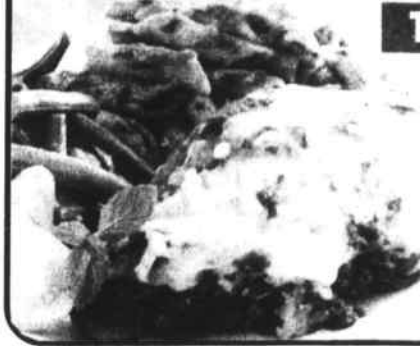
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# Let's Hear it!!

## Your Two Cents...



Thumbs up to the Family Therapist and his sensible opinions and advice, especially about raising children. Too many parents are afraid to discipline their children and take charge, allowing their children to run the show. I have 3 school age children and share his traditional, common sense approach, even if some people consider it "politically incorrect". At times I'm shocked and horrified by the behavior parents allow, either because they don't care or they're too tired, embarrassed, or scared to do anything about it. Unfortunately, you reap what you sow.

Wilmington



Being a resident in the neighborhood of Shady Lane Drive, I think the 3 STOP SIGNS posted over a year ago are a complete waste of time and energy. They are at Pineridge/Shady Lane Drive/Shady Lane Drive intersection. NOBODY, I mean NOBODY stops at them. There is a small Art Studio on the corner with small children there mostly everyday. I really don't want to see any one hurt by someone not obeying those signs. They are there for a specific reason, to slow people down, but they aren't doing the job. Maybe our police could sit there during the day to observe and maybe write a few tickets.

Please, let's all remember that schools are now open, let's all slow down for the next generations safety.

Wilmington



T.H.E. FARM

## T.H.E. FARM's fifth Annual Student Horse Show September 9th

**TEWKSBURY** - This Sunday, September 9, 2007 (rain date September 23, 2007) at 10:00 a.m., T.H.E. FARM will be holding its Annual Student Show. Many students from T.H.E. FARM will participate in several categories of events to demonstrate the skills they have learned - AND TO HAVE FUN! Each class will be approximately 15 minutes long,

with an award presentation at the end. There will be three categories of classes:

- Equitation (Riders are judged on their position and ability to guide and direct their horse.)
- Games
- Musical Cones (Musical chairs on horseback)
- Egg and Spoon Race
- Sit-A-Buck (Rider must

hold a dollar bill under leg through walk and trot)

- Costume
  - Students will dress up in costume
- About T.H.E. FARM  
T.H.E. FARM at Strongwater is a non-profit organization that provides therapeutic equestrian programs for the clients of the Tewksbury Hospital, as well as public riding programs and

special events to individuals of all abilities. T.H.E. FARM is dedicated to providing a safe environment where therapeutic and equine education comes first. As an additional and unique facet to T.H.E. FARM's programs, the Strongwater site provides a public venue for fine equestrian events

## SADD chapters ready to welcome back students

As the hazy days of summer wind down, thoughts predictably turn to the beginning of school. "Teens everywhere are thinking about new classes, teachers, and opportunities. Massachusetts SADD (Students Against Destructive Decisions) chapters are busy planning recruitment activities to show fellow students that SADD is a premier opportunity to expand their social network and to make a difference in their community."

"The beginning of the school year is an excellent time to explore new student organizations," said Julie Cushing, Massachusetts SADD State Coordinator. "Everyone is welcome at SADD. Students join for a variety of reasons - to make a difference, to develop leadership skills, or to surround themselves with others who

share a commitment to a healthy lifestyle. Students report that being a part of SADD is extremely rewarding." This fall Massachusetts SADD chapters are leading various activities and initiatives that integrate prevention strategies to reduce underage drinking, other drug use, drinking and driving, and to increase safety belt use. These programs engage and empower youth to take a visible role as youth leaders.

According to the Preusser Research Group, students in schools with SADD chapters:

- Are exposed to substantially more in-school activities directed against underage drinking, drinking and driving, and other drug use and are
- More likely to hold attitudes

reflecting positive reasons as to why not to use alcohol;

- More likely to agree that non-alcohol parties can be just as much fun as parties where alcohol is served; and
- More likely to agree that their parents would be extremely upset if they were caught drinking.

Massachusetts SADD has 323 chapters with more than 900 SADD members taking the lead in ensuring the health and safety of Massachusetts teens through a variety of programs, campaigns, and initiatives targeting critical youth issues. Through funding by the Massachusetts Executive Office of Public Safety and Security, Highway Safety Division (EOPS-HSD), Massachusetts chapters help

support the goal of the Highway Safety Division's Youth Program to increase safety belt use and to reduce speeding, impaired driving, underage drinking, and other substance abuse by Massachusetts youth.

SADD (Students Against Destructive Decisions) is the nation's preeminent peer-to-peer youth education and prevention organization, with thousands of chapters in middle schools, high schools, and colleges. With a mission of promoting positive decision-making and addressing attitudes that are harmful to young people, SADD sponsors programs that address issues such as underage drinking, other drug use, impaired driving, and teen violence and suicide.

## Autism Family Day at Franklin Park Zoo

**BOSTON** - Advocates for Autism of Massachusetts will host an Autism Family Day at Boston's Franklin Park Zoo on Saturday, September 15 from 11:00 a.m. to 3:00 p.m. The event, which combines outreach to the entire community with family fun activities, is open to the public.

In addition to all the regular zoo attractions, Autism Family

Day will offer a variety of games, music and art activities, clowns and other performers. As a special treat, there will be performances by the Higashi Jazz Band as well as noted jazz pianist Matt Savage. Dr. Jean McGuire (Assistant Secretary, Disability Policies and Programs, Executive Office of Health & Human Services) will be the featured

speaker at opening ceremonies, which begin at 11:15 a.m.

Franklin Park Zoo is an accessible facility. Parking is free, and the Zoo can also be reached by public transportation.

Thanks to the generosity of Franklin Park Zoo, we are able to offer a discount on adult tickets that are purchased and paid for by September 12. The advance purchase price is just \$7.00 per person (instead of the regular admission price of \$11.00 p.p.). Adult tickets purchased after September 12 or at the gate on the day of the event will be \$8.50 per person. Children's tickets (up to age 12) are \$6.50 each. Advance tickets can be ordered from AFAM, 217 South Street, Waltham, MA 02453. Advance tickets will be held in the purchaser's name at the AFAM table just outside the Zoo entrance.

Advocates for Autism of Massachusetts (AFAM) was formed in 2004 to address the need for public advocacy on behalf of individuals, families and professionals who have or deal with people with Autism Spectrum Disorder (ASD), which also encompasses Asperger's Syndrome and high-functioning Autism. AFAM strives to assure the human and civil rights of people with ASD and the availability of essential supports so that they may live life fully and enjoy the same opportunities as others throughout the Commonwealth. Visit our website: [www.afamac-tion.org](http://www.afamac-tion.org).

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## Poetry Corner

### The Day Is Passing By

I was watching the sun rising  
Across the colorful eastern sky,  
I wondered why we don't take more time  
To enjoy precious moments as they are passing by.

There is so much beauty  
That we just don't see,  
God gives them to bring  
Happiness to you and me.

There are so many moments  
We will never see again,  
We pass up pleasure, opportunities,  
Even challenges we might win.

We don't see many things that need to be done.  
We need to reach out to someone and say a kind word,  
A warm greeting, encouragement, say "I love you",  
These are important words that need to be heard.

We don't notice the flowers nodding  
In our hurry as we walk by,  
We didn't see the luscious oak tree  
Standing majestically, strong and high.

There is so much to see, and much we can do  
Many opportunities have just gone past,  
We may never see them again.

Moments like these don't always last.

The sun is setting  
It has moved to the western sky,  
The day is closing; its almost gone  
Our chances have just passed us by.

By Shirley J Oremland





The Heath Brook School celebrated 50 years of educating Tewksbury's children on September 4th. Principal Rosamond Dorrance presented each of the school's past principals with a book to be donated in their honor to the school library. Seen here is Miss Pauline King receiving the book Library Lion. The Heath Brook's library is named after Miss King who retired last year. Photo by Denise Blair

## Route 62 Business Partners announce Open House and Visitor Day

Local BNI (Business Networking International) chapter invites other local business professionals to experience the power of Referral Marketing!

On Wednesday, September 12, 2007, at 7:00 a.m., the Route 62 Business Partners of BNI (Business Networking International) will be hosting a visitor day. The event will take place in the showroom of one of the member's businesses, Brooks Interiors Group - 5 Waltham Street in Wilmington.

All local business professionals are invited and encouraged to attend.

Learn how Referral Marketing can be a critical part of any business development strategy.

Meet with other local business professionals offering a wide variety of products and services.

Enjoy complimentary coffee and donuts while making new contacts.

Would you like to increase your business by 20%, 30%, 50% or as much as 100%?

1. Successful businesses depend on word of mouth advertising. It is the best and most cost-effective form of advertising possible.

2. BNI provides a structured environment for the develop-

ment and exchange of quality business referrals. It does so by providing an environment in which you develop personal relationships with dozens of other qualified business professionals.

3. By establishing this formal relationship with other people, you will have the opportunity to substantially increase your business.

4. If referrals are an important part of your business, then BNI is the organization for you.

Belonging to BNI is like having dozens of sales people working for you because all the other members carry several copies of your business cards around with them. When they meet someone who could use your products or services, they hand that person your card and recommend your services. It's as simple as that! Started in January of 1985, BNI-Business Network Int'l. provides a positive, supportive and structured environment to further business through word of mouth marketing. BNI is a business and professional networking organization that allows only one person per profession to join a chapter.

For more information, please call Mike Champoux at (978) 447-1100 or Bruce Dickey (800) 850-995.

## Diana Crampton, RN named Nurse Manager

Cambridge Health Alliance (CHA) announced that Wilmington resident Diana Crampton, RN, has been named Nurse Manager for Perioperative Services at CHA's Somerville Hospital campus.

In her new role, Ms. Crampton will oversee operations in the Somerville Hospital campus's operating rooms, post anesthesia care unit, surgical day care unit, and its transport services. She has served as the interim manager since March 2007.

Ms. Crampton joined the nursing staff at the Somerville Hospital campus in 1979 and has practiced in the perioperative setting for more than 20 years. She is currently completing her bachelor's degree in nursing at Emmanuel College and is certified in a number of specialty areas, including legal nurse consulting, gastroenterology nursing, and perioperative nursing.

Cambridge Health Alliance is a regional healthcare system with three hospitals and more than twenty primary care prac-



tices in Cambridge, Somerville, and Boston's metro-north communities. As a teaching affiliate of Harvard Medical School, Cambridge Health Alliance offers medical residency/training programs and undergraduate learning experiences in hospital and community settings. Cambridge Health Alliance also includes the Cambridge Public Health Department, CHA Physician's Organization (CHAPO), and Network Health, a managed Medicaid and Commonwealth Care plan. For more information: [www.challiance.org](http://www.challiance.org) <<http://www.challiance.org>>

## Daniel R. Jamerson completes officer training

Daniel R. Jamerson has completed a U.S. Air Force Reserve Officer Training Corps (ROTC) field training encampment at Hanscom Air Force Base, Bedford, Mass.

The four- or six-week summer training camp is designed to motivate, educate, and evaluate the cadets' leadership potential to be Air Force officers, and to determine their potential for entry into the ROTC Professional Officer Course (POC). Normally, cadets between their sophomore and junior year of college attend the encampment. The training gives students their first exposure to a working Air Force environment and an opportunity to learn and apply officer leadership theory, techniques, and responsibilities. Encampment training

includes leadership evaluation exercises, officer specialty orientation, survival techniques, confidence course, physical fitness, aircraft and aircrew orientation, small arms handling, human relations orientation and equal opportunity education, and study of the organization and functions of an Air Force base.

Upon graduating from the attending college or university and successfully completing the ROTC program requirements, the cadet is commissioned as a second lieutenant in the Air Force.

Jamerson is a student at the University of Massachusetts, Lowell.

He is the son of John E. and Karen M. Jamerson of Shawsheen Ave., Wilmington, Mass.

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### BEFORE HE DOES

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### Whiskey & Blends

Famous Grouse	175	\$29.99
Cutty Sark	175	\$25.99
Fleischmanns Whiskey	175	\$11.99
Canadian Mist	175	\$14.99
Kennedy's Scotch	175	\$14.99
Canadian Club	175	\$16.99
Old Thompson	175	\$11.99
Makers Mark	750	\$21.99

### Spirits

Three Olives Vodka	175	\$18.99
Sveka Vodka	175	\$17.99
Caldwells Vodka	175	\$10.99
Sky Vodka 80	175	\$24.99
Grey Goose Vodka	750	SAL
Fleischmanns Gin	175	\$11.99
Mt Gay Eclipse Rum	175	\$23.99
Sauza Hornitos	750	\$20.99

### Brandies & Cordials

Irish Mist Liq	750	\$21.99
Midori Melon	750	\$14.99
Chambord Liq.	750	\$23.99
Campari Aperitivo	750	\$19.99
Kahlua Coffee Liq.	750	\$15.99
Copa D'Oro	175	\$16.99

### California Wines

Bogle Merlot	750	\$6.99
Mondavi Private	750	\$7.99
Beringer Stone Cellars	750	2/5
Woodbridge Wines	1.5L	\$9.99
Blackstone All Types	750	\$7.99
Ch St Jean Chard	750	\$7.99

## Imported Wines

Jacobs Creek All	1.5L	\$8.99
Corvo Red & White	750	\$8.99
Yellow Tail Wines	1.5 L	SALE
Ruffino Chianti	1.5L	\$11.99
Wolf Blass Wines	750	\$6.99
Greg Norman Wines	750	\$9.99
Kris Pinot Grigio	750	\$7.99
Cavit Pinot Grigio	1.5L	\$9.99
Bolla Wines All	1.5L	\$9.99
Brancott Sauv Blanc	750	\$7.99
Black Opal Wines	750	\$5.99
Lindemanns Bins	750	\$5.99

## Beer Specials

Ipswich 1-12 pk btls	12 pk	\$10.99
Miller Lite	30 pk	\$17.99
Blue Moon Belgium	12 pk	\$10.99
Michelob 18 pk	18 pk	\$11.99
St. Pauli girl Btls	12 pk	\$8.99
Corona Reg/Light	12 pk	\$10.99
Longtrail 1-12 pk btls	12 pk	\$10.99
Bud "Dry" Cans	30 pk	\$13.99

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Girl with a basket of flowers by Mary Lou Morris is one of the many works to be on display at the Tewksbury Community of Artists Group Show.

## Group Art Exhibit at Tewksbury Public Library

TEWKSBURY - Members of the Tewksbury Community of Artists will present a Group Art Exhibit by their members on Sept. 12, 2007 through Oct. 9, 2007 at the Tewksbury Public Library.

The opening reception will be on Sept. 12 at 7 p.m. - 8:30 p.m. Artwork on display by members: Valerie Borgal, Maria Cadante, Mary Lou Morris, and Barbara Pantenella.

All artwork is available for purchase.

Purchases can be made by calling the artist directly. Artwork cannot be removed until Oct. 9 at the completion of the show.

For more information about the Tewksbury Community of Artists, visit: <http://www.tewksbury.info/tea>

# OBITUARIES

## Michael Alfred Buczynski

Engineer, businessman, WWII Marine Corps veteran

WILMINGTON - Michael A. Buczynski, 85, of Wilmington, MA died Friday, August 31, 2007 at the Winchester Hospital in Winchester, MA following a period of failing health. He was born in Northfield, NH, December 4, 1921, son of John and Ludwika (Pikarz) Buczynski. Michael lived in Northfield until moving to Wilmington in 1961. He graduated from the University of New Hampshire with mechanical and civil engineering degrees. He was an entrepreneur with several business ventures and property holdings. For 17 years he worked with Artisan's Industries in Waltham, MA. He was a member of the VFW, Post # 1698, Franklin, NH American Legion Post # 49 in Northfield, NH and Lodge of Elks, BPOE # 1280 in Franklin, NH and also member of Knights of Columbus in Wilmington, MA. He was a former parishioner of St. Mary of the Assumption Church in Tilton, NH and later St. Thomas Church in Wilmington. Michael served with the U.S. Marine Corps as Staff Sergeant during WW II. He was predeceased by his wife, Kathleen Rose (Adams) Buczynski who died in 2002. His family includes, two daughters:

Zan Buczynski-Kozikowski of Milton, MA, Genevieve R. Buczynski of Wilmington, MA; four sons: Theodore J. Buczynski of Lowell, MA, John P. Buczynski of Clearwater, FL, James A. Buczynski of Reading, MA and



Michael F. Buczynski Chicago, IL; Twelve grandchildren; Five great-grandchildren. He is also survived by a brother, Al Buczynski Andover, MA and two sisters, Louise France of Melbourne, FL and Irene Fuller Branford, CT.

He also had several nieces, nephews and cousins. Calling hours will be Tuesday from 5:00 to 8:00 p.m. at the William F. Smart Sr. Memorial Home, Franklin-Tilton Road in Tilton, NH. A Mass of Christian Burial will be celebrated Wednesday at 11:00 a.m. at St. Mary of the Assumption Church, Chestnut St., Tilton, NH 03276. Private burial will be in St. John Cemetery in Tilton.

The family requests that donations be made to the Tara Rose and Jessica Buczynski Trust Fund, care of 47 Blue Hill River Road, Milton, MA 02186.

For more information go to [www.smartfuneralhome.com](http://www.smartfuneralhome.com)

## John J. Healey

Family in Tewksbury, formerly of Lexington; 82

Spring Hill, FL - John J. Healey, age 82, a WWII Army Veteran, formerly of Lexington, MA, died unexpectedly Thursday evening, August 30, at Saints Medical Center in Lowell, MA, following an apparent heart attack while visiting his family in Tewksbury. Mr. Healey was the husband of the late Charlotte (Duren) Healey, who died in April 1989.

He was born in Ansonia, CT, on November 24, 1924, and was raised in Ansonia. He enlisted into the U.S. Army during WWII, and served in the Asiatic/Pacific areas. He was discharged as a Sargent Major. Mr. Healey was an accountant. He lived in Derby and Orange, CT, for many years, when he was employed by the Farrell Company in Connecticut. He moved to Lexington, MA, and worked for U.S.M. Corp. in Boston. For the last 30 years he had lived in Spring Hills, FL, and was retired from Nu-Air Company in Florida.

While in Boston, he served as the Past President of the G.E. Credit Corp., and was a director for United Way of Massachusetts. He was a member of the V.F.W. in

Connecticut, and later became a member of the B.P.O. Elks Aripeka, FL, Lodge 2520.

He is survived by a son and daughter-in-law, Thomas F. and Donna (Gentile) Healey of Tewksbury; one granddaughter, Siobhan Healey, currently attending Suffolk University in Boston; a sister and brother-in-law, Betty and Ed Barrett of CA; and several nieces and nephews.

He was also father of the late Ellen L. Goddard; and brother of the late Margaret Healey and William Healey.

Relatives and friends will be received Thursday morning, Sept. 6, from 9:00 a.m. until 11:00 a.m. in the Tewksbury Funeral Home, corner of Dewey and Main Sts. (Rte 38) Tewksbury Center, phone (900 in MA or 978) 851-2950. His Funeral Mass will be celebrated Thursday, Sept. 6, at 11:30 a.m. in St. William's Church, 1351 Main St., (Rte 38) Tewksbury. Interment in Derby, CT, will be private. Kindly omit flowers. Donations to the charity of your choice will be appreciated. Additionally, a memorial service will be held in Spring Hill, FL, at a later date. [www.tewksburyfuneralhome.com](http://www.tewksburyfuneralhome.com)

## Gloria Iaricci

WILMINGTON - Gloria (Kraus) Iaricci, age 82 years, of Wilmington, MA, formerly of NY, died on Wednesday, August 29, 2007, at the Lahey Clinic in Peabody, MA.

Mrs. Iaricci was born on July 5, 1925, in Queens, NY, the daughter of the late Harry and the late Emily (Feiniller) Kraus.

Mrs. Iaricci was the beloved wife of the late Joseph J. Iaricci; and is survived by her son Paul Iaricci of Rowley, MA; her grandchildren Joseph Iaricci of Boston, MA, Matthew

Iaricci of Hudson, MA and Melissa Cordial of Sterling, MA; and her sister Dorothy Stewart of Valatie, NY.

Relatives and Friends were invited to attend visiting hours at the W.S. Cavanaugh & Son Funeral Home, 374 Main St. (Rt. 38), Wilmington, on Tuesday, September 4, 2007 from 6:00 to 8:00 p.m. Interment will follow in the Long Island National Cemetery, 2040 Wellwood Ave., East Farmingdale, NY 11735 on Thursday, September 6, 2007 at 1:00 p.m.

## Donate your vehicle

Waltham - Donated vehicles help save lives. A broken down ten-year-old car may not look like much to you, but it could help make a difference to a child with asthma, or a person working to quit smoking. By choosing to donate your used car, truck, motorcycle or boat to the American Lung Association you are helping to fund important programs throughout your community and the entire state. The American Lung Association is the oldest non-profit health organization, and we are working hard to combat lung disease and create awareness about healthy air.

To donate your vehicle to the American Lung Association, please call 1-800-577-LUNG (5864.) Vehicle donations are tax deductible, and provide a minimum of a \$500.00 deduction. By calling this toll free number, you will speak with one of our call center representatives, who will take down your information and send you the donation application. Once your vehicle is approved a tow

truck will be sent to collect your vehicle free of charge. If you are looking for a way to donate to charity, but cannot afford a monetary donation, consider a vehicle donation. For more information on the tax regulations please visit the Massachusetts office website at [lungma.org](http://lungma.org).

Beginning our second century, the American Lung Association is the leading organization working to prevent lung disease and promote lung health. Lung disease death rates continue to increase while other leading causes of death have declined. The American Lung Association funds vital research on the causes of and treatments for lung disease. With the generous support of the public, the American Lung Association is "Improving life, one breath at a time." For more information about the American Lung Association or to support the work it does, call 1-800-LUNG-USA (1-800-586-4872) or log on to [www.lungusa.org](http://www.lungusa.org).

## WCTV Organization Night promotes local nonprofit clubs and organizations

WILMINGTON-Wilmington Community Television invites all local nonprofit clubs and organizations to participate in a special night of live television. Representatives from local groups can join us at WCTV on Wednesday, September 12 between 6:30 and 8 p.m. on our live Organization Night program to share information about their clubs with

viewers. This year's event will be hosted by Sandra Curtin and Jim Buckley. Organization Night is a great opportunity for local non-profits, clubs, and groups to publicize their club's activities, to promote upcoming fundraisers and events, up and to encourage new members to join! Call WCTV at 978-657-4066 to reserve a time for your organization!

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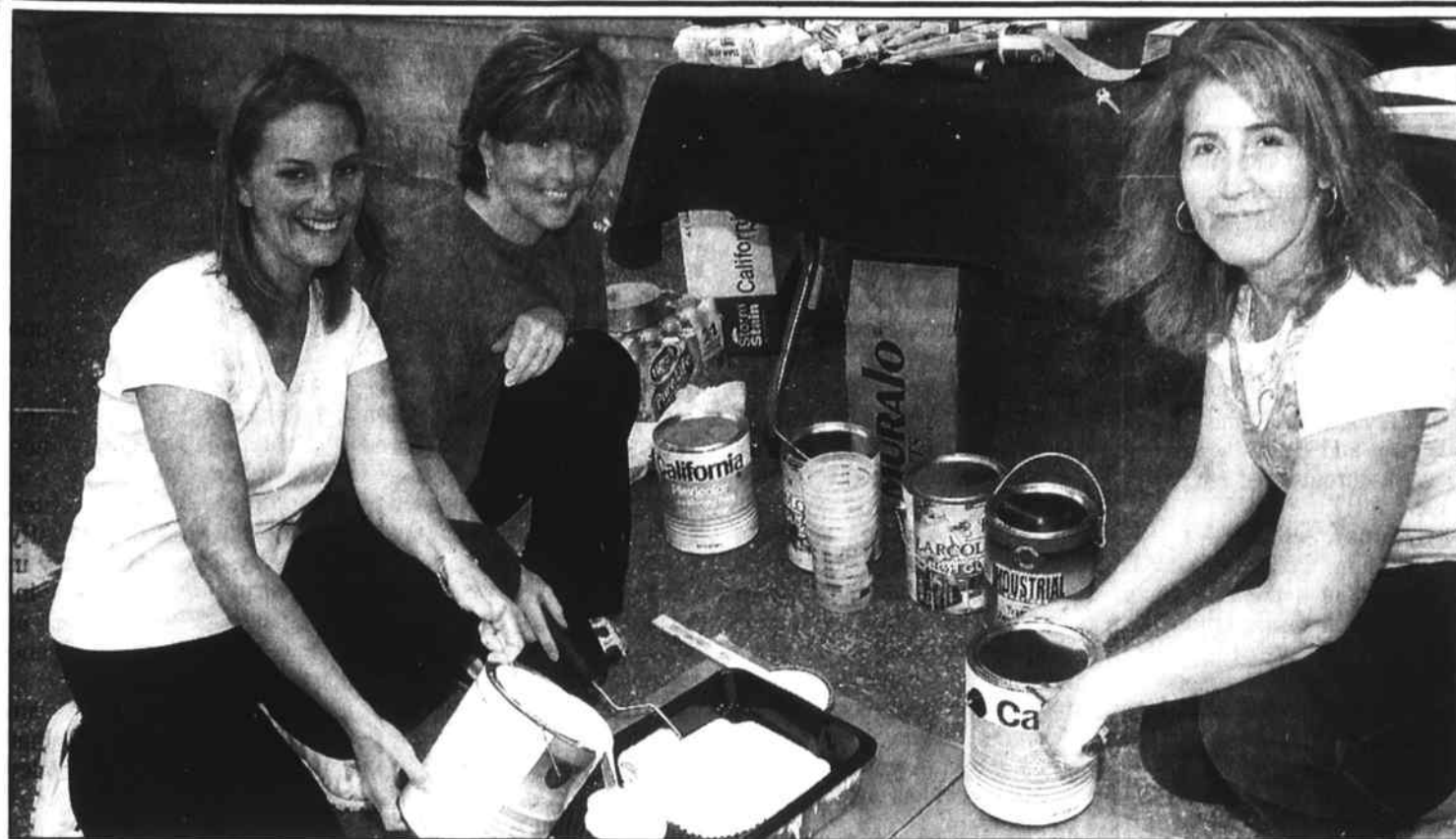
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Shawsheen Elementary School P.A.C. volunteers gave the hopscotch and four-square games a new coat of paint last week in time for the children to return to school. Gina Grassia, Kerry Feyler and Rina Carlan were among those who volunteered to help with this task.

(photo by Maureen Lamoureux -www.shootingstarspix.com)



## Week of September 10 WILMINGTON SCHOOLS

### Wildwood & Boutwell

Monday: Chicken patty on a roll, corn, pears.

Tuesday: Mozzarella sticks, breadstick, marinara sauce, steamed vegetable, fresh fruit.

Wednesday: Popcorn chicken, green beans, garlic noodles, mixed fruit.

Thursday: Pancakes w/syrup, sausage, pears, frozen juice bar.

Friday: French bread pizza,

Caesar salad, apple slices w/topping.

### Elementary School

Monday: Chicken patty on a roll, corn, pears.

Tuesday: Mozzarella sticks, breadstick, marinara sauce, steamed vegetable, fresh fruit.

Wednesday: Popcorn chicken, green beans, garlic noodles, mixed fruit.

Thursday: Nachos with seasoned meat, cheese, sauce, lettuce/salsa, rice, apple sauce.

Friday: French bread pizza, Caesar salad, apple slices w/topping.

### Middle School & High School

Monday: Chicken patty or spicy patty on a roll, corn, pears.

Tuesday: Mozzarella sticks, breadstick, marinara sauce, steamed vegetable, fresh fruit.

Wednesday: Turkey club w/lett/tom, celery sticks, small bag of pretzels, apple.

Thursday: Nachos with seasoned meat, cheese sauce,

lett/tom/salsa, rice, pears.

Friday: French bread pizza, Caesar salad, apple slices w/topping.

## TEWKSBURY PUBLIC SCHOOLS

Monday: Meatball sub, vegetable sticks w/dip, yogurt chioce, pudding w/topping, fruit or juice, milk variety.

Tuesday: Chicken patty on a roll, seasoned potato wedge, lettuce/slices, frito corn chips, fruit or juice, milk variety.

Wednesday: Ham or turkey sub, vegetable pasta salad, lettuce/tom/american cheese, frozen strawberry shortcake bar, fruit or juice, milk variety.

Thursday: Cinnamon swirl French toast, syrup, sausage patty, hash browns, fruit or juice, milk variety.

Friday: cheese pizza, vegetable sticks w/dip, seasoned pasta, fruit or juice, milk variety.



Exeter Elms Campground in New Hampshire was overrun with Tewksbury kids during Labor Day Weekend. (front row l-r) Alex Froment, Colin Mehalek, James Cierpial, and Katherine Mehalek. (middle row) Lydia Taylor, Emily Cierpial, Renee Stronach (holding Max the dog), Bridget Blair, Brendan Blair, and Matthew Cierpial. (back row) Rachel Stronach, Devyn MacEachern, Benjamin Froment, Connor Blair, and Owen MacEachern. Photo by Denise Blair

## Let's keep Wilmington beautiful

WILMINGTON - The Wilmington Conservation Commission invites the residents of Wilmington to set a few hours aside and participate in the Annual Town Clean-up Day on Saturday, September 22nd, 2007. The Clean-up will take place from 8:00 am to 1:00 pm. The Conservation Commission is seeking volunteers to help beautify Wilmington's parks and streams by removing man-made debris. Wilmington Conservation Commission will provide work gloves on a first come, first serve basis. Please bring hip boots, if you have them.

Identified areas include water bodies such as Silver Lake, Lubbers Brook and Maple Meadow Brook and popular Town property such as Town Park and Robert Palmer Park. Healthy Towns need to be clean Towns.

All residents, regardless of age, wishing to clean-up Wilmington's parks and streams are invited to bring friends and join the Conservation Commission members on Saturday September 22, 2007. Meet at the Whitefield School, 342 Middlesex Avenue at 8:00 am. Volunteers will be stationed at the Whitefield School throughout the morning to assign areas.

For more information, please

contact the Planning & Conservation Department, (978)-658-8238.

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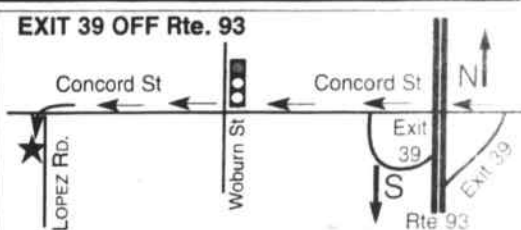
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## Tewksbury Police Log

**Monday, August 27**  
8:49 a.m. Police responded to a report of a domestic disturbance at a residence on Hinckley Road.

9:28 a.m. A political sign was stolen from a residential property on River Road.

12:15 p.m. A motor vehicle-related accident occurred in the vicinity of 95 Main Street. 2:58 p.m. A motor vehicle-related accident occurred in the vicinity of 2106 Main Street.

5:21 p.m. Malicious damage to property was reported by a resident of Hillside Road.

7:24 p.m. A residential mailbox on Chandler Street was damaged maliciously during the previous evening.

7:53 p.m. Police assisted in resolving a dispute between neighbors of Ginsburg Drive.

10:15 p.m. Police responded to a report of a domestic disturbance at a residence on East Street.

10:28 p.m. Police responded to a report of a domestic disturbance at a residence on Brook Street.

**Tuesday, August 28**  
1:04 a.m. Police responded to a report of a domestic disturbance in a guest room at the Caswell Motel, located at 450 Main Street.

6:29 a.m. Copper was stolen from Harlin Yard, located on Old Boston Road, sometime overnight.

10:09 a.m. Police responded to a report of a suspicious vehicle in the vicinity of 73 Hillman Street. The call resulted in the arrests of Karen Pariseau, 47, of 195 Hill Street Extension in Tewksbury, and Michael Coughlin, 20, of 8 Anthony Road in Tewksbury. Both suspects were charged with larceny of property valued at more than \$250 and breaking and entering of a vehicle (boat) during daytime hours for the purpose of committing a felony.

2:20 p.m. A motor vehicle-related accident occurred in the vicinity of 96 DeCarolis Drive.

2:46 p.m. A motor vehicle-related accident occurred in the vicinity of 2 Main Street.

3:11 p.m. A motor vehicle-related accident occurred in the vicinity of 2280 Main Street.

Joseph Paquin, 19, of 67B Cambridge Street in Lowell, was arrested in the vicinity of 333 Main Street on the basis of a warrant.

6:27 p.m. Police responded to a report of a domestic disturbance occurring in a vehicle at the intersection of Foster Road and Kent Street.

**Wednesday, August 29**  
7:35 a.m. A bench was stolen from a residential property on Newton Avenue overnight.

11:35 a.m. Police responded to a report of a domestic disturbance at a residence on Tenth Street.

1:01 p.m. Shrimp was stolen from Market Basket Supermarket, located at 10 Main Street.

2:49 p.m. An assault and battery occurred on Dirlam Circle.

5:54 p.m. A motor vehicle-related accident occurred at the intersection of Shawsheen Street and Main Street.

7:04 p.m. Police responded to a report of a domestic disturbance at a residence on Lucille Drive.

Louis Cimmino, 27, of 128 South Street in Tewksbury, was arrested on South Street on the basis of a warrant and was

charged with illegally possessing a Class E substance.

James Harris, 24, of 77 Sycamore Street in Somerville, was arrested in the vicinity of 918 Main Street on the basis of a warrant.

**Thursday, August 30**  
1:50 p.m. A motor vehicle-related accident occurred at the intersection of Livingston Street and Main Street.

2:49 p.m. A motor vehicle-related accident occurred in the vicinity of 1830 Main Street.

5:05 p.m. A residential mailbox on Kearsage Street was knocked over maliciously.

5:08 p.m. Golf clubs were stolen from a residence on River Road.

Lisa Leduc, 34, of 192 Cumberland Road in Lowell, was arrested in the Caswell Motel, located at 450 Main Street, on the basis of a warrant.

**Friday, August 31**  
9:29 a.m. A residential mailbox on Hill Street was damaged maliciously overnight.

9:36 a.m. A motor vehicle-related accident occurred in the vicinity of 295 Main Street.

1:32 a.m. Police assisted in removing an unwanted person from a residence on Leighton Lane.

1:56 p.m. A motor vehicle-related accident occurred at the intersection of Old Main Street and Main Street.

5:10 p.m. A motor vehicle-related accident occurred in the vicinity of 1915 Andover Street.

10:29 p.m. The Walgreens Pharmacy located at 2341 Main Street was vandalized with spray paint.

William Russell, 53, of 15 Hall Street in Lawrence, was arrested in the vicinity of 450 Main Street and was charged with operating a motor vehicle after the revocation of his driver's license and operating an uninsured, unregistered motor vehicle.

**Saturday, September 1**  
12:31 a.m. Police responded to a report of a domestic disturbance at a residence on Main Street.

4:10 a.m. Police responded to a report of a domestic disturbance at a residence on Main Street.

12:38 p.m. A motor vehicle-related accident occurred at the intersection of Main Street and Astle Street.

Jeffery Zimmerman, 29, of 150 Judith E. Drive in Tewksbury, was arrested on Shawsheen Street on the basis of a warrant.

Mark DeNapoli, 28, of 189 Middlesex Street in Lowell, was arrested in Route 495 and was charged with operating a motor vehicle with a suspended driver's license.

**Sunday, September 2**  
11:18 a.m. Police assisted in removing an unwanted person from a residence on McKenzie Circle.

10:04 p.m. Police responded to a report of a domestic disturbance at a residence on Indian Hill Road.



## Wilmington Police Log

**Monday, August 27**  
5:50 a.m.

A resident of St. Paul Street observed an unknown male juvenile inside his parked vehicle. The resident instructed the youth to empty all his pockets and sent him on his way prior to the arrival of police.

9:06 a.m. A motor vehicle-related accident occurred on Middlesex Avenue.

1:53 p.m. A large quantity of copper piping was stolen from the old Sanmina building on Jewel Drive sometime during the previous week.

3:47 p.m. A motor vehicle-related accident occurred on Williams Avenue.

6:39 p.m. A motor vehicle-related accident occurred on Main Street.

8:05 p.m. Police responded to a report of a domestic disturbance at a residence on Woodland Road.

**Tuesday, August 28**  
8:32 a.m. Police responded to a report of a domestic disturbance at a residence on Biggar Avenue.

12:47 p.m. A hammer was thrown through the windshield of a vehicle parked at a business on Main Street.

2:00 p.m. A motor vehicle-related accident occurred on West Street.

2:16 p.m. A motor vehicle-related accident occurred on Middlesex Avenue.

3:33 p.m. A cell phone was stolen from a vehicle parked at the Shawsheen School, located on Shawsheen Avenue.

4:10 p.m. Police responded to a report of a domestic disturbance at a residence on Middlesex Avenue.

4:40 p.m. The 4-foot long trident attached to the statue in front of King Triton Car Wash, located at 581 Main Street, was stolen.

7:49 p.m. An assault and battery reportedly occurred on Adelaide Street.

**Wednesday, August 29**  
2:43 p.m. Copper piping was stolen from the old Sanmina building, located on Jewel Drive.

6:57 p.m. Police assisted in resolving a dispute between neighbors of Harold Avenue.

9:46 p.m. Two residential mailboxes on Faulkner Avenue were damaged maliciously.

11:51 p.m. Police responded to a report of a domestic disturbance at a residence on Elizabeth Drive.

Joseph Picanso, 25, of 142 Salem Street in Wilmington, was arrested in Brooks Pharmacy at 208 Main Street and was charged with uttering

a false prescription.

**Thursday, August 30**

12:39 a.m. Police responded to a report of a domestic disturbance at a residence on Chestnut Street.

8:23 a.m. A motor vehicle-related accident occurred on Ballardvale Street.

8:29 a.m. Property was stolen from a gravesite at Wildwood Cemetery.

10:05 a.m. Police responded to a report of a landlord/tenant dispute on Gorham Street.

10:35 a.m. A motor vehicle-related accident involving a bicyclist occurred at the intersection of Middlesex Avenue and Wildwood Street.

1:20 p.m. A motor vehicle-related accident occurred on Main Street.

3:09 p.m. A motor vehicle-related accident occurred on Main Street.

4:29 p.m. A motor vehicle-related accident occurred in the vicinity of 316 Lowell Street.

**Friday, August 31**  
6:36 a.m. A vehicle parked at a residence on Andover Street was burglarized overnight.

6:46 a.m. A vehicle parked at a residence on Sheridan Road was burglarized overnight.

8:51 a.m. An unlocked vehicle parked at a residence on Butters Row was burglarized overnight.

9:17 a.m. Two unlocked vehicles parked at a residence on Butters Row were burglarized overnight.

9:33 a.m. An unlocked vehicle parked at a residence on Park Street was burglarized overnight.

9:55 a.m. A window of a van parked at a residence on Treasure Hill Road was smashed maliciously overnight.

11:29 a.m. A vehicle parked at a residence on Sheridan Road was burglarized overnight.

1:40 p.m. A motor vehicle-related accident occurred on Clark Street.

2:58 p.m. An unlocked vehicle parked at a residence on Factory Road was burglarized overnight.

5:00 p.m. An unlocked vehicle parked at a residence on Butters Row was burglarized overnight.

5:03 p.m. An unlocked vehicle parked at a residence on Factory Road was burglarized overnight.

5:05 p.m. An unlocked vehicle parked at a residence on Factory Road was burglarized overnight.

6:01 p.m. A motor vehicle was stolen from a residence on Christine Drive.

6:41 p.m. An unlocked vehicle parked at a residence on

Coolidge Road was burglarized at some point during the previous evening.

6:58 p.m. Police responded to a report of a domestic disturbance at a residence on West Street.

7:58 p.m. A motor vehicle-related accident occurred on Main Street.

Timothy Brady, 19, of Wilmington, was arrested on Christine Drive and was charged with receiving stolen property, breaking and entering during nighttime hours, and trespassing.

9:08 p.m. A motor vehicle-related accident occurred on Woburn Street.

**Saturday, September 1**  
12:04 a.m. The tires of a vehicle parked in the lot of a business on Jonspin Road were slashed maliciously.

1:37 a.m. Super Petroleum, located at 490 Main Street, was burglarized.

12:29 p.m. A motor vehicle-related accident occurred on Wildwood Street.

**Sunday, September 2**  
8:42 a.m. The rear window of a vehicle parked on Boutwell Street was smashed maliciously overnight.

8:59 a.m. A window of a vehicle parked on Aldrich Road was smashed maliciously overnight.

11:59 a.m. A motor vehicle-related accident occurred on Main Street.

1:08 a.m. An unlocked vehicle parked at a residence on Meadowbrook Road at some point during the previous several days.

5:42 p.m. Police responded to a report of a domestic disturbance at a residence on Burnap Street.

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## Open house to support Vision House

There will be open house Saturday, September 29th, 2007 to support the Vision House. Robin's Yoga and Healing Center located at 885 main Street, Suite 1A in Tewksbury directly behind Deli King. They are offering a Free Massage, Yoga, and a mini workshop throughout the day. You can also enter a raffle to win a 1 hour massage, 1 hour private Yoga class, 1 hour Reiki, and a 1 hour thai Yoga massage. Finally, they offer 50% off all healing therapies, 30% off Yoga items, 25% off Kikken products and 10% off Yoga classes (for new students only) that day. For more information call 978-851-9911 or visit www.yogawith-robin.com



## Tewksbury Senior Topics

### Golf Tournament Monday; "911 Never Forget" Luncheon Tues. Sept 11

A golf tournament activities meeting for all golf volunteer workers has been scheduled for this Friday, September 7th at the White House. The meeting will begin at 2:00 p.m. All workers are urged to attend.

The Friends of the Elderly 10th Annual Mary Ann Wareham Golf Connection Tournament will be held this coming Monday, September 10th, at the Indian Country Club in Andover. Golfers are reminded that TeeTime is bright and early at 7:00 a.m. Tournament volunteer workers should plan to arrive at 6:00 a.m. Sponsorships are still being accepted and welcomed. Sponsorships are: Tee \$125; Green \$150; Hole \$250; Cart \$500; and, Gold \$1,000. Other donations are warmly accepted. All proceeds from the tournament benefit the Senior Center Building Fund. For more information one may call Linna Brabant at 978-807-6968 or 978-851-4243 in the evening.

Beverly Enos's Japanese Bunka Embroidery classes will begin next Monday, September 10th and Thursday September 13th at the White House. Classes begin at 1:00 p.m.

Rip Stangroom will resume the Wood Carving class at the White House next Tuesday, September 11th at 9:00 a.m.

For additional information on Senior Center programs, one may call 978-640-4480. If one has never taken a particular class, he/she is welcome to come on down and observe a class prior to signing up. One

may also pick-up a weekly programs list and a monthly events listing at the Senior Center.

As noted last week, class fees will remain the same as last year for the month of September and October. However, participants should be aware that fees in most classes will be increased. More information will be noted when classes begin.

Diane Fay will be available to instruct a beginners quilting class if enough people are interested. Check the bulletin board at the Senior Center for the Quilting Interest List.

The Christian Women's Connection, Merrimack Valley will sponsor a "911 Never Forget" Luncheon at the Holiday Inn in Tewksbury on Tuesday, September 11th at 11:30 a.m. The cost of this luncheon is \$16 inclusive. The speakers will be Tewksbury Fire Chief Richard Mackey and his staff. They will journey back to September 11, 2001 and recall what it meant for firefighters that day and in the days to follow, how their work has changed and how we can prepare ourselves in the event of another attack. For reservations call Phyllis at 978-658-4587 or Florence at 781-729-6347 by today, September 6th.

A Senior Center "Cootie Party" will be held next Friday, September 14th, at the White House, 460 East Street. Cootie begins at 12:45 p.m. All are welcome.

The next Foxwood trip will be

held on Friday, October 12th. Sign-ups for this new trip will take place on Monday, September 17th beginning at 8:00 a.m. at the White House. The cost per person is \$20.

It is anticipated that Tuesday Zingo activities will resume at the Rod and Gun Club on Tuesday, September 18th. It all depends on the weather and if it has cooled down by the 18th.

As of last Friday, the only trip list that showed any interest was the Songo Queen day trip.

This trip will be scheduled for Monday, October 1st. Information and tickets will be available Monday, September 17th. Other trip lists will remain on the bulletin board for a while longer. Suggestions for day trips are always welcome. A suggestion box is located in the reception area of the White House.

A Senior Center Yard Sale is being planned for Saturday, September 29th. It will be held outside at the White House, 460 East Street from 9:00 a.m. to 2:00 p.m. Table space is available at \$10 per space. One will need to supply his/her own table and chair. To reserve a space or to obtain more information, one may drop by the Senior Center or call 978-640-4480.

Have a great week; and, remember to drive carefully now that school is in session. God Bless America.

## Love to Sing?

Would you like to learn about singing, especially four part acappella music? The Colonial Spirit Show Chorus is affiliated with Sweet Adelines International and is currently auditioning new members for the upcoming year. Women of all ages are invited.

Rehearsals are held on Thursday evenings at 7:15 at The Church of The Good Shepherd on Newtown Rd (off Rt. 27) in Acton. Reading music is not necessary. Each week vocal instruction is offered and learning cds are provided.

the chorus will be singing at Acton's Historical Society's Crown Resistance Day on Sunday, Sept. 23 and will be appearing at the Topsfield Fair on Sunday, Sept. 30. The public is invited to attend.

The chorus's annual Cabaret Show will be held Nov. 3. Anyone becoming a member before October 1st will be able to participate.

The chorus is partially funded by the Acton Boxborough Arts Council. For information, call Norma 978-692-2270 or Noreen 978-264-0562.

## Senior Lunches

### Week of Sept 10, 2007

**Monday:** Roasted herb chicken, whole wheat bread, baked potato, peas, apricots.

**Tuesday:** Meatloaf with gravy, steamed potatoes, green beans, lite rye bread, canteloupe slice.

**Wednesday:** Veal patty parmesan with tomato sauce, noodles with sauce, California blend vegetables, French bread, orange slice.

**Thursday:** Roast Pork with gravy, whipped potato, carrots, whole wheat roll, applesauce, ice cream cup.

**Friday:** Stuffed shells with tomato sauce, spinach, multi-grain bread, mixed fruit, cookie.

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## OBITUARY

### Muriel I. Gifford, R.N.

Tewksbury Council on Aging; Golden Age Club; 75

**TWEEKSBURY** — Muriel I. (Crouse) Gifford, R.N., age 75, an active member of the Tewksbury seniors community, died Wednesday, Sept. 5, at D'Youville Manor, surrounded by her loving family, after a three month battle with cancer.

She was born in Belmont, MA, on June 7, 1932 a daughter of the late Harris and Dorothy (Johnson) Crouse. She was raised in Billerica, and graduated from the Howe High School in Billerica. She went on to graduate from the Lowell General School of Nursing with the Class of 1953, and retired from Lowell General Hospital's nursing staff, after 37 years of faithful service.

In her earlier years, she devoted her life to raising her family while maintaining her nursing career. In her later years, she became an active member of Tewksbury senior community, as an officer and past president of the Tewksbury Golden Age Club, and was currently a member of the Tewksbury Council on Aging. Mrs. Gifford was a member of Tewksbury's Red Hatter's Society, and was a participant in the Senior's Community Calendar.

She was a member of the Ballard Vale Methodist Church in Andover, and a singer in the Tewksbury Interfaith Choir.

She was also described as a world traveler, who had seen much of America, and many countries in Europe, Asia, and the Caribbean.

She is survived by five children, John F. Gifford Jr. of Webster, NH, William F. Gifford of Canterbury, NH, Eleanor D. Moore and her husband Gerald of Litchfield, NH, Debra S. McKinnon of Tewksbury, and Russell E. Gifford and his partner Angela DeLuca of Tewksbury; a brother and sister-in-law, Harris and Eleanor



Crouse of Hyde Park; a sister and brother-in-law, Dorothy and Robert Woodworth of Moultonboro, NH; eight grandchildren, Melissa Gifford of Concord, NH, Vera Ann Gifford of N.M., Gerald Moore Jr. of Nashua, NH, Rhonda Moore of Litchfield, NH, Christopher McKinnon, U.S. Army, Jennifer McKinnon of Tewksbury, Steffanie DeLuca-Gifford and Sarah DeLuca-Gifford both of Tewksbury; four great grandchildren, Joscelyn, Jacob, Rylie, and Joshua; several nieces and nephews; and numerous dear friends.

Her Funeral Service will be held Saturday, Sept. 8, at 11:00 a.m. in the Ballard Vale Methodist Church, 23 Clark Road, Andover, MA, followed by burial in Tewksbury Cemetery. Visiting hours Friday from 4 to 7 p.m. in the Tewksbury Funeral Home, corner of Dewey and Main Sts. (Rte 38) Tewksbury Center, phone (800 in MA or 978) 851-2950. G.A.C. Services Friday at 4:30. In lieu of flowers, memorials to the Dana Farber Cancer Institute, 10 Brookline Place West, Floor 6, Brookline, MA 02445-9924 are encouraged. www.tewksburyfuneralhome.com <http://www.tewksburyfuneralhome.com>

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## Wilmington's Used Book Store

WILMINGTON - The Wilmington Memorial Library is open again on Saturdays, starting September 8, so now you can double-dip! The Friends of the Wilmington Memorial Library's Book Store Next Door will be open from 10:00-4:00 this and every Saturday. The Friends of the Library are gearing up for the media sale on the 15th, so this is the last big push for your

cast off videos, CDs, DVDs, records, and tapes. Purchase a back-to-school book bag - Friends of the Wilmington Library canvas - for \$8.00. If you'd like to join the Friends and participate in the store's operation, please pick up a Friend's flyer at the library or at the store! Thanks for your continued support with your donations and purchases.



## Wilmington Library Notes

by Christina Stewart

### Getting busy at the library

#### Upcoming Programs at the Library

Mark your calendar for the following upcoming fall programs at the library.

#### The Olivere Brothers

John and Dan Olivere, local musicians, will play a variety of styles ranging from folk to pop to calypso at the library on Tuesday, September 25 at 7 p.m. Come and be drawn back to the days when the lyrics of a song actually told a story.

#### Friends of the Library Media Sale

The Friends of the Library will hold a "media" sale on Saturday, September 15 from 9 a.m. to 5 p.m. in the conference room of the library. The Friends of the Library Book Store Next Door at 183 Middlesex Avenue is open every Saturday from 10 a.m. to 4 p.m. All proceeds benefit the Wilmington Memorial Library.

#### Book Discussion Meetings

Bookends will meet on Thursday, September 6 at 7 p.m. to discuss *The Known World* by Edward P. Jones. PageTurners will meet on Tuesday, September 18 to discuss *An Inconvenient Truth* by Al Gore.

#### Three Apples Storytellers

Two featured storytellers of the annual Three Apples

Storytelling Festival will be presenting a preview show at the library for children ages five and older on Wednesday, September 19 at 3:30 p.m. The Festival is to take place in Bedford, MA, September 28 through 30. Enter the realm of the imagination with storyteller Angela Klingler and she will enchant all gathered with her animated retellings of world folktales, fables and fairytales. "Alternately wise and funny, silly and poignant," she has garnered national recognition with her school, library and festival performances and NAPPA award winning audio *Faire Tales*. Jim LaChapelle specializes in folk and fairy tales from around the world, and will spark the imagination with a myriad of spoken word, movement and character voices.

Tickets for the preview are free and may be reserved by visiting or calling the Children's Room at (978) 694-2098 beginning Thursday, September 6. This program is supported in part by a grant from the Wilmington Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.

#### Teen Zone News Teen Dungeons and Dragons

The Dungeons and Dragons group will meet Tuesday, September 11, from 3-5 p.m. Beginners through advanced players, entering sixth grade

and older, are welcome.

#### Registration begins for College Admissions Seminar

Join college admission consultant and former Ivy League admission officer Bill Caskey as he will reveal the biases of college admission officers, identify the essential ingredients to include in an essay, and specify the topics to avoid. This session is intended for high school students at all grade levels but particularly for juniors and seniors. Parents are welcome to attend. Event will be held on Monday, October 15, from 7-8:30 p.m.; register starting September 13 by calling 978-694-2098 or stop by the Teen Zone.

#### Crafty Teen Workshop: School Supplies

Notebooks already getting ratty? Need a pen that's obviously yours? Make new supplies at our next Crafty Teens Workshop! All materials will be provided, but feel free to bring anything you'd particularly like to use. Drop in on Thursday, September 20, from 2:30-4:30 p.m. to participate.

#### Teen and Tween Advisory Boards

Hate the chairs? Think the events are boring? Teen Services Librarian Brandy Danner wants input from middle school and high school students. Teen and Tween Advisory Boards are being

organized to get input on everything from what we buy to what we do, and what we look like while we do it. The Teen Zone is your space, so make sure your opinions are heard! The first joint meeting will be held on Thursday, September 27, from 3-4 p.m. Refreshments will be served.

#### Down to a Science Grand Prize Winner

Congratulations to Maria Patrone, who is the grand-prize winner of this year's Teen Summer Reading Program Down to a Science. All teens who submitted entries with titles of books they read this summer were eligible for the random drawing. Maria will receive a \$50 Barnes & Noble gift card, courtesy of the Friends of the Wilmington Memorial Library.

#### The Hot Title Book Shelf

The library's "Hot Title" collection includes the bestsellers patrons want most to read. These books can be borrowed for one week and cannot be reserved or renewed. Fines are 25 cents per day with a \$5 maximum. Any time you visit the library you could find one of the books that you have been waiting to read, such as, *A Thousand Splendid Suns* by Khaled Hosseini or *Nineteen Minutes* by Jodi Picoult. The offerings change daily. So stop by regularly!

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EMERALD COURT

## Comedy show to benefit Tewksbury High Soccer

TEWKSBURY - The Tewksbury High School Soccer Boosters have scheduled a fund-raising Comedy Night featuring four great comedians on Wednesday, Sept. 19 at Tewksbury Country Club, 1880 Main Street, Tewksbury.

Standup comedians Paul D'Angelo, Bob Seibel, Dave Rattigan and Dan Lee are scheduled to perform on the all-star show, which starts at 8 p.m. Doors open at 7 p.m.

Paul D'Angelo has been called "the funniest entertainer you've never heard of ... yet" by the Los Angeles Times, and Boston magazine twice cited him as "The Best in Boston." Energetic and smart, D'Angelo's standup act has earned him legion's of fans across New England, and he hopes to expand that fan base as one of five Italian-American comedians in the all-star performance film *Godfathers of Comedy*, currently in production. Formerly a top prosecutor for the Essex County District Attorney's office, for nine years he lived a double life as assistant district attorney by day, headliner by night, until leaving the DA's office to pursue standup full-time in Los Angeles. There, he became a

regular at the Improv and Laugh Factory comedy clubs, and at the Comedy & Magic Club in Hermosa Beach (Jay Leno's home club). He's a regular performer at the Boston Comedy Festival, and has also been featured at the prestigious "Just for Laughs" festival in Montreal and the San Francisco Comedy Festival. He has been a national finalist in comedy contests sponsored by Johnny Walker whiskey and Sierr Mist. He's also a talented artist, and contributed illustrations to the 2006 book *How to Talk to a Yankee Fan*.

Bob Seibel's press kit reads "Buffoon," and that's not too far off for the lifetime class clown from the working class city of Lynn. The son of German immigrants, Seibel tried factory work and school teaching before he discovered he could get paid for making people laugh. A quarter-century later, he's still one of the most requested acts in New England, headlining such top clubs as Nick's Comedy Stop in Boston and Giggles in Saugus, Mass. He's also a regular at the "Ding Ho Reunion" shows at Jimmy Tingle's Off-Broadway Theater in Somerville. In addition to being one of the most

requested acts in New England, he plays in Atlantic City and Las Vegas, and on cruise ships. Although he's a world traveler and licensed pilot, his checkered past remains with him. When one old friend was asked if he'd like to take a flight with Seibel, the friend replied, "Fly with you? I wouldn't get in a simulator with you!"

Dave Rattigan's quick, dry wit makes him a popular choice at comedy venues around New England. His Dave Rattigan: *Thinks He's Funny* CD has received airplay on XM Satellite Radio and English-speaking stations around the globe. He hosts the "best of" showcase each year at the Boston Comedy Festival, and in 2005 performed nine shows in Ireland. Among the many theaters he's performed at the Cape Cod Melody Tent, Hyannis, Mass.; South Shore Music Circus, Cohasset, Mass.; the Palace Theater, Manchester, NH; the Cabaret at Mohegan Sun, Uncasville, Conn.; the Court Street Theatre in Nashua, N.H.; the Ioka in Exeter, N.H.; the Firehouse Center for the Arts in Newburyport, Mass.; and Jimmy Tingle's Off-Broadway Theater in Somerville, Mass.

He's in frequent demand for school fund-raisers and other good causes, for groups including the American Cancer Society, Mothers Against Drunk Driving, the Muscular Dystrophy Association, and sports teams, churches, schools, civic associations, scholarship funds, and more. In addition to all of that, he's a writer of serious and humorous prose, including the "Perfect Man" column in North Shore Magazine.

They'll be joined by Dan Lee, a promising newcomer who has performed at comedy clubs around New England including the Dick Doherty comedy clubs and the Amherst (New Hampshire) Country Club.

Tickets are just \$20. If the event is not sold out, they will be available at the door. Advance sales have been brisk, said Paul Hebert, one of the organizers, who recommended that people purchase in advance.

For tickets, call Paul Hebert at 978-851-2998, Deb Billings at 978-660-2843, or Sue Boudreau at 978-821-5136.

For more information, check [www.scampscomey.com](http://www.scampscomey.com) website.

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**TEWKSBURY**  
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## Tsongas takes primary, Miceli runs away with Tewksbury

By JAYNE W. MILLER

TEWKSBURY - Democrat Niki Tsongas and Republican Jim Ogonowski may have won their party primaries in Tuesday's election but Jim Miceli trounced everyone else in Tewksbury. Taking nearly half the Tewksbury votes, the sixteen term state representative beat the next best candidate, Tsongas, by 954 votes.

When the Crier caught up with Miceli at the Tewksbury Country Club Tuesday night, family, friends and supporters surrounded him as they waited for results. Many congratulated

him on soundly taking Tewksbury, beating the town's other State Representative, Barry Finegold, by 1,473 votes.

"I have a love affair with Tewksbury," said Miceli. "It's a great town to work with. We've had a reciprocal relationship. The town has done much for me and I appreciate that and try to take care of the community."

Miceli, who boasts the most years in a publicly held office - as well as leadership roles on Beacon Hill - of all the candidates, also spent the least money, around \$10,000 to \$15,000 on the campaign. Contrast that

to the recent selectman campaign of candidate David Gay, who spent approximately \$5,000.

Early on, Miceli thought it was not necessary to raise enormous amounts of money to fund his campaign. However, by August 15th, Tsongas had raised \$1.26 million and Eileen Donoghue had raised \$627,000.

"I knew you needed some, but didn't think it would take a million bucks. That's almost obscene," Miceli said.

Low voter turnout plagued the election, scheduled for the day after Labor Day, with only 4,724

voters showing up in Tewksbury, or about 25 percent of the registered voters in town. Tewksbury's turnout may have been lower had the town not piggybacked a Selectmen race on top of the congressional primary. The candidates canvassed the communities with Miceli visiting each town in the district three times.

The low turnout and megawatt budgets made the votes in this election expensive for the winner. With an estimated budget of at least \$1.26 million for 35 percent of the vote, each vote cost Tsongas \$65.29.

"Tsongas is a terrific lady," said Miceli, who often sat next to Tsongas during the more than twenty debates of the campaign. "She's intelligent, charming; she's a good candidate."

During some debates, Miceli was criticized for not living in the Fifth Congressional District. Miceli resides in Wilmington, which split from this congressional district in the 1980's. The candidate said he would move to the district if elected to represent it, and he feels that the criticism did not hurt him in polls even though it cost him half his base.

For the Republicans, Jim Ogonowski handily beat Tom Tierney 732 votes to 108. Tierney had run for national office previously as a democrat.

Next on Miceli's agenda comes the Teacher Salary deferral override. The House will likely be called back into session this week in the wake of the primary and Miceli expects to see some movement on that budget item soon.

## History uprooted

FROM PAGE 1

practical considerations trumped nostalgia and the Department of Public Works had the tree removed on Tuesday morning.

"My father never could figure out why John wanted it right there in that spot," said Durkee. "I don't think he would've been too unhappy about it being removed."

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Congratulations to Olga Melko, the winner of the Wilmington Memorial Library's Adult Summer Reading Program drawing. This year's prize, which is in keeping with the theme of science and technology, was an MP3 player, donated by the Friends of the Library. Thank you to all the avid readers (and audiotape listeners) who participated in the program.

## Tumbling on over to GymStreet

FROM PAGE 1

effort to improve their quality of life," Kimberly said. "That's why we designed programs that would allow parents to take some time off during their busy lifestyle and participate in adult fitness activities while waiting for their children." Parent programs include spinning classes, aerobic classes, and a well-equipped fitness room.

The GymStreet Fitness Team has addressed the issue of childhood obesity and related heart disease by designing programs to combat this disease.

GymStreet's Healthy Kids Program includes classes and camp programs that focus on fitness and healthier living. Children are encouraged to take part in lots of fun activities like trampolines and inflatable jumpers and slides, aerobic exercises, and yoga classes, too. In 2008, rock-climbing classes will be added to the list of activities that will help kids get the exercise they need to be healthier. These conditioning classes are designed to create an atmosphere that will encourage school-age children to stay fit and healthy.

Among other programs, Kids Conditioning Court offers an After School Camp program with 3 1/2 hours of fitness and fun including age appropriate activities like gymnastics, inflatable bouncy rooms, aerobic and cycling classes, trampoline and track, games, obstacle courses, and even sets aside time to do homework or reading.

Check out their web site at [www.gymstreetusa.com](http://www.gymstreetusa.com) and you'll travel down the road from Gymnastics Street to Tumble Cheer Lane then on to Kids Conditioning Court continuing to Parents and Me Boulevard, past Martial Arts Way over to Aerobics Alley, then on to Dancing Drive, down to Birthday Party Plaza and ending on Rock Wall Road which will open in 2008.

At Birthday Party Plaza parents can select a birthday party to suit every child from a gymnastic Street Party, an

Inflatable Jumper Party Plaza, a Martial Arts Party or a Rock Wall Party. Dancing classes range from funky, hip-hop to graceful ballet, and all that jazz with lots of fun for everyone. Recreational gymnastic activities include bars, beam, vault and floor to improve strength and flexibility.

"Parents Place is our way of thanking parents for choosing GymStreet USA with wireless Internet access, television, and a café," Kimberly said.

GymStreet USA offers family discounts, a large viewing area with seating, homework rooms

for siblings and much more. It is located just on Jewel Drive, just off of Route 38 near Eames Street in Wilmington.

Charlie and Kimberly Souza hope parents will drop by to meet their coaching staff from September 5th thru September 7th from 3pm to 7pm. On Friday, September 7th (3pm to 7pm) and again on Saturday, September 8th (10am to 2pm), GymStreet USA will celebrate their opening with games, entertainment, food, giveaways and face painting. There'll be lots of fun for the whole family and an opportunity to see first-

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# Schools get an "A"

FROM PAGE 1

Benton hosted the School Department's annual 'School Readiness Meeting.' School administrative staff and representatives from police, fire, public buildings, public works and North Reading Transportation were all in attendance.

The police department confirmed that crossing guards are in place and the fire department inspected the schools and found all fire safety systems to be operational. North Reading Transportation reported that drivers had been hired for all of the buses and that they have all completed all required paperwork and training.

In a memo to the School Committee, Benton acknowledged, "special recognition must go to Ms. Hardimon for the scheduling of the Kindergarten buses this year. She has put in a Herculean effort to get us up and running for the new school year." In addition, bus routes are now published on the school website. At the meeting Benton added that all bus routes were "masterfully done," and that by 4:15 p.m. they were "all clear" which meant that everyone was home.

School Committee members also reported a high level of energy and excitement in the schools, especially in the elementary schools where the grant for a new full day Kindergarten program has also helped fund new computer labs

and kindergarten libraries.

## In other matters

The Committee discussed the School Facility Report and the recommendations from Kevin McHugh, Director of Administration and Finance, was brought forth for a vote. The most discussed aspect of the report was whether to continue charging the Category E groups (youth groups and non-profit groups) the actual custodial rate or to change it to a fixed rental rate.

Concerns were raised that groups would not know up front what the rate would be because different custodians receive different hourly rates and that billing is delayed until after the event when it is known which custodian performed the service and what pay rate should be used for billing. In spite of these and other concerns raised, the committee voted 5 to 2 to approve the School Facility Report with the custodial rate as the standard for Category E groups.

Superintendent Benton presented a draft of her goals for the 2007-2008 school year. At the forefront of the package were Benton's three personal goals that she would like to focus on this year.

First, she intends to improve student learning in order that all students achieve at a high level. Her draft goals express a desire to provide all children with a challenging curriculum that addresses their individual strengths and needs. One of her goals will be to oversee the

curriculum review cycle revision of the elementary science program and to advocate for funding that ties in to curriculum cycle revision.

Second, Benton wants to strengthen communication in the school district through the use of print and electronic information. Among the highlights of this goal are the implementation of Connect Ed, an emergency messaging system, to pilot a superintendent electronic newsletter (named Notes from the Whiteboard) once per month, to institute more school programming on WCTV, and to expand upon the information available at the school's website. Benton would additionally like to schedule four open houses this year for parents to stop in for coffee and the opportunity to chat about Wilmington Public Schools.

And finally, Benton's third goal for the year is to implement year-two of the Wilmington Public School Strategic Plan.

"Much has been accomplished in the first year of the strategic plan," Benton wrote in her report to the School Committee. She continues to look forward to carrying out the goals for year two.

School Committee member Barbara Breakey said she, "admired that Benton not only listed her goals, but how to achieve them." Discussion and a vote on Benton's goals will occur at the next meeting on September 12th.



Jenell Spatola of Wilmington danced to Thriller in a performance with Tammy's Dance Connection last week on Lowell Boulevard.

(photo by Maureen Lamoureux -www.shootingstarspix.com)

## Long life of Sabra Gowen Jaquith

FROM PAGE 1

"Father fought at Bunker Hill. He later was a captain, and had two ensigns under him."

"I remember how Mother used to burn rags for tinders, and with an old file and flint, kindle the fire. She made candles out of grease, and for wicks, twisted yarn."

"I was early sent to church, for my parents were God-fearing and simple in their ways. When church time came, Father put a saddle on the old horse, placed me behind her, and then rode two miles to church."

"I learned the tailor's trade and was considered quite smart and tasteful in my work. The methods applied to garment making in my girlhood were crude. There were no sewing (print unclear) ... some stitching. The cloth, too, was handmade, and I made a great deal of it."

"In 1818, I fell in love with Joshua Jaquith, and on March 10, 1823, we were married and went to live on the farm that husband's father owned. Husband was a genius. He loved to go gunning, and was a born mechanic. When farm work did not press, he made cart bodies and tinkered with carpenters' tools."

"About 1800, ground was broken for the Middlesex Canal, which was constructed between Lowell and Boston for freight and passenger purposes. When surveyors were looking the ground over, Wilmington people said the scheme couldn't pay, but the canal was built, and father worked for a long time in the company's employ."

The Boston end of the canal was in Haymarket Square. Where the depot now stands,

docks were located. Vessels landed their cargoes at the wharves, and the goods intended for Lowell and the north were loaded into the canal boats, and mules dragged the boats at a dogtrot.

"It was a big day for Wilmington when the first packet reached town. People put on their sabbath gowns, and came from the country for miles around. When the Boston Packet came, I stood in the schoolhouse door and shouted at the top of my voice."

"Politics will interest Herald readers more than what I have to tell you, for all these happenings of which I speak are set down in the almanacs. If you haven't an almanac, you can buy one at the stores."

Mrs. Jaquith discontinued the narrative in order to replenish the wood fire, and the act brought up a flood of recollections.

"We used to build a wood fire on the hearth in the fall," she said, "and it never went out 'till warm weather. We had good oak wood, and didn't require coal."

In a corner of the room stood a quaint little tall-backed chair. Mrs. Jaquith called the attention of the writer to it, and said it was more than 100 years old, and had been used by the children of the family for four generations. The rockers had been worn almost flat, yet not a joint or slat betrayed the slightest symptom of ill-usage. The paint, even, was as perfect as when first applied, though the pigment had faded through so many years of exposure.

A "grandfather's clock" that must have cost a round sum of money when it was purchased, stood in a corner. The solemn

timepiece had ticked out the time for 125 years, and its mechanism is still reliable.

The curious dial is covered with allegorical scenes, and the moon and the stars, more in response to the old-time maker's ideas.

Mrs. Jaquith, despite her advanced years, can read fine print readily. Years ago, she wore glasses continually, but now she does not require their aid. She points with pride to the fact the never wore false teeth, and exhibited good ones that were supplied by nature. Though a little deaf, she readily understands conversation when carried on in an ordinary tone. She stands as straight as a sapling and goes about the premises freely. Her time for retiring is about 9:30 and she has no difficulty dressing herself.

Some years ago, Mrs. Jaquith was ill with congestion of the lungs, but of late she has enjoyed almost perfect health, and the indications are that she will round out a century of life.

So steady are her nerves that she can carry a glass filled with water and not spill a drop of it.

The Wilmington Gowings are long-lived, and the brothers and sisters of the old lady were noted for the many years they lived. Eunice, a sister, married Ebenezer Nichols of Reading and died at 90. Fanny was the wife of Jonathan Buck of Wilmington, and was 96 when she passed away. Mary never married and lived 93 years. Of the brothers, John lived to 84, and George and Sylvester died somewhat younger.

Mrs. Jaquith has been a member of the Wilmington Congregational Church for 84 years.

## Don't make it easy for the bad guys

FROM PAGE 1

thief Richard Williams of East Boston. Williams had a habit of stealing cars from Melrose, driving them in the middle of the night to quiet neighborhoods in Wilmington, and going from driveway to driveway and car to car. In 2004 at the time of his arrest, he had more than \$50 worth of change in his pockets.

He was released from prison in July of 2005 and went right back to work, until Wilmington

Police helped to collar him once again.

During interviews with Wilmington Police in 2005, Williams told officers that he remained constantly amazed by the number of people who left their vehicles unlocked at night with valuables inside.

Williams is not a suspect in Wilmington's recent car breaks, but there appears to be no shortage of thieves to take his place.

Anyone who suffered a car break, but has not reported it to the police, is urged to do so by calling 978-658-5071. Police investigate all reports and also use the information obtained to develop patterns of activity that may lead to the arrest of a suspect. Additionally, stolen items are often recovered after an arrest and are returned to their rightful owners.



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WEDNESDAY, SEPTEMBER 5, 2007



The Wilmington High Football team opens its season this Friday night at home against Belmont in a nonleague game. This year's team will be led by its captains, from left, Evan Borseti, Corey Groves, Ernie Mello and Kyle Moon.

(JoeBrownphotos.com)

## WHS Football Preview

# Returning co-champs hit the gridiron

By JAMIE POTE  
Sports Editor

It could be argued that although last year's 9-2 Wildcat Football team didn't make it to the playoffs, it could have been the greatest season for many reasons in the past decade.

First the team totally over-achieved winning nine games and grabbing a share of the Cape Ann League title when frankly they had no business doing so. Secondly, running back Richie Barry had a year that could only be dreamt of, rushing for 1,527 yards and scoring 25 touchdowns and 158 points, tied for the most in all of Division 2A Football across all of Eastern Mass.

And then you had that very special moment on a day called Thanksgiving ... well two very special moments. Before the game, two seniors, Mike Barry and Shawn Fahay were honored with team shirts and helmets after both of them went through very serious injuries. And then after the game both of those players joined in celebration with their teammates who knocked off Tewksbury for the fourth straight time.

So gone are the nine wins. The 25 touchdowns from Barry. The eight touchdowns and 91 points that Greg Stewart scored. Gone are the combined 247 points scored by both Barry and Stewart, while the rest of the team scored 44. So now what's left over for the 2007 Wildcat Football Team? Hopefully more of the same ... but it may take more than some elbow work to get there.

"We need to come together as soon as possible to compete with Masco," said Wildcat head

coach Bob Almeida, who won his 100th career game as head coach in the win against Tewksbury. "They are the favorites, they have the most talent in the league hands down. We don't have any superstars. We have a bunch of kids who play hard. We need everyone to play hard - we can't take a single play off. I think this be the most challenging year for us as coaches. We have some pieces there but we really have to do it as a team. Defensively all eleven guys have to be where they are suppose to be. We don't have a Joe Herra out there making 27 tackles a game - it's not going to happen."

A lot of skilled players graduated and now there's a handful of kids who have had some experience and some success at this level but not together as a unit so there's cause for a lot of concerns.

"We are very inexperienced," said Almeida. "We have improved leaps and bounds since the start of preseason but we still have miles to go. For us to be considered to be in the running at the end, we really, really have to continue to improve at the clip that we're at now. Everyday we have to improve or it's not going to happen. We're just as a team we're just not where we should be. Upfront (on the offensive line) it's been a struggle since day one and we're getting better, we're getting better but it's just not where we need to be."

"We don't have great team speed and we don't have great team skill. We're not big and we're not fast and it's true. We're thin at tight end, we're thin on the offensive line and

we're line at the defensive line."

Starting with the offense, there's certainly players there who can make plays and help the team score some points. Most of the preseason talk was who would be the team's quarterback. Last year Kyle Moon started and got injured before the midway point. Steven Stewart came in and did a nice job. Moon came back with three games to go and the two of them alternated snaps which seemed to work very well. But as of right now that's not the plan heading into the season.

"We had a real good quarterback battle," said Almeida. "Both kids played really well in the preseason. We really have two starting quarterbacks and that's an area of depth. It's a problem, it's a great problem and it's a bad problem but we're pretty solid at the quarterback position."

Last year Moon completed 37-of-74 passes for 510 yards, including seven touchdown passes but no interceptions. Stewart finished completing 25-of-51 passes for 386 yards with three touchdown passes, while being intercepted three times.

"Kyle does some things that Steven doesn't do as well and Steven does things that Kyle doesn't do as well," said Almeida. "We went with the senior who has played a little bit better. But both kids are outstanding and they are two of the better quarterbacks in the league, well I feel that way."

Stewart, who lines up defensively as one of the team's cornerbacks, perhaps could see some time in another offensive position.

"We're not sure," said Almeida. "We've talked about it but we're not sure yet. He's one of our best eleven players and we'd really like to get our best eleven on the field if possible. That's something we're talking about right now but I'm not going to move him unless he wants to make the move."

Now with Rich Barry gone, Ernie Mello - who is one of the captains along with Moon, Corey Groves and Evan Borseti - will be the team's main running back. Groves will line up at fullback and Matt Brooks will also get his share of carries. Mello rushed for 105 yards on 29 carries, most coming in the team's first game against Belmont last year, while he ended the season with two touchdowns. Brooks had 104 total yards on 16 rushes and seven receptions, and Groves scored three times and also had 105 rushing yards.

Junior Mike Manganelli (5-11, 170) and Kevin Carter (5-10, 165) line up as the team's two wide outs. The two of them had a combined six catches for 94 yards last year.

Creating the holes for running backs will be a young and inexperienced offensive line. Borseti (6-1, 180) returns at tight end, with seniors Brian Williams (6-2, 270) and Kenny Joyce (5-11, 230) lining up at the tackle spots, and juniors JJ Lyons (5-11, 225) and Dan Molonson (5-9, 175) as the two guards. Jon Kincaid will play center and he stands in at 5-8, 172 pounds.

"We have some concerns on the offensive line. We're big and

WHS FOOTBALL SP 9W

## WHS Girls Soccer Preview

# Younger team looks to keep tradition going

By JAMIE POTE  
Sports Editor

After finishing with ten wins and a trip to the post season a year ago, the Wilmington High varsity girls soccer team will be looking to reach those same goals again this year, however with eight seniors vacating from that roster, reaching that plateau in the competitive Cape Ann League will be a tough mountain to climb. Wildcats head coach Sue Hendee said her troops are up for that hike.

"The team is shaping up nicely," said Hendee. "There have been a few pleasant surprises from players who have improved significantly from last year and are now ready to play at the varsity level, and the returning players are setting a positive example for the new players to follow. Our roster has a very different look to it. Not only do we have many new names, but we only have three seniors. The rest of the team is made up of eight juniors and eleven sophomores. Our number one goal is always to qualify for the tour-

namment, and whatever happens above and beyond that is extra. We are hoping to qualify again this year."

Without any Mia Hamms or Kristine Lillys who can score 20 goals and dominate games, this year's team will rely on every small piece of the puzzle.

"Our strengths lie in that I am confident every player on the roster can make a positive contribution to the team, and that they are very coachable and willing to work hard," said Hendee. "The big unknown is how well we are going to replace the eight seniors who graduated."

Those eight players were very significant to the team's success. Five of the eight were defenders, and a sixth player was the team's leading scorer each of the past two years.

"The younger girls learned a lot from that group of seniors, and are confident and ready to step it up," said Hendee.

Two of the seniors on this year's team include co-captains

GIRLS SOCCER SP6W

## WHS Senior Katie Cole

# Scoring goals, good grades and a summer trip

By JAMIE POTE  
Sports Editor

Katie Cole is a very good athlete. On the soccer field the senior co-captain and returning league all-star is quick, dishes off nice passes and can score every once in a while. She played basketball and was a back-up guard on the varsity squad but left the sport after her sophomore season. On the softball diamond, she became a very strong shortstop and provided a pretty decent bat while at the plate. So yes she can play.

And while she's a good all-around athlete, she's also a very gifted student. She unofficially ranks fourth in her senior class, speaks two languages and is about to conquer a third, and is scheduled for all kinds of AP courses.

Besides being a good athlete and very intelligent, Cole also is very cultured. This past summer she took a five week trip that started off with a week in London before going to Spain for the next four weeks to take

classes, study and eventually get credits when she leaves WHS and vacates for college. The whole experience she says, is something she'll never forget.

"It was awesome," she said. "Just really amazing and a lot of fun. It was probably the best month of my entire life. I'll always remember it. I want to go back there (in the summer of 2008)."

She went onto explain exactly how she spent her time there.

"I stayed with a family in Spain for four weeks and studied at a university there. There were 40 people in our group but no one else was from Massachusetts. I was the only one with a Boston accent so everyone was making fun of me. We went to the university for three hours a day and we also did a lot of other things like horseback riding, we went to the pool a lot and I even played some pick-up soccer against boys."

COLE PG SP9W

# Mello rushing to new changes

By JAMIE POTE  
Sports Editor

A very good three-sport athlete, Wilmington High senior Ernie Mello will have a lot of adjusting to do starting this fall season. He's played on the varsity football team each of the past two years and is more known for his solid defensive play, than sporadically carrying the ball. In hockey, he's a solid forward who can find the back of the net, and in baseball, he carries a solid bat and possesses good speed.

With his senior year starting, today on the athletic fields, he'll be suiting up with his pads and helmet, getting ready to bury people and make tackles and hopefully help lead the Wildcat Football team to another winning season. But this won't be easy. The 5-foot-10

pounder, is one of the team's senior, said Almeida. "I've been watching him since he was on that (Pop Warner) D team that went to Rhode Island. He's just a football player. He's got good grades and he's considering some of those NESCAC Schools, and when I talk to some of those (coaches) they look at him and they don't see that much because he's not going to wow you with his 40 (yard dash) time, but he's a good football player."

Last year the Wildcats finished with an 9-2 record and were co-champs of the Cape Ann League. In the team's season opener, a five-overtime non-league loss to Belmont, Mello stole the show rushing for almost 100 yards and scoring twice. The next ten games he

Almeida seemed to have lost track of time when he was first asked about Mello.

"It's hard to believe Ernie's a

senior," said Almeida. "I've been watching him since he was on that (Pop Warner) D team that went to Rhode Island. He's just a football player. He's got good grades and he's considering some of those NESCAC Schools, and when I talk to some of those (coaches) they look at him and they don't see that much because he's not going to wow you with his 40 (yard dash) time, but he's a good football player."

Last year the Wildcats finished with an 9-2 record and were co-champs of the Cape Ann League. In the team's season opener, a five-overtime non-league loss to Belmont, Mello stole the show rushing for almost 100 yards and scoring twice. The next ten games he

MELLO SP9W



This year's Wilmington High girls soccer team will be led by its seniors, from left, Katie Cole, Jessica Stira and Leah Potcner.

(JoeBrownphotos.com)



## Running to another magical season

By JAMIE POTE  
Sports Editor

It was the program's best season in decades ... and all but two of the members from that seven win team are back. Thus there's some pretty good potential and a lot of excitement for this year's Wilmington High girls cross country team.

"The girls have the potential to do well but like the boys, the league has some terrific teams and we have to work pretty hard to compete," said head coach Tom Bradley. "We have the toughest part of the schedule the first three weeks or so and will have to really come along to stay afloat."

A lot of last year's success came on the development of many middle school runners. They should again help out this season as Bradley has two eighth graders, both who ran last year, and have added four seventh graders, all of which add much support to the team that has just one senior, Megan Keane.

The team's top runner will once again be junior Natalie Russo. She has finished first for the team in every race she's competed in since her freshman year and also holds the



The Wilmington High School Girls Cross Country team opens its season this week. The team includes, bottom row from left, Michelle Barnes, Nikki Sirignano, Michelle Filippi, Kerri Spry, Lori Fletcher, Alex Fletcher, Lisa Hitchins and Cali Pepper; Back row from left: Lauren Wickwire, Lauren Waring, Ivy Co, Ali Lyman, Courtney Collins, Meghan Keane, Erin Conway, Natalie Russo and Kristi Adley.

(JoeBrownphotos.com)

school's top mark on its home course. She's one of the team's three captains along with fellow juniors Ivy Co and Ali Lyman. Fellow juniors include Lauren Waring, Kristi Adley and Erin Conway.

Lauren Wickwire is the only sophomore, while the freshmen include Lori Fletcher, Nikki Sirignano, Kerri Spry and Michelle Filippi. Cali Pepper and Lisa Hitchins are now eighth graders, and the new seventh graders include Michelle Barnes, Molli Griffin, Alex Fletcher and Courtney Collins, giving the team 18 members.

While Russo is outstanding, Lyman has been very solid and

continues to improve every meet and every season. Spry really came on last year and could very well be a star in the making, while, Sirignano was just as impressive. Hitchins, Fletcher and Filippi all placed within the top five of several meets last year scoring some big points for the Wildcats.

"The surprise (in last Thursday's practice meet against Austin Prep) was Lauren Waring," said Bradley. "I have not seen her run as well in quite a while."

Wilmington opens its season on Thursday, September 6th with a tri-meet with Newburyport and Triton to be held at Triton Regional begin-

ning at 3:30 pm. The Wildcats will have a handful of home meets including a pair of tri-meets, the first coming on September 19th with Masconomet and Pentucket, and the second coming on October 23rd with Ipswich and Manchester. Wilmington will also host Georgetown on September 26th and Amesbury on October 17th.

The Cape Ann League Meet will be held on October 27th, followed by the state meet which will be held on November 10th at Franklin Park in Boston.

## Natalie Russo is back for more

By JAMIE POTE  
Sports Editor

It's hard to argue her results. Now as a junior, Natalie Russo has been the team's top performer in every meet she's competed in, while she also holds the all-time course record time. A very strong and consistent runner, Russo is also extremely passionate with the sport. She has a very enthusiastic and fun personality, who is very laid back and goes with the flow.

But there's one difference of today's Natalie Russo compared to one of a year ago or two years ago. She understands the sport a lot more, which really should be beneficial for her down the stretch.

"Last year I really didn't do a good job (training) over the summer," said Russo. "I think I really overworked myself. This summer I took things a lot easier so I'm actually feeling really good right now. I was really tired and overworked last year and right now I just feel a lot better than I did last year (at this time)."

"Last year I only took one day off (from summer training) and I was running six or seven miles a day and doing sprints and all of that. This year I cut it down to about five miles a day and I took two days off. I went to Town Park a lot and did a lot of hills, and I also ran on the streets (in town) and on the (high school) track."

Those workouts certainly don't sound easy, especially going up the steep hill at the Town Park is the torturing heat. But for Russo she likes that challenge because after all, running is a major part of

her life.

"It's so relaxing and it helps you think," she said. "If you're having a bad day or if you're stressed out, (running) just relieves all of that. When you're running you can just think things through in your head and it just relaxes you and I like that a lot."

Last year was a magical season for Russo and company. The team finished with its best mark in more than a decade, posting seven wins. Russo did finish first for the team in every meet and also finished at 19:42 which is the best mark by any female cross country runner ever to suit up for the program. But none of the stats, times or first place finishes ever matter to Russo and that says so much about any 17-year-old.

"I'm just going to run and see what happens," she said. "I'm hoping to break (the 19:42 time)."

While she's very modest about her personal records, Russo did say that each member of the team set goals last year and will be setting goals this year and achieving those goals last year - winning seven meets makes all the summer training in the hot months worthwhile.

"We look good and I'm really happy that we have so many girls taking an interest," she said. "Everyone did really good last year and I was really happy to see everyone improve. We all set goals in the beginning of the season and we all reached those by the end of the year so we were all very happy with that."

In order to duplicate the seven wins or improve on that number, Russo said the workload has been increased several notches throughout the first few weeks of the young season.

"We're stepping up our training as a team," she said. "We're doing a lot more sprints. Last year we did mostly distance and now we're upping our distance and increasing our sprints doing a lot of 800 (meter runs) and 300 (meter runs)."

With Russo leading the way, head coach Tom Bradley is very confident heading into the season.

"This is my sixth year with Natalie (after three years involved in the middle school program)," said Bradley. "She's a gifted runner and has always been very dedicated to training. She's probably the best I have had in my eleven years in terms of working hard. She has had a lot of success from the start of high school. I would like to see her make the league all-star team. The league is loaded with great girls running so making the top ten (to make the league all-star team) will say a lot about Natalie."

## Small roster won't limit boys team

By JAMIE POTE  
Sports Editor

With just 12 members on the team, competing in a very difficult league, things will not be easy this season for the Wilmington High boys cross country team. However, if the "pack" is strong, and the times get faster, there's hope that this year's Wildcats can compete and make some things happen.

"There are some very tough

teams in the league and the boys will have their hands full," said head coach Tom Bradley. "(With just 12 members on the team) this is the smallest boys roster I've had in my 11 years (as head coach)."

Of the 12 members, half of them are seniors, thus the program could be in some trouble if there's not too many 2009 freshmen. That being said, Andrew Marra, Tyler Calway,

Matt Bibeau, Scott Oglesby, Brendan Foley and Eddie Silva are the six seniors on the team. Marra is one of the team's captains along with junior Jimmy DiNuccio.

The rest of the team consists of sophomores Tom Valente, Sean Keane and Jeff Kannally with freshmen Brian Halas and

BOYS XC PG SP3W



The Wilmington High girls cross country team will be led by tri-captains, from left, Ivy Co, Ali Lyman and Natalie Russo.

(JoeBrownphotos.com)

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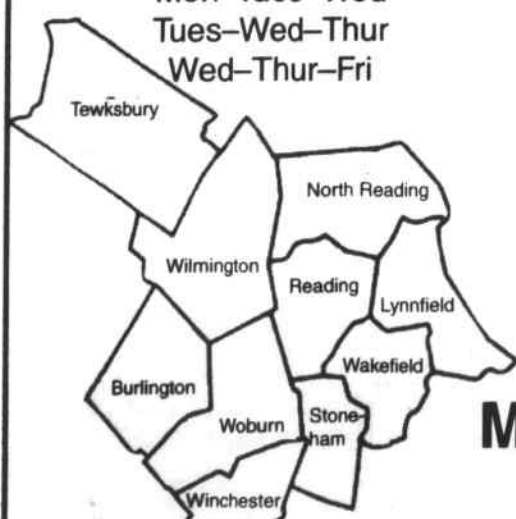
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WHS Sophomore Tom Valente

## Striding to be the leader of the pack

By JAMIE POTE  
Sports Editor

Tom Valente is used to be a part of big groups. After all he's the second oldest of six boys in his family. And now the sophomore, who is coming off a terrific freshman season, is hoping for bigger and better things as part of the Wilmington High boys cross country team.

Last year as a freshman, Valente was the team's top finisher in each of the ten meets. He took on a big summer workload and he's hoping that will pay off when the season gets underway on Thursday.

"I've been running a lot (during the summer)," he said. "About ten miles a day. I've been down at the (high school) track a couple times a week, but mostly I've been running around town. It's relaxing. It relieves a lot of stress."

Valente said that he got into running mostly because of his father and has always enjoyed it ever since his childhood days. Tom has five brothers including Andrew, 17, Tyler 14, Travis 13, Justin 7, and Jimmy, 5, and

none of them are runners.

"Yeah it's pretty cool (to have five brothers)," he said. "We're all really close."

And that's just what Tom Valente wants out of his teammates this year - to be as close to one another as possible. If you get five runners with all similar times, then you're going to win a lot of high school cross country meets.

"I think we're pretty strong with our first couple of runners like Andrew Marra, Jimmy (DiNuccio) and Eddie Silva."

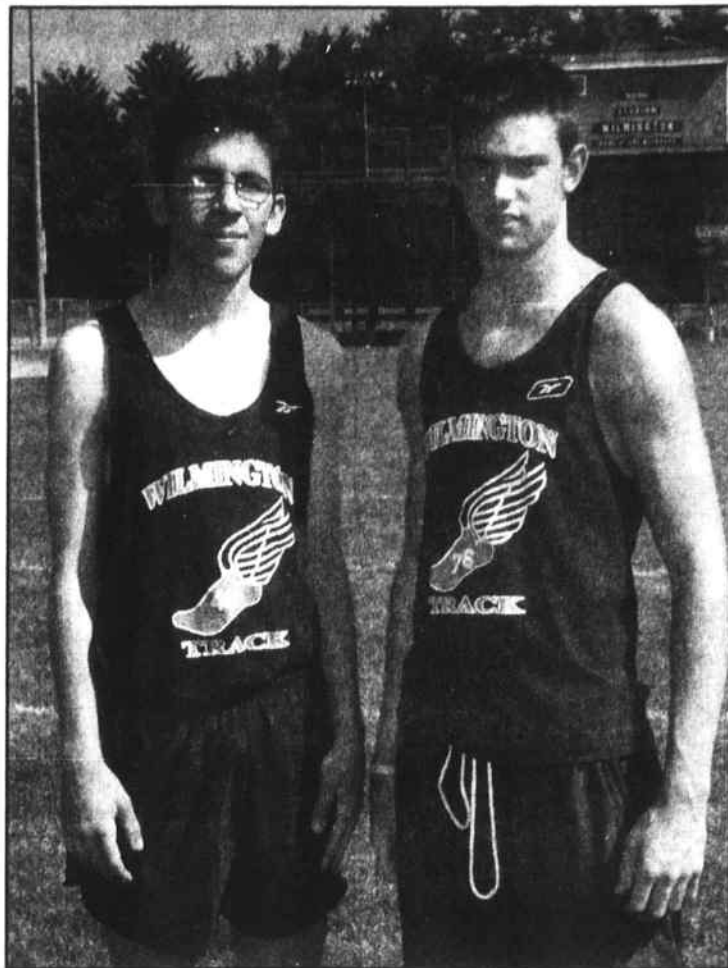
And in order to win more meets than the team has in the past couple of years?

"We have to increase our workouts with our distance running," said Valente.

Last year as a freshman, Valente's best time was 17:34 and he has much bigger goals for this year as a tenth grader.

"I'd like to get low 17s or possibly break 17 (minutes)," he said.

Said coach Tom Bradley, "This is my fifth year with Tom as I had him in the middle school program. He's a gifted runner. He's in good shape and he should improve his place in



The Wilmington High boys cross country team will be led by co-captains, Andrew Marra on the left, and Jimmy DiNuccio on the right. (JoeBrownphotos.com)

the league this year. He is stepping up this fall with leading workouts. He is a easy kid to work with and I think we will see improvement every year as he's just a sophomore."

## New coach drives golf team to new standards

By MIKE IPPOLITO  
Sports Correspondent

The Wilmington High golf team will have a new leader this season, but they will have the same mission they have always had which will be to aim for the top of the Cape Ann League and qualify for the state tournament.

Steve Lynch will take over as head coach of the Wildcats after the departure of previous coach Mike Rowinski and he will be looking to impart on his players not only his vast expertise on the game of golf, but also his philosophy of how his players should carry themselves on an off the golf course.

Lynch is excited for the opportunity to coach the Wildcats.

"When (athletic director) Ed Harrison gave me the opportunity to do this I jumped on it and it has been great so far," Lynch said. "I love to play golf and I love to be on golf courses and see others develop to all that they can be and I am look-

ing forward to that with this team. Hopefully I will not disappoint."

The Wildcats do lose some quality players off of last year's squad including number one player Jason Evans, but Lynch is not so much concerned with what the team has lost or how they did last season as he is with preparing for this season.

"I have made it a point from the very first practice not to mention our record from last year because frankly I do not know what it is and it does not matter," Lynch said. "We are starting from scratch this season and last year has no bearing."

And despite suffering some losses off of last year's roster, Lynch feels the Wildcats bring back a number of quality players who are ready to contribute this year.

"We have a good core of veterans coming back and most of them have been playing all

WHS GOLF PG SP5W

## Small roster won't limit boys team

FROM PAGE SP2W

Zack Sears.

Valente is clearly the team's top runner, finishing first for the Wildcats in each of the team's meets last season. Marra, Silva, DiNuccio and Sears are all in the second tier mix.

"Valente and Marra are way ahead of the others and were last year as well," said Bradley. "With the benefit of the practice meet (last Thursday against) Austin Prep, it is a bit easier to make early assessments. Eddie Silva ran third

and was a big surprise. He was on the team the past two years but ran only a couple of meets because of an injury. Jimmy DiNuccio was fourth and Zack Sears was fifth. Jimmy is pretty solid and Zack is a dedicated runner and should develop into a pretty fair runner."

Wilmington opens its season on Thursday, September 6th with a tri-meet with Newburyport and Triton to be held at Triton Regional beginning at 3:30 pm. The Wildcats will have a handful of home

meets including a pair of tri-meets, the first coming on September 19th with Masconomet and Pentucket, and the second coming on October 23rd with Ipswich and Manchester. Wilmington will also host Georgetown on September 26th and Amesbury on October 17th.

The Cape Ann League Meet will be held on October 27th, followed by the state meet which will be held on November 10th at Franklin Park in Boston.



The Wilmington High School Boys Cross Country team opens its season this week. The team includes: bottom row from left, Sean Keane, Tom Valente, Eddie Silva, Brendan Foley, Brian Halas and Zack Sears. Top row from left: Scott Oglesby, Andrew Marra, Tyler Calway, Matt Bibeau, Jimmy DiNuccio and Jeff Kannally. (JoeBrownphotos.com)

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## WHS Field Hockey Preview

## Wildcats hoping to put it together

By JAMIE POTE  
Sports Editor

There's too many words that can describe the last few Wilmington High girls field hockey seasons. You have disappointing, frustrating, heartwrenching and injuries, but at times you've also had consistent and inconsistent improvement.

There have not been a lot of wins over the last few years, and those will or hopefully will come. Until then all this program can do is work very hard, learn the game more, play the game and try to play it together. The rest will run its course.

Although there are 11 seniors on this year's team, a good majority of the 18 members of

the team are new to the varsity thus the seven underclassmen including three sophomores, could be the nucleus for the next year or two.

"We anticipate many good things on both the JV and Freshman teams this year as incoming girls are looking stronger than in recent years," said head coach Carol Mutchler. "(JV coach) Jodi McKenzie will be playing three freshman plus a freshman goalie this year and I am interested in the progress of at least two of those kids to move up at least for a couple of varsity games this year."

The seniors on the team include forwards Nina Burke and Krystal Robarge, midfield-

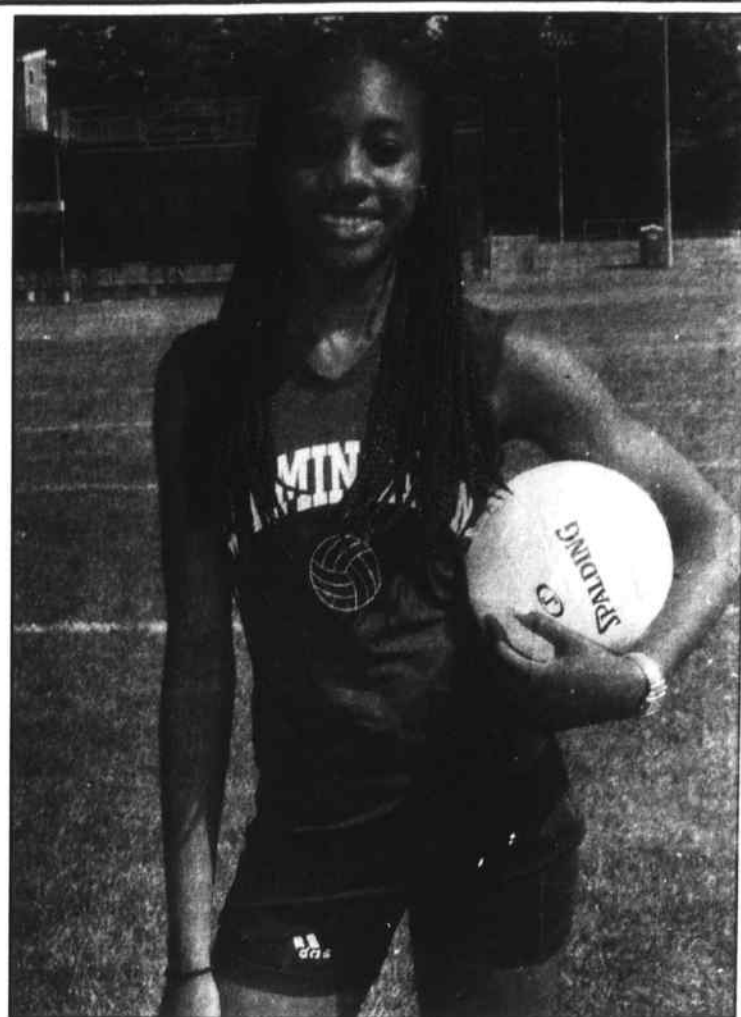
ers Rachel Haggerty, Gabrielle Collins, Nicole Engrem and Sasha Reilly with backs Julie Murphy, Marissa Chase, Melanie Pickett, Jackie Mullens and Alanna Brush.

Several of the sophomores and juniors have really improved and could be the team's starting front line for the next two years. Sarah Choi returns to the varsity line-up after her freshman year and Laurel Pickett, who came up for a cup of coffee last year also should see a lot more playing time. Samantha Palermo is another sophomore who has opened up some eyes, while juniors Kerry Hanafin and Devon Waite will be in the mix up front, as will Emily Pothier

as a midfielder.

Brush, Mullens, Melanie Pickett, Chase and Murphy will line up as the team's backs in front of junior Kaitlyn Reilly, who did a nice job coming in as the goalie midway through the season as Kate McGrath was injured.

Thus far in the preseason, Wilmington scrimmaged both Triton and Lynnfield and had pretty good results with a 1-0 win and a scoreless tie. The Wildcats opened their season on Wednesday as this paper was being printed with an away match with Masconomet. Wilmington continues on the road for its next two games and don't come home until they face league power North Andover on Wednesday, September 12th at 6:00 pm.



Tiffanie Davis is the lone senior on this year's WHS Volleyball team. (JoeBrownphotos.com)

## Younger players could be aces

By JAMIE POTE  
Sports Editor

Prior to last year the Wilmington High varsity girls volleyball team was a shoe-in to make the state tournament. The Wildcats had several strong tournament runs reaching the Division 3 North sectional semi-finals twice.

Last year the team missed out on the post-season, winning just a handful of regular season games in a very frustrating and disappointing season. Almost half of that team is gone, and this year's roster is compiled by just one senior and a handful of newcomers, who head coach Mark Staffier believes can get the program back to its winning ways.

"As always I have high expectations for our team this season," said Staffier. "After a difficult season last year, I expect this year's team to make it into the playoffs and compete with the best teams."

Despite just one senior, Tiffanie Davis, Staffier has nine juniors on the team and two

sophomores. There's only a few girls who bring back varsity experience, one being Davis and Staffier's hoping she can provide that solid leadership on and off the court.

"We are a very young team this year with one senior, Tiffanie Davis," said Staffier. "She's one of the co-captains along with (junior) Kristen Browne. I am very excited for this season because we are a very young team and I think we have a lot of potential."

Besides Brown, the other juniors include Shannon Jones, Angela Maglione, Stephanie Kelly, Erin Copeland, Theresa McMahon, Amica Dimambro, Lee Joan Villafuerte and Allison Yee. The two sophomores to make the team are Amanda Hollenbeck and Amy Fahey.

The season kicks off this Monday with a road trip to Melrose beginning at 4:00 pm. The Wildcats still compete in the North Shore League, which is a combination of the Cape Ann League and Middlesex

League.

Wilmington will face CAL foes North Andover, Hamilton-Wenham, Masconomet, North Reading and Lynnfield two times each, and then Middlesex League teams Watertown, Stoneham, Lexington, Belmont, Burlington and Reading once each.

The Wildcats also have three nonleague games including a home-and-home series with Peabody, who has switched out from the Greater Boston League to the Northeast Conference, and one with neighbor Tewksbury. The team opens at home on September 14th against North Andover.

"The beginning of the season is going to be a lot of adjustments and learning, but I really feel that this team has a great future ahead of them if they continue to work hard and grow together as a team. Our team does have some returning players which I hope will assist with the newer players and their role on the team."



The Wilmington High Field Hockey team opens its season this week behind its seniors, which include bottom row from left, Nicole Engrem, Gabrielle Collins, Rachel Haggerty, Julie Murphy and Jackie Mullens. Back row from left: Sasha Reilly, Nina Burke, Marissa Chase, Melanie Pickett and Krystal Robarge. Missing from photo, Alanna Brush. (JoeBrownphotos.com)

## WHS Senior Nicole Engrem

## A Field Hockey lifer

By JAMIE POTE  
Sports Editor

It's very rare in high school sports to come across a teenager who actually "gets it". It took about ten seconds to realize that Wilmington High senior Nicole Engrem fits into that category very easily.

She's not going to wow you with her talent on the field hockey field. She's not going to score game winning goals and lead the team to a state championship anytime soon. On the field hockey field, she doesn't stand out but does everything well. She's driven, she plays smart and she'll give it her all. She's going to make her teammates better and the team better with her style of play, not to mention her very pleasant and outgoing personality.

Then outside the box you realize there's much more. There's the fact that she volunteers her time coaching middle school field hockey kids. In school, she's among the top third in her class rank. She plays the violin and she's a teenager who actually not only admits that she loves her sister Janelle, but firmly stated how close they are and how good her seventh grade little sister is in field hockey.

She doesn't play other sports because field hockey is something that just gets her blood going.

"I just play field hockey," she said. "I tried some of the other sports. I tried soccer and lacrosse and they just weren't sports I was passionate about like I am with field hockey. I couldn't get what I get in field hockey with the other sports. I don't know why, but field hockey just draws out the competitive side of me the most."

Last year at this time, Nicole was fighting for a spot on the varsity team. When the preseason scrimmages were over, she got the word that after spending two years with the JV team, she got the call to the Big Club, playing a midfielder position.

"It was really exciting (when I

found out that I made the team)," she said. "I give my heart and soul into the field hockey ever since I started out in sixth grade on the middle school team. And for me to get that result (of making it to the varsity team) was very gratifying knowing that the coaches saw what I could do."

Last year the team only won a couple of games, but Engrem believes that will all change this year.

"We look really good," she said. "We have a lot of new talent especially with the younger girls. The senior line-up has been practicing together through the whole year. It's been really good so far and I think we're going to have a lot of success. I know I'm very excited about the season."

In order to prepare for this season, Engrem was very busy in the off-season. Her and some of her teammates attended the Deerfield Academy Camp, while competing in winter and spring leagues in Topsfield and Reading. She said the Deerfield Camp helped her out a lot.

"We played field hockey for about five and a half hours a day," she said. "It was great. I think that camp helped the team so much because we're more of a team now. We learned how to play together better, how to pass and just knowing where each other is on the field. I think we all improved."

Engrem spends and has spent a lot of time on field hockey fields. Whether it was attending a camp, or competing in two leagues during the off-season, or just gearing up for her senior season, she can be seen with a stick in her hand and cleats on her feet. She can also be seen on the sidelines with a whistle, a clipboard and a big smile from ear to ear when the middle school season is in session three times a week with games. She also plays soccer and basketball, so she's a real good athlete.

"I started out playing on the

middle school team when I was in sixth grade and I played on the Red Team," she explained. "Well now and me and one my best friends (and teammates) Gabrielle Collins are coaching that same team. My sister is on it. She's a good little player. She plays with a lot of intensity but she plays defense."

"But we love coaching. Gabrielle and I have so much fun doing it and we just love being around the kids. It's good that they have someone to look up to."

The season officially started on Wednesday as this paper was being printed with a road trip to Masconomet, and Engrem said with help from a lot of people, she believes this will be a season she'll remember.

"This year I know that everyone is motivated going into the season," she said. "We all look up to the coaches. Not just Coach (Carol) Mutchler, but all of them including Jodi (MacKenzie) and Maura (Lynch) at the JV and freshman level. They have all been great to us. We have a good mixture of younger and older girls and we definitely have the team chemistry so I think we have all created something good."

Mutchler couldn't agree more. In fact she realizes that Nicole Engrem has become a solid field hockey player, but quite the person.

"Nicole is a solid varsity player," said Mutchler. "She will be returning to her midfield position. She is strong, fast and plays low. Her offense is markedly stronger this season, carrying the ball upfield with confidence and purpose. She is a friendly, and cooperative young woman who is easy to coach. She is capable of adjusting and incorporating changing strategies into her game. She plays with a lot of heart and her game is 'head smart'."



The Wilmington High Golf team will be led by seniors, from left, Charlie Waitt, Tim Cushing and Alan Dooley. (JoeBrownphotos.com)

## New coach driving team to new standards

FROM PAGE SP3W

summer and it shows," Lynch said.

Two of the players Lynch will be relying on most heavily will be co-captains Alan Dooley and Charlie Waitt, although he has not decided if it will be one of these players or another player on the roster who will be his No. 1 player.

"I am expecting a lot from these guys, and their maturity level will be a big factor for this team," Lynch said. "They will definitely be in our top four players, but I am not sure about No. 1 because with the (Cape Ann League) scoring system it does not really matter who is No. 1 because you are not necessarily playing against the person you are paired with."

The starting lineup could certainly be tinkered with as the season goes on but for the first match of the season against Pentucket Regional on Thursday they will be counting on the following players to bring home a victory.

Along with Dooley and Waitt, the Wildcats will also be led by senior Tim Cushing, juniors Nick Bouteress and Mike

Chircosta and sophomores Aubrey Ungvarsky and Pat Enright.

The Ungvarsky name is obviously well known to fans of Wilmington golf as her brothers Zack and Aaron both had outstanding careers before moving on to compete at the college level. Aubrey of course is in a unique position as a girl competing with the boys team, but she certainly has not been intimidated by her surroundings and has earned herself a spot in the starting lineup to open the season.

"She has obviously been well schooled," Lynch said. "She has the poise, the stance, everything you need. She will be a player for us."

Fellow sophomore Enright has also been a nice surprise for Lynch in the early going.

"They are both very consistent," Lynch said. "Neither one is going to drive it 300 yards, but they both consistently will drive it 200 yards and keep it in the fairway."

Although they will not be in the starting lineup this week, other players expected to contribute during the year are junior Scott Bonish, sophomores Josh Townsend and Pat Boudreau and freshmen Tyler Strem and Andrew Spurr.

All the players will need to contribute if the Wildcats are going to be successful in the challenging CAL and Lynch knows the Wildcats will have to be at their best when they take on the top teams in the league.

"North Andover is always very good and Lynnfield is as well," Lynch said. "I would also expect Hamilton-Wenham to do well."

As much as Lynch is hoping to see his team perform well in the standings, he feels it is even more important to see them conduct themselves with dignity on and off the course.

"The thing I have tried to hammer home all the time is that the gentlemen first," Lynch said. "What I have tried to do is to teach not only lessons of golf, but rules of life which will help them long after they are done playing golf."



# Younger team looking to keep tradition going

FROM PAGE SP1W

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SOUTHEASTERLY by Lots 79 and 80, fifty (50) feet; and

NORTHEASTERLY by said Lot 80, one hundred (100) feet.

All of said boundaries are determined by the Land Court to be located as shown on subdivision plan 10921-B, Sheet one (1), drawn by Alfred Millhouse, Surveyor, dated July 1925, as approved by the Court, filed in the Land Registration Office, a copy of a portion of which is filed with Certificate of Title 3006, and said land is shown as Lots eighty-one (81) to eighty-four (84) and ninety-three (93) to ninety-eight (98) inclusive on said plan.

### LEGAL NOTICE

#### MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Christopher J. Cassidy to Mortgage Electronic Registration Systems, Inc. ("MERS") solely as nominee for Lender (Countrywide Home Loans, Inc.) and Lender's successors and assigns, dated August 16, 2005, and recorded in the Middlesex County (Northern District) Registry of Deeds in Book 19155, Page 219, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at public auction at 11:00 A.M. on Tuesday the 2nd day of October, 2007, on the mortgaged premises located at 2 Clorinda Road, Wilmington, Massachusetts, all and singular the real estate described in said mortgage as follows:

"...the following described property located in the COUNTY of MIDDLESEX:

SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF

Exhibit A

The land in Wilmington, Middlesex County, Massachusetts, with the buildings thereon, being shown lot 22 ( ) on a plan entitled "Glen Acres Estates", sheet 1 of 3 sheets, Definitive Subdivision Plan Gandalf Way & Agostino Drive, Wilmington, Mass. duly recorded in Middlesex North District Deeds in Plan Book 117 as Plan 4, and further bounded and described as follows; said parcel being lot 22 on said plan.

NORTHWESTERLY by Gloria Road, 156.08 feet;

NORTHERLY in a curving line forming the junction of said

For title see Certificate of Title No. 35618 in Book 181 Page 35.

For mortgagor's(s') title see deed registered with Middlesex County (Northern District) Registry District of the Land Court as Document No. 197979, as noted on Certificate of Title No. 0035618.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

#### TERMS OF SALE:

A deposit of Ten Thousand (\$10,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

CITIGROUP GLOBAL MARKETS REALTY CORP  
Present holder of said mortgage  
By its Attorneys,  
HARMON LAW OFFICES, P.C.  
150 California Street  
Newton, MA 02458  
(617) 558-0500  
200706-0500 - ORE

8.29.07, 9.5.07, 9.12.07 5931

Clorinda Road and Agostino Drive, 39.27 feet;

NORTHEASTERLY by Agostino Drive, 100 feet;

SOUTHEASTERLY by Lot 21 and land now or formerly of El Susapa Realty Trust as shown on said plan, 125 feet.

Said lot containing 22,501 square feet of land according to said plan.

Subject to easements and restrictions of record insofar as the same are in effect and applicable.

Together with the right to use the streets and ways shown on said plan for all purposes for which streets and ways may be used in the Town of Wilmington, and reserving to grantor corporation the right to use said streets and ways on said plan for said purposes.

Being the same premises conveyed to the herein named mortgagor (s) by deed recorded with Middlesex North District Registry of Deeds herewith.

Parcel ID Number: which currently has the address of 2 CLORINDA ROAD, WILMINGTON, Massachusetts 01887-2334 ("Property Address").

TOGETHER WITH all the improvements now or hereafter erected on the property, and all easements, appurtenances, and fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this Security Instrument. All of the foregoing is referred to in this Security Instrument as the "Property"...

Said premises will be sold subject to and/or with the benefit of any and all restrictions, easements, improvements, covenants, outstanding tax title, municipal or other public taxes, assessments, liens or claims in the nature of liens, and existing encumbrances of record created prior to the mortgage, if any there be.

Katie Cole and Leah Potner. Cole was a league all-star last year as a forward and will be back to lead the offensive attack with help from junior Stephanie Benson and sophomores Brittney McLaughlin and Kaitlyn Souza. McLaughlin and Souza both bring a lot of athleticism and speed to the line-up, and Benson is new to the team and should provide depth up front.

Potner returns to the net and she'll be backed up by Jackie Zaremba.

"Both Katie and Leah have been leading the team, and should have a significant impact on our season," said Hendee.

Playing in front of Potner on defense will be many new faces. The group includes sweeper Danielle Polcari, a sophomore, as well as senior Jessica Stira, junior Nicole Bockus, sophomores Ashley Gonzalez, Katelyn Hayes and Bryanne Maraz.

"Our defense is shaping up nicely, especially given that the starting four defenders from last year graduated," said Hendee.

As in any soccer team, the

Wildcats will need plenty of strong and consistent mid-field play in order to remain competitive. Junior Charlotte Jensen is returning after being named a league all-star as a sophomore and she "has great field vision and control of the ball and will be a vital part of our transition from defense to offense," says Hendee.

Juniors Lizz Chin, Lisa Rooker and Colleen Kennedy will share time as midfielders and forwards, while McLaughlin may see some time in a midfield spot. Lauren Nasiff will play one of the team's two center mid-field spots along with Jensen, and junior Stephanie Woods will be an outside midfielder, while sophomores Julie Braid and Allie Robbins will also be in the mix.

"We have some decent speed in Brittney McLaughlin, Kaitlyn Souza, Danielle Polcari and Katelyn Hayes, and Jessica Stira, Nicole Bockus, Allie Bleier, Ashley Gonzalez, and Bryanne Mara will help in replacing the defense that we lost last year. We have some good mid-field experience back from last year in Lizz Chin, Colleen Kennedy, Lauren Nasiff, and Stephanie Woods, along with new potential in Julie Braid, Kellyn Campbell and Allie Robbins. I am hoping for scoring opportunities up top to come from new players Stephanie Benson and Lisa Rooker."

Wilmington will open its season under the lights at Alumni Stadium this Monday against Masconomet at 6:00 pm. The Wildcats have four additional night games with Newburyport, Hamilton-

### LEGAL NOTICE

Commonwealth of  
Massachusetts  
The Trial Court  
Probate and Family  
Court Department  
MIDDLESEX Division  
Docket No. 07P3796AD1  
In the Estate of  
DAVID J. LENARDIS  
Late of WILMINGTON  
In the County of MIDDLESEX  
Date of Death April 29, 2007  
NOTICE OF PETITION  
FOR APPOINTMENT  
OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that JAMES M. DONOVAN of BEDFORD in the County of MIDDLESEX be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CAMBRIDGE ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00 AM) ON SEPTEMBER 26, 2007.

WITNESS, HON. ROBERT W. LANGLOIS, ESQUIRE, Acting First Justice of said Court at CAMBRIDGE this day, August 27, 2007.

9.5.07 John R. Buonomo  
5943 Register of Probate

Said premises will also be sold subject to all leases and tenancies having priority over said mortgage, to tenancies or occupations by persons on the premises now or at the time of the said auction which tenancies or occupations are subject to said mortgage, to rights or claims in personal property installed by tenants or former tenants now located on the premises, and also to all laws and ordinances including, but not limited to, all building and zoning laws and ordinances.

THE TERMS OF SALE: FIVE THOUSAND and 00/100 (\$5,000.00) DOLLARS will be required to be paid by bank or certified check only by the purchaser at the time and place of sale, and the balance of the purchase price shall be paid by bank or certified check in or within thirty five (35) days thereafter with Attorneys Stanton & Davis, 1000 Plain Street, Marshfield, Massachusetts. The successful bidder at the sale of the premises shall be required to sign a Memorandum of Sale of Real Property By Auctioneer containing the above terms at the Auction sale.

Other terms, if any, to be announced at the time and place of the sale.

SIGNED: Mortgage Electronic Registration Systems, Inc. ("MERS"), solely as nominee for Lender (Countrywide Home Loans, Inc.) and Lender's successors and assigns, Present Holder of Said Mortgage, By: STANTON & DAVIS, As its Attorneys, FROM THE OFFICES OF: Jon S. Davis, Esquire, STANTON & DAVIS, 1000 Plain Street, Marshfield, MA 02050, (781) 834-9181

( 1 2 5 3 - 3 4 2 1 - 507F/Cassidy ) (09/05/07, 09/12/07, 09/19/07) (91213)

9.5.07, 9.12.07, 9.19.07 5946

### LEGAL NOTICE

#### MORTGAGEE'S SALE OF REAL ESTATE 60 Highland View Road Tewksbury, MA

By virtue and in execution of the Power of Sale contained in a certain Mortgage, Security Agreement and Assignment (the "Mortgage"), given by Earl L. Hupper, Trustee of Highlandview Realty Trust u/d/t dated May 6, 1997 and recorded with the Middlesex North Registry of Deeds in Book 8559, Page 63 to Woburn National Bank, dated June 17, 1998 and recorded with Middlesex North Registry of Deeds in Book 9357, Page 292, of which Mortgage the undersigned RBS Citizens N.A. successor in interest to Citizens Bank of Massachusetts (the "Mortgagee") is the present holder, for breach of conditions of said Mortgage and for the purpose of foreclosing the same, will be sold at Public Auction on a portion of the mortgaged premises, located at 60 Highland View Road, Tewksbury, MA hereinafter described, at 10:00 a.m. on September 26, 2007, a portion of the premises described in said Mortgage:

To wit:

Parcel 1:

The Land in Tewksbury, Middlesex County, Massachusetts, with the buildings thereon and being Lots 435 and 436 on Barker Road and Lots 451, 452 and 453 on Highland View Road as shown on a plan of lots at Wamesit Terrace No. 2, belonging to Jacob W. Wilbur, said plan being made by A. L. Eliot, Surveyor, dated April 30, 1904 and recorded with Middlesex North District Registry of Deeds, Book 21, Plan 7B.

Said lots measure each thirty (30) feet in width by seventy (70) feet in depth and contain, each, according to said plan, two thousand one hundred (2,100) square feet, more or less.

Excepting and excluding therefrom the land being shown as Lot 42B on plan recorded with said Deeds in Plan Book 159, Plan 58. This conveyance is made subject to any and all restrictions of record, if any there be, insofar as the same are still in force and applicable to the premises hereby conveyed.

Also another parcel of land in Tewksbury, Middlesex County, Massachusetts being shown as Lot 41B on a plan of land entitled,

Wenham, North Andover and the final game of the season, a non-leaguer against Dracut. Wilmington plays two teams

outside of its conference with Dracut and other MVC foe Tewksbury as the other.

"If we can manage a good balance in scoring, I think we will do alright," said Hendee.

### LEGAL NOTICE

#### TOWN OF WILMINGTON



#### BOARD OF APPEALS

A public hearing will be held at the Town Hall, 121 Glen Road on September 17, 2007 at 7:00 p.m. on the following applications;

Case 37-07 James Evans Map 92 Parcel 26

To acquire a variance from Standard Dimensional Regulations (Table 11) \$5.24 for a one-car garage to be 19 feet from the front lot line when 30 feet is required for property located at 1 Marcus Road.

Case 38-07 315 Main St LLC Map 42 Parcel 24

To acquire a variance from \$6.3.5.3a for a sign to be within 10 feet from the front lot line for property located at 315 Main Street.

Case 39-07 Cranberry Lake Rlty Trust Map 70 Parcel 101C

To acquire a Special Permit in accordance with \$4.2 for an Accessory Apartment addition for property located at 42 Marjorie Road.

Case 40-07 Cranberry Lake Rlty Trust Map 70 Parcel 101D

To acquire a Special Permit in accordance with \$4.2 for an Accessory Apartment addition for property located at 44 Marjorie Road.

Case 41-07 Paul Sousa Map 31 Parcel 15

To acquire a Special Permit in accordance with \$6.1.6.4 to increase a nonconforming structure (construct a second-floor addition) for property located at 5 Corey Avenue.

8.29.07, 9.5.07

5939

### LEGAL NOTICE

#### TOWN OF WILMINGTON



#### PLANNING BOARD PUBLIC HEARING

In accordance with the provisions of M.G.L. Chapter 41, Sections 81-F and 81-G, the Planning Board will hold a public hearing on Tuesday, September 18, 2007 at 8:45 p.m. in Room 9, Town Hall, 121 Glen Road, Wilmington, MA on the application of Bedford Builders, Inc. by its Director, Vincent N. Deluca, 127 Cambridge Street, Burlington, MA 01803, seeking relief from the required roadway improvements for construction of a single family home for the property located on Randolph Road, Wilmington Map 7 Parcel 17, Burlington Map 34 Parcel 41-6 as shown on the plan entitled: "Property Rights Plan, Road improvement Plan, Randolph Street in Wilmington/Burlington, Mass." Dated: May 14, 2007; Scale: 1" = 40', Professional Land Surveyor: James Richard Keenan, Keenan Survey, 8 Winchester Place, Winchester, MA 01890.

A copy of the plan is on file at the Planning and Conservation Department, and may be inspected during the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

5933 Michael Sorrentino, Chair  
Wilmington  
Planning Board

rights of parties in possession.

#### TERMS OF SALE

The highest bidder shall be required to deposit with the Mortgagee, FIVE THOUSAND and 00/100 DOLLARS (\$5,000.00) in cash, bank, treasurer's or certified check with no intervening endorsements at the time and place of the sale. The balance of the purchase price shall be paid to the Mortgagee in cash, or by bank, treasurer's or certified check in or within forty-five (45) days from the date of the Public Auction. The successful bidder shall be required to sign at the Public Auction a Memorandum of Sale containing the above terms and any additional terms announced at the Public Auction.

The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by Looney, Cohen, Reagan & Aisenberg LLP (hereinafter called the "Escrow Agent") until the balance of the purchase price is paid to the Mortgagee. In the event a successful bidder at the Public Auction shall default in purchasing the within described property according to the terms of this Notice of Mortgagee's Sale of Real Estate and/or the terms of the Memorandum of Sale, executed at the Public Auction, all deposits shall be retained by Mortgagee. Mortgagee reserves the right, at its election, to sell the mortgaged property to the next highest bidder at the Public Auction or to readvertise and resell such property at public auction.

The description for the premises contained in said Mortgage shall control in the event of a typographical error in this publication.

The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the Public Auction and further to postpone any adjourned sale date by public proclamation at the time and date appointed for the adjourned sale date.

Other terms to be announced at the time and place of the sale.

RBS Citizens, N.A.  
Present Holder of Said Mortgage,  
By Its Attorneys,  
James H. Cohen, Esq.  
Looney, Cohen, Reagan & Aisenberg LLP  
33 Broad Street, 6th Floor  
Boston, MA 02109  
(617) 371-1050

9.5.07, 9.12.07, 9.19.07 5940



Tewksbury could be a darkhorse in MVC

## Lots of excitement as high school football begins this weekend

The reality took a few weeks to sink in just as I was getting ready to dip my big toe back into the Merrimack Valley Conference high school football waters a year ago this week. Tewksbury Memorial High School head football coach Brian Aylward is slowly becoming one of the coaching graybeards in what could arguably be called the toughest high school football conference in the state.

Aylward is generally known around the league as a guy who gets the most out of his players. The kids listen to and respect him. After watching this team prepare and practice, Aylward looks like a coach just waiting for that one real speed back or a quarterback with a gun for an arm that matches up to the everyday solid grunts along both lines that make the whole thing tick.

Aylward just needs to match up that 'Tewksbury tough' with some speed in a 40-yard dash. Someone who can turn the corner and break a game open. This could be the year. Forget about Brian getting out from another coach's shadow. He is a veteran with a reputation for giving any team a battle. He's still looking for that breakout year as he enters his 11th season at the TMHS helm. A 54-49-1 record going up against MVC competition is nothing to scoff at.

It's safe to say that Brian would like nothing more than to establish a championship legacy with this team in this season with a run at a conference title. Don't bet against it. It's very likely that the Redmen (yes, it's still Redmen) will be in the MVC title mix when all is said and done.

All this veteran chatter comes with the knowledge that Brian is among a group of MVC coaching stalwarts that include Billerica's Peter Flynn (18 years), Andover's Ken Maglio (12), Chelmsford's Bruce Rich (12), Central Catholic's Chuck Adamopoulos (11 years). Aylward has never had the roster or the depth of any of those coaches over his years in Tewksbury. Yet, his teams have competed and very rarely have left the field disappointed at the effort. Aylward and his team will go up against all four of those squads, three at home (Andover, Central Catholic and Billerica) and just one (Chelmsford) on the road. Watch these matchups closely. It is unlikely that the Redmen will get out-coached or outplayed. What is for certain is that the results of those four



By: Rick Cooke

games will make or break the TMHS football season.

It all starts for real this Saturday afternoon at Doucette Field against Tyngsboro in a tough non-league contest. Coach Mike Woodlock's team is coming off a solid 8-3 season as it begins playing in the Dual County League. This represents a move-up of two divisions for the visitors, so this first game should give a rare early-season glimpse of just where both teams figure in their respective conference races.

I for one, can't wait. I'm a guy who likes to look at line play, and a year ago, I didn't really know much about the Tewksbury football players of today, having been out of the mix for several years. The first player that I found myself focusing on was tackle Travis Ianetta. I turned to anyone within earshot and asked: 'Who is THAT kid?' Well, that kid is a 6'4", 280 pound senior who can drive people up field and move. It also helps that he appears to be a little nasty. A good line-man should never take no for an answer. Can Ianetta and the Redmen push Tyngsboro around Saturday? Can Tewksbury win nine, possibly 10 games this season? Why not? Nothing spells victory like a little hard work.

Tewksbury and their 'gray-beard' coach with all that staying power over these years have been the very definition of grit. Now, it just might be time for that break-out season. Why not? Button up those chin straps and let's go. I can't wait.

### Vick dials up a little spirituality

Apparently, former Atlanta Falcons' quarterback Michael Vick has Jesus on speed dial. How convenient for a person who is now a convicted felon. Vick got all lawyered-up and turned on the public relations spin in preparation for his December 10 sentencing. Take a gander at this quote: 'I've found Jesus and asked him for forgiveness and turned my life over to God, and I think that's

the right thing to do as of now.' Oh brother. Call me skeptical, but I don't believe a word of this. Read the quote again. The key words here are: AS OF NOW. This is spirituality by convenience. Get back to him a couple of years from now and see where he stands. If he gets his football career back in any shape or form, it will be a miracle. Then, he can thank God for that little miracle.

For now, every time you look down at your Golden Retriever, remember that Vick was involved in a culture of cruelty. This is nothing short of sociopathic behavior. Jeffrey Dahmer began by torturing and killing animals. Former Patriots' linebacker Steve Nelson came up with a tongue-in-cheek, yet sobering quote several years ago that is worth thinking about. Nelson said: 'If Jeffrey Dahmer could run a 4.4 40-yard-dash, he would have had an eating disorder.' So, someone, somewhere will probably give Vick a chance. I just won't watch it whenever it happens.

Five years ago this week, I had to make the decision to euthanize my 13-year old Shetland Sheepdog. It was 3:15 am at Angell Memorial Hospital. After watching Molly's battle with cancer and spending thousands of dollars that I didn't have, I asked the question: Was I keeping this animal alive for me, or for her? I realized that watching her continue to suffer was a selfish decision. I took her home that morning in a cardboard box and called the next day to purchase the tiny coffin and a plot in a beautiful pet cemetery. I turned what was one of the worst days of my life into a celebration of my dog's life.

Molly was like my child. She helped to keep my spirit alive through three cancers of my own over 13 years. When I coughed in the middle of the night, she came running to the bed to see if I was alright. Feeling her eyes focused on me in the dark, I had to tell her that I was OK before she would return to her spot by the foot of the bed.

I'm not the only one with a story like this. I'm not alone in having this as reason enough not to watch any more football involving Mike Vick. Someone should take the time to remind Vick that dog is God spelled backwards. It's something simple that maybe even Vick can understand. Just as simple as finding Jesus in a couple of days.



The Tewksbury U-12 travel softball team won a recent tournament played in Lowell. The girls finished the weekend with a record of 6-0. Bottom l-r: Arianna Medeiros, Lauren Teixeira, Maggie Middleton, Megan McLaughlin, Melissa Cordwell, Shappon McLaughlin and Meridith Bonugli. (middle l-r): Stephanie Champoux, Melissa Donoghue, Kelli Sugrue, Allison Luppi, and Samantha Laferriere. (top l-r): Coaches Mike McLaughlin, Bob Champoux and Ralph Teixeira.

## Potcner buries his chances at UML

By DAN IGO  
Sports Correspondent

Wilmington High graduate Stephen Potcner has made the transition to college soccer a lot easier than it really is.

Potcner scored two goals for the UMass Lowell Riverhawks' 7-0 victory over Saint Rose on Saturday. The freshman forward also had two additional shots on goal.

Colleen Fitzpatrick of Tewksbury also led UMass Lowell soccer to a win, this time on the women's side. She scored the lone goal in the Riverhawks' 1-0 victory over Bridgeport on Saturday. On Sunday, Wilmington's Kathleen Strazere had an assist in a 3-0 win over New Haven. The Riverhawks have a 4-0 record as of Tuesday.

Tewksbury High graduate Joe Davidian had three tackles (two solo) for Worcester State in Saturday's 38-26 loss to Curry College. Davidian, a senior, plays on the defensive line.

Seven Tewksbury residents competed in the Mill City 5K held in Lowell on Sunday. Bill Harriman finished in 33rd place with a time of 23:59. Marli Piccolo was right behind him in 34th place with a time of 24:07. Christopher Lesile's time of 28:47 placed him 71st. Joanne Harriman ran of time of 30:52, good enough for 90th place. Dreana Briggie came in 94th place with a time of 32:37. Jack Kelleher, a mainstay in this column, came in 101st place with a time of 33:39. Sherri Penney crossed the line at 38:53, which placed her 107th.

This Sunday the "26th East End Road Race" will be held in Lowell. The race is five miles and begins at 11 am at the East

IGO  
around  
WILMINGTON  
& TEWKSBURY

End Club. For more information contact race director Sean Donnelly at 978-328-2545. You can also visit the race's website: <http://www.coolrunning.com/major/07/eastend/>. Tewksbury Youth Football has started its fall season. Opening games are scheduled for this weekend, with the Junior and Intermediate Divisions kicking off on Saturday, September 8th and the Senior Division on Sunday, September 9th. The initial game of the Varsity and Junior Varsity is scheduled at Billerica on Sunday, September 9th. The exact times of all games will be announced at a later date.

Tewksbury Youth Football is also holding a family spaghetti dinner on this Thursday that is open to all parents, players and cheerleaders. More details on the dinner will be posted once they are announced.

Registration for the 2008 season of Tewksbury Youth Baseball begins this Saturday from 9 am to 12 pm at the Baseball Building on East Street. There will also be a registration period the next day at the same place and same time.

For a full list of registration dates and times, visit the league's online calendar at: <http://eteamz.active.com/TewksburyBaseball/calendar/>.

Registration for the 2007-08 season of the Tewksbury Girls' Basketball League will take place next Thursday from 6-8 p.m. next Saturday from 9 a.m. to 12 p.m. at the Tewksbury Teen Center on Livingston Street.

Parents interested in coaching a team in the upcoming season of the Tewksbury Boys' Basketball League can do so by e-mailing the board of directors at this address: [TBBL-ANNOUNCEMENTS@GMAIL.COM](mailto:TBBL-ANNOUNCEMENTS@GMAIL.COM).

Each player who wants to compete in the Wilmington Youth Hockey Association must register for the 2007-2008 season as a part of USA Hockey requirements. The cost of the registration is \$35.00 per player and can be done through the USA Hockey web site located at: [www.usahockey.com](http://www.usahockey.com). Players cannot participate in the upcoming season without a USA Hockey registration number. After completing the on-line registration, please forward a copy to Mike Luise at [MJLUISE@aol.com](mailto:MJLUISE@aol.com).

Wilmington Pop Warner is holding a raffle for the upcoming season. Tickets are \$10 and the prize is an all-expense paid trip for two to any major sporting event. For more information, visit the league website at: [www.wilmingtonpopwarner.com](http://www.wilmingtonpopwarner.com).

The league is also holding a parents' dance on Friday, September 21st. Tickets are \$25 and are available at the snack shack.

If anyone has a tip or story you believe deserves mention in this column, e-mail me at [digo@mail.umd.edu](mailto:digo@mail.umd.edu).



The Wilmington 13-year-old all-star baseball team included: Kyle Albanese, Joe Aucoin, Mike Brent, Mike Ciampa, Derek Duggan, Matt Ferreira, John Keough, Phil Lentini, Pat Magliano, Tim McCarthy, Kyle Peach, Dan Pothier, Steve Reynolds, Dalton Rolli, Tommy See and Killian Smith. Mike Duggan was the team's manager.

(courtesy photo)

## Tewksbury Girls Softball League tryouts announced

The Tewksbury Girls' Softball League will be holding travel team tryouts:

10U  
Wednesday September 5th, 5pm to 6:30pm at Memorial Field  
Saturday September 15th, 2pm to 4pm at Memorial Field

12U  
Wednesday September 12th, 5pm to 6:30pm at Memorial Field  
Saturday September 15th 10am to 12pm at Memorial Field

14U  
Wednesday September 12th, 6:30pm to 8pm at Memorial Field  
Saturday September 15th, 12pm to 2pm at Memorial Field

16U  
Wednesday September 5th, 6:30pm to 8pm at Memorial Field  
Saturday September 15th, 4pm to 6pm at Memorial Field

## THE EDWARDS TWINS

LIVE! TWO BROTHERS/100 CELEBRITIES

TICKETS \$35

1 SHOW ONLY!

FRIDAY, SEPTEMBER 7th AT 8:00pm

ONLY AT  
**SHOWCASE CINEMAS REVERE**

565 SQUIRE ROAD, REVERE, MA

Order tickets at (866) 581-9138 x301 or [showcasecinemas.com](http://showcasecinemas.com)

Choose the correct answer and enter for your chance to win FREE Showcase Cinemas Movie Passes!

The Edwards Twins are performers who:

- Use their own highly trained voices
- Perform more than 100 celebrity impersonations
- Have appeared on the Today Show
- All of the above

**Answer:**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

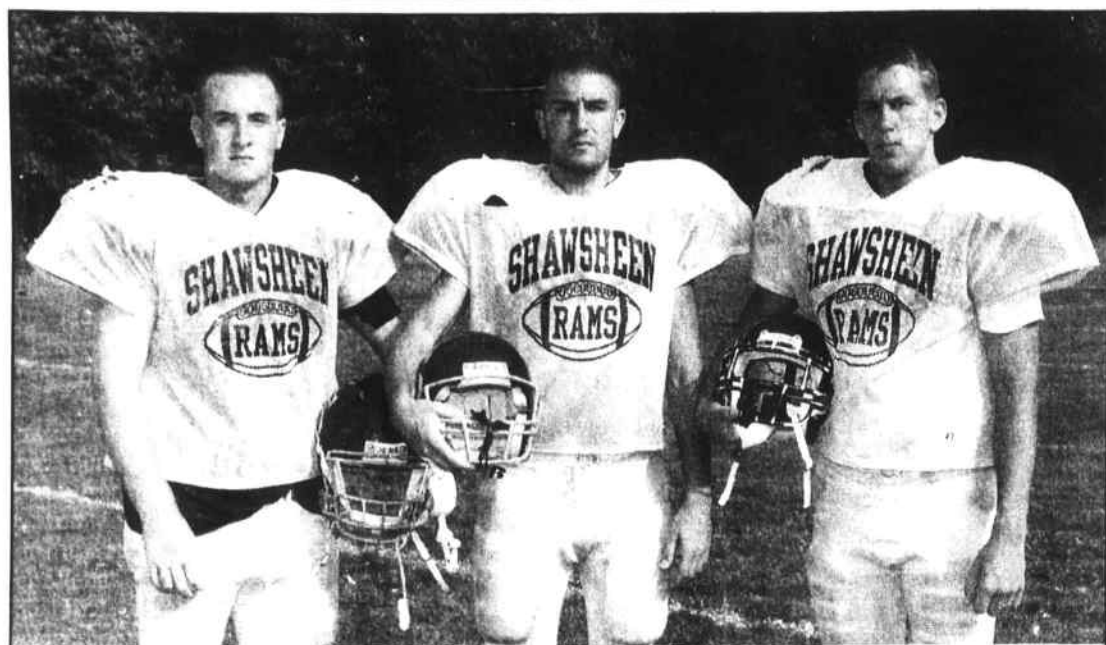
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

Send your responses to: Showcase Movie Trivia, c/o The Town Crier, 226 Lowell St., Wilmington, MA 01897. Employees and their relatives of Wilbur Daily Times, Inc. and National Amusements are not eligible. Decision of the judges is final. Entries must be received by 5:00 p.m. Monday to qualify for this week's drawing. Winners will be drawn at random and listed in next week's paper.

Town Crier  
VISIT US AT [www.showcasecinemas.com](http://www.showcasecinemas.com)





The Shawsheen Tech Football team opens its season this Saturday behind tri-captains, from left, Stephen McIsaac of Wilmington, Joe Gore of Wilmington and Josh DeLisle of Tewksbury. (JoeBrownphotos.com)

Offensive attack very strong

## Rams an early season CAC league favorite

By MIKE IPPOLITO  
Sports Correspondent

The Shawsheen Tech football team enters this season on the heels of one of the greatest seasons in school history. A victory over Bay Path Regional in the Large School State Vocational championship game wrapped up a 9-3 season for the Rams giving them the first post season victory in school history. It also set the tone for what should be a very exciting year at the Tech this season.

With the great season last year of course comes great expectations for the Rams this season as they prepare for play in the Commonwealth Athletic Conference. With perennial league powerhouse Tyngsboro leaving the CAC to join the Dual County League and with defending champion Whittier losing two of their key offensive weapons, the Rams would have to be looked at as one of, if not the outright favorite to snare the league title.

Shawsheen coach Al Costabile, entering his 10th season with the Rams, is well aware of the expectations for his squad and he is not shying away from them at all.

"You would have to think we are one of the team's that will challenge for the championship," Costabile said. "Our expectations are high. With Tyngsboro out of the league, if we did not consider ourselves a contender for the title we would

be setting the bar too low."

A big reason for the lofty expectations for the Rams is the return of nearly all of their skill position players on both sides of the ball, particularly on offense where they return a pair of 1,000 yard rushers in senior Pat Fullerton (131 carries for 1,123 yards) and sophomore Chris Clark (151 for 1,161 as a freshman). The backfield remains intact with the return of senior quarterback Joe Gore who threw for 863 yards and 11 touchdowns last year and also rushed for over 200 yards.

"The strength of this year's team is the great depth and experience we have at our skill positions," Costabile said. "We are very solid and that is a great asset for this team."

While the Rams coaching staff is thrilled to return the skill position players that produced over 3,000 yards rushing last season as a team, they also realize that it may not be so easy this time, as the Rams lost five seniors off of last season's offensive line.

"It's no secret that a big part of our running the ball successfully last season is that in most games we had the luxury of controlling the offensive line," Costabile said. "That was because of the seniors and we will certainly miss that."

The loss of the big men up front will make the job more difficult for Fullerton and Clark, but if they can offer any-

where close to the 1-2 punch they gave the Rams last season, the team should be in great shape. Each back offers a little something different for the Rams opponents to deal with.

"Pat's a real physical back where he almost looks for contact and Chris is a little more finesse with a quick burst of speed," Costabile said. "But he can also play the physical game and he has put on about 15 pounds of good weight in the off season."

Leading the way for the offense once again will be Gore, who returns for his third year as the starter under center. Last year saw dramatic improvement for Gore as the season progressed and Costabile is looking forward to more of the same this season.

"His experience is a huge factor," Costabile said. "He is seeing everything really well and he is very knowledgeable. Along with passing he did a real nice job running the ball for us down the stretch last season and I am looking for him to run even more this season."

One of Gore's primary targets when he does drop back to throw will be senior wide receiver Joe Killion of Tewksbury.

"He was a good deep threat for him last season and I think we will see more of the same

RAMS FOOTBALL PG SP10C

## Golfers will be targeted

By MIKE IPPOLITO  
Sports Correspondent

Many teams at Shawsheen Tech had outstanding seasons last year and as a result, many of them will be targets for their opponents in the upcoming season. But it is hard to imagine any of the teams being more of a target than the Rams golf team who enter this season as the two time defending CAC champions and are coming off a 13-1 overall record last season which included an undefeated record in the league.

Shawsheen coach Tom Struthers does not dispute that his team will be circled on every team's schedule and he welcomes the challenge that his senior laden team will have to live up to each time out on the course.

"I think it is great that the team has the desire to go out and do their best all the time because they know they will be getting their opponents best effort," Struthers said. "This is the last year for a lot of these kids and I have told them that I would love to see them win the league, win the vocational tournament and compete as a team in the state tournament."

The Rams will return with their team almost intact from the squad that swept through hither league last season, having lost only number four player Steve Maga from the starting lineup. Maga's departure will certainly hurt, but returning so many other starters is a luxury most teams do not have.

Senior captain Brandon Porter will lead the way for the

Rams as their number one player. Porter is the reigning CAC MVP and has been a three year starter for the Rams.

"Absolutely we have high expectations for him," Struthers said. "He has been an excellent player for us and he has been a great leader. He has been a great help to all of the other kids."

Seniors DJ Shepherd and Jon McDonald will return to their roles as the number two and three players in the Rams lineup. Senior Steve Tello of Wilmington will return as a starter for the Rams and Struthers is hoping he can continue the successful run he was on at the end of last season.

RAMS GOLF PG SP10C

## Tougher schedule for boys soccer team

By MIKE IPPOLITO  
Sports Correspondent

The Shawsheen Tech boys soccer team will be facing a brand new challenge this season as they, along with Lynn Tech, will move up from the Lower Division of the Commonwealth Athletic Conference to the Upper Division with the departure of long time league powerhouse Tyngsboro who will move to the Dual County League.

The Rams will face this challenge while coming off one of the finest seasons in school history, one in which they had a respectable 9-7-2 record during the regular season, but then went on to great post season success with a pair of wins in the Division 3 North Tournament before finally falling in the sectional semi-

finals to Ipswich by a score of 2-0.

Shawsheen coach Dick Barris, who said the move had nothing to do with the Rams post season success, knows that the move will certainly make things more difficult for his squad, but he is excited about the challenge.

"Record wise we might not be as good as we were last year, but I think at the end of the year we will be a much better team because of the schedule we will play," Barris said.

The Rams will enter the season for the first time in recent memory with the pressure of having to live up to the previous season's post season success, and Barris feels that will help his team be successful this season.

"It made us a little hungry to duplicate that success or perhaps even surpass it now that we have had a taste of it," Barris said. "The kids certainly enjoyed that aspect of it. That's what you play the season for. Now whether we can match that this year we do not know. We will have to work very hard at it."

While the Rams did lose some key players off of last year's team including two of their three captains in Cory Fleishman and Corey Brooks, they will return several players who gained some quality varsity experience last season.

One of the key players who will return to the fold will be senior goalie Mike Lamonica

RAMS B. SOCCER PGSP10C

## Rams Girls Soccer team hoping to repeat 13-win season

By MIKE IPPOLITO  
Sports Correspondent

The Shawsheen Tech girls soccer team put together a remarkable season last year with an overall regular season record of 13-3-1, a second place finish in the CAC Upper Division and a victory in the first round of the State Vocational Tournament.

Although Shawsheen was eliminated in the first round of the Division 3 North Tournament by Georgetown, the season overall was a great success with the Lady Rams dominating nearly every other team on their schedule with the exception of CAC rival Greater Lowell who handed them two losses on the season.

Shawsheen will be looking for similar success this season beginning with their season opener next Tuesday at Lynn Tech, but second year coach Doug Michaud who saw his team exceed all expectations last season knows it will be a tough road considering some of the players his team has lost.

Team leader and playmaker, extraordinary Kayla O'Leary was lost to graduation while stopper Allie Ogden also did not return to the team. And one of last year's freshmen sensations, Jenna Zechner was injured in the off season and likely will not be ready for the start of the year if at all.

All right, with the bad news out of the way the good news is the Lady Rams still look like a very solid squad once again this season with several key players from last year's team returning to the fold.

"We did have a lot of players returning, and it will just be a matter of moving some players

around to different positions," Michaud said. "The kids are going to have to be more versatile because they will be moved around a lot more."

One player who will be returning to her position from last season is sophomore forward Jenn Carroll of Wilmington who had an outstanding freshman year last season along with Zechner.

"She had a great year for us, right from the start where she scored four goals in our first game," Michaud said. "We would like to see more of the same from her this year."

Carroll will be joined up front by junior Heather Massey who played halfback last season.

"She's a good ball handler and she can distribute the ball real well," Michaud said.

Katie Giordano will be a center midfielder for Shawsheen while senior Stephanie Walsh will be a halfback along with junior Janelle Madore of Tewksbury.

"I am actually not really sure where Janelle will end up, but she will be in the middle somewhere," Michaud said. "She played defense last year and did a great job."

Katie Gallagher and Jacqui Brachia will be defenders for the Lady Rams while Wilmington's Stefanie Warnick will move in to the all important stopper position.

"I actually could move her up front, but she does a great job at stopper for us," Michaud said.

The last line of defense for Shawsheen will be senior goalie Kim Stockton, entering her fourth year as the team's starting goalie. Stockton will also be one of the team's co-captains

along with Gallagher.

"It's huge for us to have someone like Kim in goal for us with her experience. And in her position she has naturally taken a leadership role and the kids really look to her," Michaud said. "And Katie has also really stepped up into the role for us."

Losing some key players on defense as Shawsheen did would be a problem for most teams, but in Michaud's opinion he feels that defense may once again be his team's strength this season.

"Before the season started I would have thought defense would be our strength because we would have Allie back there," Michaud said. "At first when she did not return I was a little concerned, but now with Katie and Jacqui back on defense and Stefanie taking over as stopper, I once again believe that will be a strength for us."

If the Lady Rams are going to make a run at the title, Michaud feels the two teams they will need to battle the most will be Northeast and Minuteman.

"Minuteman had a building year last season and they bring back a lot of players, and Northeast is always tough," Michaud said.

Even with the stiff competition, Michaud is looking for a very good season from his squad.

"We would love to compete for the league title," Michaud said. "That would be great to have a good solid year with this team. The best thing about this team is that they have a great time together and really enjoy playing together."



The Shawsheen Tech girls soccer team will be led by local players including Wilmington residents Ashley Antico, Stephanie Walsh and Jenn Carroll, bottom row from left, and Tewksbury residents Kimmy Stockton, Casey Reese, Janel Madore, Kristen Mader and Ashley Martucci, back row from left. (JoeBrown photos.com)

## Volleyball team brings back strong nucleus

By MIKE IPPOLITO  
Sports Correspondent

The Shawsheen Tech volleyball team surprised a lot of people last season when as a largely inexperienced group they posted a 10-8 record before falling to Lynnfield in the first round of the Division 3 North Tournament.

This year the Lady Rams will return many of the players that led them to their winning season last year and coach Chet Flynn is hoping for another step in the right direction.

"We only lost on senior who started for us last year so we return a good core of eight or nine kids who saw a lot of varsity action last season," Flynn said. "We saw a lot of improvement over last season and we are seeing it in the early going this year."

One player who did not need much improvement at all is senior setter Julie Raymond who is a two time CAC All-Star. She will share setter duties with junior Kelli Jo Deardorff.

"Of course we expect a lot out of Julie because of how good she has been for us," Flynn said. "She and Kelli Jo will give us a lot of leadership at the setter position and I expect them both to do well."

Other starters for the Lady Rams will include seniors Katie Hogan of Tewksbury, along with Allie Zechner and Daniel MacEachern, juniors Casey Roux of Tewksbury, Tori Philbrook and Amanda Russo. Sarah DeCelles of Tewksbury is another senior, who although she will not be starting will be a very key member of the squad.

"People are battling for spots and I have made it clear to the starters that if someone has a bad day we can replace them with somebody off the bench without really missing a beat," Flynn said. "We have not really had that before."

Shawsheen will open their season on Thursday afternoon against Greater Lowell and will play 18 matches against CAC

rivals along with a couple of non-league matches with Ayer.

While the Lady Rams are definitely improved, Flynn knows they have some work to do to get to the top of the league.

"PMA year in and year out is either in first or second place and Greater Lawrence should also be very good again this year after tying PMA for first last year," Flynn said. "Whittier has also been strong the past few years."

It will indeed be difficult for the Lady Rams to climb to the top of the standings, but Flynn is setting the bar high for this team, and he is confident they will respond.

"I think it is time to take another step up. We had been falling below .500 for a couple of seasons and then last year we were able to go over by a little. This year it is time to take it to another level," Flynn said. "It's a great group of kids who get along very well. They are very supportive of each other."



## Scoring goals, good grades and a summer trip

FROM PAGE SP1W

Besides trying to improve on her soccer game against boys, she said she learned so much.

"Going there I understand and speak Spanish a lot better than I did before I went there," she said. "It made me more excited to know the language especially being around all of the people. It's different than being in a classroom."

Now out of the classroom on weekday afternoons, Cole has another homework assignment and that's to get a very young girls soccer team back to the state tournament.

"I think we look pretty good," she said. "There's not as much experience as the other years but a lot of the younger girls look really good. They all want to play good and they are all energized. Last year we had five freshmen who are now sophomores and they all want to go out and prove themselves. I know we're a real young team that doesn't have a lot of experience but I think we're going to be a real good team. We do a lot of bonding together and team chemistry has always been strong."

Cole said that she's gathered in her experience of being with the varsity program over the last three years, thus thinks she has an edge when giving an assist to the 11 freshmen and sophomores.

"With such a young team, I'm just trying to give them my view on the game and how to work with each other," said

Cole.

And it was when Cole was a freshman when she caught some eyes in tryouts.

"Katie is the only senior who has played varsity for four years," said head coach Sue Hendee. "We saw her potential as a freshman, and she has been steadily improving over the years. She had a great year last year, finishing as our second leading scorer. We will be relying on her to do a lot offensively for us this year."

Besides being a good leader and a good goal scorer, Hendee said Cole adds a lot more to her team.

"Katie's strength lies in her understanding of the game," said Hendee. "Not only is she a tremendously bright and hard working student in the classroom, but she also knows what to do on the soccer field, and makes smart decisions. She shields the ball well, and has a quick turn to goal. She is not necessarily the most powerful shooter, but she has been working very hard on becoming a better finisher. She has spent a lot of time in the off season working on control and touch, which has improved greatly since freshman year."

"She is a great role model for the younger players, not only as a student, but as an athlete as well. She leads by example and her work ethic motivates others to do better."



The Wilmington High Girls Soccer team opens its season this week. The team includes, back row from left, Allie Robbins, Lauren Nasiff, Julie Braid, Ashley Gonzalez, Bryanne Mara, Jackie Zaremba, Katelyn Hayes, Danielle Polcari and Kaitlyn Souza. Middle row from left, Colleen Kennedy, Lisa Rocker, Stephanie Benson, Nicole Bockus, Lizz Chin, Brittney McLaughlin, Charlotte Jensen and Stephanie Woods. Front row from left, seniors Jessica Stira, Katie Cole and Leah Potner.

(JoeBrownphotos.com)

## Returning co-champs hit the gridiron

FROM PAGE SP1W

slow at tackles but we're small and quick at the interior positions. We're a work in progress. I think we have the best line coach in the league in Mike Barry so if he can't get it done we'll have a lot of problems. But you're only as good as your players and we're just trying to continue to get individual and team development."

Defensively you'll see most of the same jersey numbers but there will be one major change as the team is switching back from its 4-4 scheme to its 5-2 scheme. Chris Thibault (5-11, 170) and Brooks are the defensive ends, with the combination of Lyons, Kincaid and Joyce inbetween them on the line. Borseti, Groves and Anthony Nihan are the linebackers, and Steve Stewart, Mello, Manganelli and Molonson make up the secondary.

Tom Barry and Kyle Lunt could also see some time on the field, both offensively and defensively.

"We changed back to the (5-2)," said Almeida. "We're trying to get our linebackers to read quicker and to get them a

little bit more involved is why we did it. I think Evan and Corey are playing better than they did last year. Nihan is kind of the wild card. When he doesn't read he makes some big plays, but then he also gives up some big plays because he's not where he is supposed to be. In the (5-2) you can't leave bubbles or gaps - you have to be where you're supposed to be. He just can't be thinking and being tentative - he's just got to go."

And Wilmington has one choice and that's to go and get ready for its 11 opponents starting with Belmont at home Friday night at 7:00 pm.

"Belmont is bigger than us and they have a good tailback," said Almeida. "We know what

they do and we're comfortable at what they will throw at us both defensively and offensively. Big plays hurt us last year and we need to stay away from that this year."

Last year Wilmington was defeated by Belmont in a thrilling five-overtime game. After Belmont comes to town, Wilmington will open its league schedule with a road trip to Newburyport, before coming home for Lawrence and Amesbury. This will be the last time Wilmington will play Lawrence as the Lancers will be back competing in the Merrimack Valley Conference next season.



The Wilmington High Football coaching staff includes, back row from left, Carl Stauffer, Rich DeLucia, head coach Bob Almeida and Joe Cavanaugh; and front row from left, Steve O'Neill and Mike Barry.

(JoeBrownphotos.com)

## Mello rushing to new changes

FROM PAGE SP1W

hardly saw the touches because Richie Barry got red hot and ended the season with 25 touchdowns and over 1,500 rushing yards. Mello isn't expecting nor does anyone expect him to put up those numbers, especially with a very young and inexperienced offensive line and the thoughts of throwing the ball behind the strength of two solid quarterbacks in Kyle Moon and Steve Stewart. Moon was officially named the team's starting quarterback a day after Mello's interview.

"The (quarterbacks) have been fighting it out," said Mello. "They are both two good quarterbacks and I know both of them really well. I think they are both really good and it'll be interesting to see who gets more playing time. Moon is older and he's the senior so he has a little bit more experience, and his arm strength

might be a little bit stronger but I don't know. Stewie is good under pressure. I like him - I really like him. He's a great athlete."

No matter who is handing him the ball or throwing him those screen passes or quick slants, Mello knows that offensively he's only as good as his offensive line.

"I think we'll be pretty good offensively with Corey (Groves) and (Matt) Brooks (also running the ball and blocking) and our (offensive) line needs to be strong, too," said Mello. "I think we'll be pretty good - so far in the scrimmages we've looked alright. And the guys on the line like Brian Williams, Kenny Joyce and those guys have done well."

While he'll be adjusting to taking probably 15 to 25 carries a game, Mello also has to change gears defensively. He's

going from linebacker to free safety, while the team is going from a 4-4 defense to a 5-2.

"We look good (as a team)," he said. "We've done pretty good in our scrimmages so we'll see but I think we look pretty good. I think our offense looks good but I've always been a defense guy so I'm hoping our defense really steps it up. We have a few kids coming back so I think we're going to be good on defense. We ran the (5-2) my sophomore year and I like that and I think it's going to help us out."

As for the switch to free safety?

"It's a little different and it's going to take some time," said Mello.

And you can bet with his athleticism and attitude, that Ernie Mello will be just fine helping the Wildcats win.

## Wilmington Varsity Football Schedule

Day	Date	Opponent	Time
Fri	Sept 7	vs Belmont	7:00
Fri	Sept 14	at Newburyport	7:00
Fri	Sept 21	vs Lawrence	7:00
Fri	Sept 28	vs Amesbury	7:00
Fri	Oct 5	at Masconomet	7:00
Sat	Oct 13	at Ham-Wenham	1:30
Fri	Oct 19	at Triton	7:00
Fri	Oct 26	vs Ipswich	7:00
Fri	Nov 2	vs N. Andover	7:00
Fri	Nov 9	vs Pentucket	7:00
Thurs	Nov 22	at Tewksbury	10:00 am

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## Rams an early season CAC favorite

FROM PAGE SP8C

this season," Costabile said. Also lining up at wideout for the Rams will be senior Joel Mignault.

The offensive line will certainly suffer for all of the players lost, but it will also benefit from the unselfishness of a pair of local players as senior Mat Companschi of Wilmington at left guard and senior Matt Bradley of Tewksbury at right guard both switched positions to help the team out where they needed it most.

Companschi moved from being a backup running back and Bradley moved from being a backup fullback.

"They both made unselfish decisions to help the team and to help solidify the line," Costabile said. "They are both very team oriented players."

Another Wilmington resident, junior Steve McIsaac will anchor the line at center.

Bradley will also start on defense as the middle line-backer and defensive captain. While not all of the starters on defense have been determined as of yet, the Rams are set in their defensive backfield with

seniors Derek Sorenson and Mignault at the two cornerback positions and with Gore and junior Shaun Miller at safety.

The placekicking duties will be handled by Ryan McLaughlin who was 34-for-42 in extra point attempts last season along with being 2-for-4 on field goals while the punting duties will be handled by senior Josh DeLisle.

"Our kicking game and special teams are another huge asset for us," Costabile said. "Ryan did a great job for us last year and we feel we have the best punter in the league in Josh DeLisle. Some local players who Costabile will be looking for to come off the bench and give the team a spark are Tewksbury residents Mike Prekop a senior who is making a strong bid to start on the offensive line, as well as junior Ryan Sugrue who has done a great job in the pre-season at both tight end and defensive end.

A pair of young quarterbacks from Tewksbury offer a bright glimpse of the future as well as helping out the Rams right now.

Sophomore Kevin White and freshman Ryan Woolaver have shown some promise in the pre-season.

"Kevin has been doing a great job and having his has allowed us to move our regular backup Shaun Miller in as a slot receiver and get him on the field more because we have confidence that if Kevin needed to step in he could get the job done," Costabile said. "And Ryan has been doing very well. He looks very capable of being able to move up to this level."

While the Rams certainly have set their sights on the post season and on finishing atop the CAC Large School Division, Costabile also knows it will not be easy.

"I think Whittier has to be the team to beat until somebody knocks them off," Costabile said. "They graduated some kids, but they have a winning tradition and that can be contagious. I really think another team to look out for will be Greater Lawrence. They finished 6-5 overall and played us really tough last year."



The Shawsheen Tech Boys Soccer team has plenty of local players on this year's team. Bottom row from left are the Wilmington residents including Andrew Puccio, Mike Terk, Michael O'Connell and Andy Maga. The back row are the Tewksbury residents, from left, include: Mark Sarro, Jeff Jaimes, Calvin McMillan, Justin Hamlyas, Pay Laycox, Ryan Ahern, Tommy Goggins and Bryan Fleury.

(JoeBrownphotos.com)

## Tougher schedule for boys soccer team

FROM PAGE SP8C

who took over in goal last season as a largely unknown quantity, but stepped up to have a great season for the Rams.

"That's obviously a much better situation for us going into this season with Mike coming back after getting a full year's experience," Barris said.

Junior Eric McLaughlin, leading scorer senior Brian Conway and junior Calvin McMillan of Tewksbury will all also return to the team and are expected to be key contributors and the three will serve as tri-captains for the squad, with Conway returning to the role from last season.

"With Conway in his second year as captain the team is banking a lot on him," Barris said. "And Calvin and Eric are also returning all stars. They

are definitely leaders. Whether they can lead us where we need to go is something we will have to work on."

Going into last season Barris felt his team would be able to score goals, but was not sure if defensively they would be able to prevent their opponents from scoring. Things have changed quite a bit in just one season.

"This year I would say our strength is just the opposite where I think we will be OK defensively, but I am not sure how we will score on offense," Barris said. "Which is not to say that we cannot score with a player like Conway coming back for us, but I do think offense will be a little harder to come by this season."

Other key players for the Rams will be seniors Matt

Blanchard and Kyle Brenigan, both fullbacks along with forward Craig Pease. Other juniors on the team will include Anthony Puccio and Wilmington's Andy Maga, while sophomore contributors will be Jeff James and Mark Sarro.

With the jump up in leagues every game will be a challenge for the Rams this season, but Barris feels his team should be able to compete with even the top teams in the CAC Upper.

"Chelsea is always very difficult. Lynn Tech and us were the only Lower Division teams that could really compete with them," Barris said.

"Northeast, Greater Lowell will also be very difficult. It's a lot different than in years past, but we just have to deal with it."

## Golfers will be targeted

FROM PAGE SP8C

"I have to say that he is a great young man. He has been going but respectful from day one," Struthers said. "He is a great ball striker and I told him we are expecting a lot out of him this season."

Junior Ryan Strazzere will return as a starter for the Rams as will senior Keith Quigley of Wilmington.

"Quigley came on well toward the end of last season and he has played well in tryouts," Struthers said. "He has gotten himself into great shape and I would love to see him do well this season."

One player who Struthers is very excited about this year is freshman Danny Jacobs who

will make his varsity debut and may surprise a lot of people.

"He is a great golfer," Struthers said. "He is a very mature and smart kid. I am looking forward to seeing him progress this season."

Seniors Ron Stocker and Chris LaMacchia will also contribute for the Rams this season.

This is Struthers third year as head coach of the Rams and many of these senior players have been with him all three years. That gives him a comfort level that most coaches are not able to enjoy as they enter a new season.

"It's a great thing have so many returning players," Struthers said. "I remember

my first year with the team when it was new beginning for me and for the team. The second year got a little easier and this year everything should really go smoothly."

While the Rams are clearly the favorite to take league honors once again, particularly with the departure of Tyngsboro to the Dual County League, Struthers is not taking anything for granted.

"We lost Tyngsboro who was always one of our toughest challenges and we will miss playing them," Struthers said. "Northeast has some really good players coming in and Minuteman is always strong."

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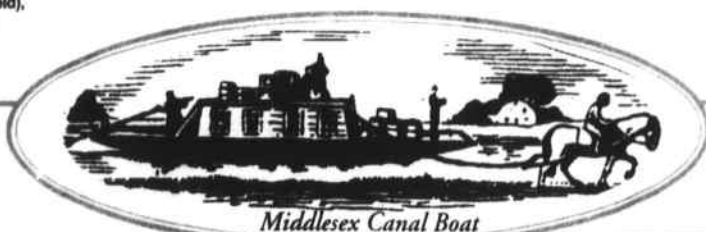
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Local People

## The Y is the difference for Belarus exchange student Kristina Mirsalimova

By DOUG WOOD-BOYLE

The Reading/Wakefield's Burbank YMCA® has been the site of an exciting cultural exchange between this country and Belarus over the past summer. 19 year-old Kristina Mirsalimova has brought culture and experience from her country's Y in Vitebsk to Reading. Mirsalimova will bring back what she has learned in Reading and Wakefield to Belarus as well.

"I need to look at the differences we have in Belarus and you have in the United States YMCA's and to bring back some ideas," Mirsalimova said during an interview at the start of her 10 day exchange program.

Over that period of time the young, theology student discovered vast differences between the two Y systems. The first and most obvious was the size of the building that houses the Burbank Y.

"We don't have such big building at all," Mirsalimova said, "that is a big difference."

The YMCA of Belarus has only been registered as a national organization since 2000, according to a report by the YMCA of the USA International. However, the first Y in that country was organized in 1995, shortly after the fall of the USSR.

The national organization now consists of seven branches, located in Minsk (the capitol of Belarus), Vitebsk, Brest, Bobruisk, Lida, Volozhin and Molodechno. Most of these organizations are in apartments, offices or public spaces such as schools.

"We have a building in one town, which is a cottage," Mirsalimova said, "and in some (other locations) we have maybe two or three buildings, which are old schools."

Because of the lack of space, the Y's in Belarus rely more on cultural development programs such as Ten Sing and Youth for a Healthy Way of Life. The Ten Sing program allows the participants to learn cultural dances and songs that are part of the Belarus tradition and the Youth program focuses on learning about HIV AIDS and the dangers of tobacco use among other issues.

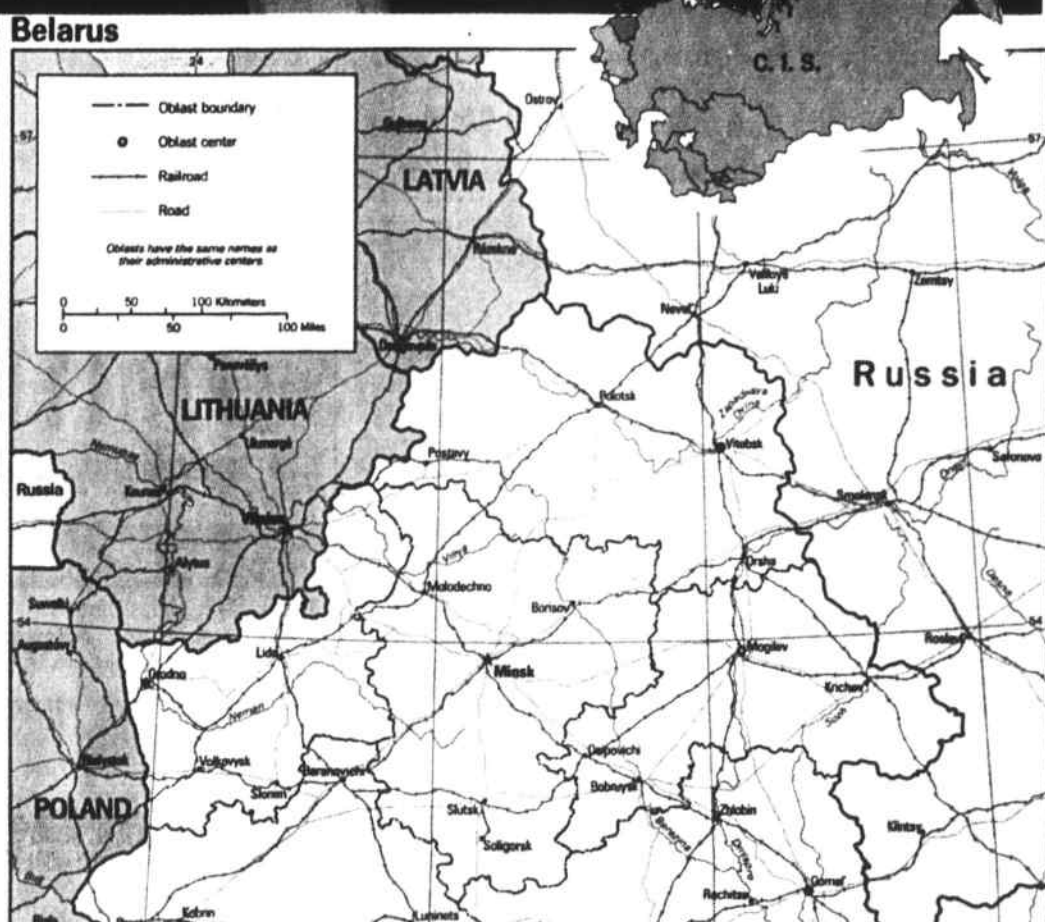
Mirsalimova was surprised at what we call camps over here. After a visit to Camp Wakanda in Boxford she found out that in the United States camping does not have to mean an overnight stay as it does in her native country.

She explained that in Belarus, the camps are overnight experiences where the parents leave their children for two weeks at a time. The camps would be much like the camps run by the Girl Scouts and Boy Scouts in this country.

One of the programs that Mirsalimova was most impressed with was the off-site physical dexterity pro-



19 year-old Kristina Mirsalimova, shown above right with Middlesex East journalist Doug Wood-Boyle, has brought culture and experience from her country's Y in Vitebsk to the Reading YMCA. Mirsalimova, above, is at the off-site physical dexterity program for seniors and/or handicapped. The program is conducted by Y staffer Donna D'Agostino at Peter Sanborn Place.



gram conducted by Y staff member Donna D'Agostino at the Peter Sanborn Place in Reading. In this program D'Agostino conducts light

exercises especially designed for the elderly and/or physically handicapped residents at the home.

After taking part in the program, Mirsalimova commented, "It's very new for me because we work in Belarus with children. We don't work with adults. That is why it (the program) is a very good idea because we have a lot of such establishments in Belarus and I think we need it because we have a lot of adults who need our care."

Many of the exercises in D'Agostino's program are done while the participants are sitting in their chairs. They use light weights and in some cases medium sized balls and Mirsalimova noted that this type of equipment could easily be found in her country.

Aside from Wakanda and the Peter Sanborn Place programs, Mirsalimova rotated throughout the Burbank Y. During the 19

days she went on field trips with the children in Camp Wilbur, observed the activities of the children in Camp Quannapowitt (held in the First Congregational Church in Wakefield) observed the work of Membership Marketing Director Julie Brush and spent time with Executive Director Kathleen Walsh, who, among other things, took the exchange student to the headquarters of the YMCA of Greater Boston on Huntington Avenue, one of the oldest Y's in the country. She also spoke to the Rotary Club of Reading.

Mirsalimova's entire trip was not totally YMCA related, however. Her hosts, Steven and Riana Harris of Burlington took time to bring her to New York City and Long Island, as well as up to the coast of Maine.

While in Maine she was introduced to the wonders of the L. L. Bean store. She was able to purchase some small gifts to take back to her family in Belarus as souvenirs.

The whole exchange program is the Harris' brainchild. In the past, the couple has hosted exchange students from Belarus who were affected by the nuclear reactor accident in Kiev and in January 2006 visited those students.

Raina Wissing Harris, who has worked for the YMCA of Greater Boston and served on the Board of Directors for the Burbank Y took the opportunity to visit the YMCAs of Belarus.

During that visit, Harris found out that the fledgling Belarus Y's needed a lot of help and because of political consid-

Belarus exchange  
student to S-4

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# Movie Reviews

by Paul Feely

## "Halloween" the same old story?



TYLER MANE (MICHAEL MYERS) AND KRISTINA KLEBE (LYNDA) star in Rob Zombie's Halloween. The movie opened in theatres this past weekend.

### "HALLOWEEN" GRADE: \*\*

There are instances in Rob Zombie's prequel/remake of John Carpenter's Halloween where killer Michael Myers is compared to Frankenstein's monster. The idea that society made Myers into the bogeyman isn't necessarily a new one, but the challenge of looking at 10 year-old Michael Myers (in a terrific performance by Daeg Faerch) as a real kid is by far the strongest stuff in Zombie's undertaking.

Treated as garbage by his stepfather, sister and classmates, Myers' instability is first revealed when he gives his pet rat a live dissection. The kid starts killing people, and they're not clean murders. Zombie registers the finality of death - letting us feel the weight of a human life being taken away. Once the film steps into a remake of the Carpenter film in its second half, it loses its seriousness.

As soon as Michael Myers becomes a faceless evil killing force, Zombie wants to forget that he introduced him as a human. The setup feels like part of a separate movie. Even the filmmaking takes a hit.

When Rush's "Tom Sawyer" plays before a murder, Zombie doesn't build it to the expected melee of violence and classic rock that would have made the scene memorable. (An earlier moment of child Myers' dawning apathy set to Nazareth's "Love Hurts" is fantastic.)

There's an effort to update the story through the contemporary slang of the three teenage friends Myers' targets (played by Scout Taylor-Compton, Kristina Klebe, and series fan-fave Danielle Harris).

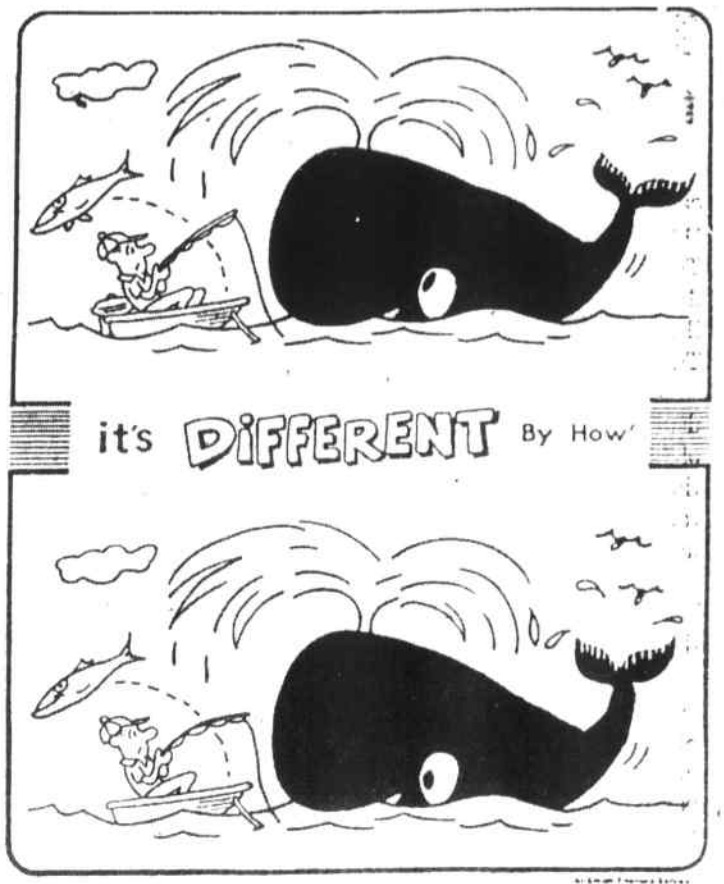
When portions of the film so closely resemble the original, you wonder why Zombie wanted to reinvent the wheel at all.

### THE NANNY DIARIES GRADE: \*\*

Any woman who would drag a man to this and have him sit through it without complaint should be brought up on charges of cruel and unusual punishment. This is such a chick flick, that sitting through the first hour could be hazardous to his health.

Annie Braddock (Scarlett Johansson) can't get a job after graduating from college. Her mother, Judy (Donna Murphy) is ambitious for her because she has devoted her life to earning the money to educate Annie.

Despondent about a failed job interview, Annie takes a job as a Nanny after meeting Grayer X in the park. Mrs. X (Laura Linney) sees them



There are seven differences in the second picture. Can you spot them?  
Swiss Bird, Eye, Pin, Whale's tail, Fishing rod, Motor

together and offers her the job.

The first hour of this is terminal movie-watching. It is such a formula. Guess what, Annie meets a hot guy, Harvard Hottie (Chris Evans) and a stifled romance ensues, which raises another of the movie's conceits, the fact that Evans' character couldn't have a real name. Maybe this is the kind of stuff chicks find cute and

appealing.

Guess what, Mr. X (Paul Giamatti) is having an affair. Make that several affairs. He's an unlikable jerk. But, then, so is Mrs. X, even though she's faced with a loveless marriage and a faithless husband. With a little thought and a little more work, this could have been a

MOVIES to S-3

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## Three Musketeers playing through September 9

En Garde! The new musical adaptation of Alexandre Dumas' classic novel, *The Three Musketeers*, is making its New England premiere at the North Shore Music Theatre (NSMT).

From fast and furious duels to the dangerous streets of Paris by night, this production celebrates honor, romance, friendship and a lust for life.

This thrilling musical runs through September 9.

The *Three Musketeers* is a co-production with Chicago Shakespeare Theatre by arrangement with consulting commercial producers Greg Schaffert and Bud Martin.

The story focuses on the handsome young D'Artagnan, a country boy who is determined to be a hero and his adventures in Paris with Athos, Porthos and Aramis, the hardest, wittiest and most reckless of the King's Musketeers.

Quickly embroiled in

romantic affairs, intrigue, devilish plots and ferocious duels, he learns that being a hero is more complicated than he thought.

This exhilarating story of love, friendship and gallantry finds breathtaking expression in a score by the composer of *Mary Poppins*, Olivier Award-winner George Stiles.

Tickets for the North Shore Music Theatre's musical production of *The Three Musketeers* are now available at prices ranging from \$35 to \$70 per person. Senior and youth discounts are available.

Performances are through September 9, on Tuesdays and Thursdays at 7:30 p.m., on Fridays and Saturdays at 8:00 p.m., with matinees on Wednesdays at 1:30, and on Saturdays and Sundays at 2:00 p.m.

For tickets, visit the North Shore Music Theatre box office at 62 Dunham Road in Beverly, visit the theatre online at [www.nsmnt.org](http://www.nsmnt.org) or

## Movies from S-2

commentary on self-indulgent parents, but it ends up being formulaic and the characters are superficial.

Everyone did a pretty good job of acting, even though the script is derivative and the directing uninspired. I like Johansson, but she doesn't have much to work with here.

### "SUPERBAD"

GRADE: \*\*\*

For pure laughs, for the experience of just sitting in a chair and breaking up every minute or so, "Superbad" is 2007's most successful comedy. Other comedies - such as Judd Apatow's "Knocked Up" (Apatow serves as producer on this one) have been more ambitious and in some ways more satisfying. But nothing onscreen this year has been as funny as this. This is laugh-out-loud stuff, a real giddy pleasure.

It's a high school comedy, and the humor is sometimes crude, but the impulse behind the humor isn't crude at all. Behind its bits, "Superbad" is loaded with genuine and truthful observations about what it's like to be a high school senior, to have the mind of an adult and the judgment of a toddler, to have tremendous longings and yet no power.

"Superbad" captures the hardships of being that age and the magic, too - the way that one party can hold all the promise of the universe, or a single night can open up into a series of astounding adventures. It mainly deals with what it's like to be a guy that age, the embarrassing agonies, the stupidities and the ecstasies. But an unexpected virtue of "Superbad" is that it has sensitivity for the girls' point of view as well.

Produced by Apatow, direct-

ed by Greg Mottola ("The Daytrippers") and written by Seth Rogen ("Knocked Up") and Evan Goldberg, the movie was cast with a sophisticated eye for young comic talent. In the lead roles, as best friends, it places heavy Jonah Hill and slim and watchful Michael Cera, who at 19 already has unique comic timing and a masterful, dry delivery. Seth (Hill) and Evan (Cera) are approaching the end of senior year without having had a great romance.

They're bemoaning their lot in life, and then an opportunity comes their way. They're invited to a party. The only hitch is that they're entrusted with buying all the liquor for the party, and neither of them has a fake ID. Most of "Superbad" tells the story of their efforts to buy the liquor and get to the party. Sounds simple enough. It isn't.

To make the purchase, they're forced to deal with the one guy they would not want to involve, the incredibly nerdy Fogell.

Rogen and Bill Hader show up as a pair of small-town cops who are no more mature than the high school boys, and they take Fogell under their wing as their best buddy. They have some of the funniest scenes. The party, following a long buildup, finds more opportunities for laughs. And the casting of Emma Stone and Martha MacIsaac as the objects of Seth and Evan's respective affections is great, in that neither is a clear teen-movie archetype (prom queen, cheerleader, nice girl). They're as quirky and interesting as the boys.

Underlying "Superbad" is anxiety about the future. Soon Seth and Evan will be going off to different colleges, and they know their friendship will never be the same again.

## About the Towns

by Phyllis Nissen

### LOVE, LOVE, LOVE

## Readying for Thanksgiving (Burlington)

"The Planning Board recently voted unanimously to approve a site plan waiver for the non-profit People Helping People organization, which will double the size of its food storage facility," notes the Burlington edition of the "Daily Times Chronicle."

"This is located on the grounds of St. Mark's Church on St. Marks Road, which is off Bedford Street.

"Wesley Simons, the Community Life Center executive director, was before the Planning Board on this matter.

"Simons also serves on the Board of Directors of People Helping People, an umbrella organization made up of community volunteers who help coordinate the efforts of three established groups: the Community Food Pantry, the Covenant for Basic Needs, and the Burlington Holiday Program.

"There is no paid staff, it is all run by volunteers," Simons said.

"The expansion is needed, Simons told the Planning Board, for additional food storage space, and 'for better traffic flow for residents leaving the area, especially during foul weather.'

"The current facility is 20 feet long by 28 feet wide, Simons said, adding that 'we would like to basically double the storage space we have now.'

"The construction will take place 'to the right of the office wing' on the lawn, Simons stated.

"This should also improve traffic flow," he said.

"The need is greater now,

even more so than the holiday season?" Planning Board member Jayne Hyde asked.

"Simons answered that is the case.

"In the 'old days,' he said, People Helping People assisted about 20 families per month. A few years later, it was up to 50 families per month...."

## FRTTF: check it out! (Reading)

"The Friends of Reading Tennis Task Force (FRTTF) is grateful and encouraged by the support shown at the April Town Meeting of its mission to reconstruct the six town tennis courts at the Birch Meadow Athletic Complex," notes the Reading edition of the "Daily Times Chronicle."

"With financing in place, the FRTTF can shift its focus from 'how will we get this new tennis facility built,' to 'when this facility is built,' how will we honor our commitment to the tennis playing population of Reading?" The FRTTF intends to meet its obligation to pay for \$150,000 of the total \$350,000 earmarked for this project. Important fundraising efforts will continue, which will include applying for more grants. 'There will be more house parties, and a wonderful night watching Venus Williams play with the Lobsters at Harvard University.

"However, the FRTTF is looking ahead and thinking about their desire to initiate a challenger tennis program for developmentally and physically challenged youth and adults. Lorraine Salter, co-founder of FRTTF, has said, 'We want to expand tennis in Reading and prove that

we can expand to include other populations as well, such as wheel chair athletes.' To this end, Salter and Kate Kaminer (co-founder of FRTTF) consulted with Mike Mercier, a former U.S. National Wheelchair Coach, and the National tester for USPTA wheelchair tennis. He suggested that someone within the FRTTF obtain certification for running a wheelchair tennis program.

"Kate Kaminer volunteered and on May 18th, Kate, Lorraine and I took a road trip to Cape Cod so that Kate could receive her training, and be tested. We learned that when a free-style snow skiing competition left 18 year old Brad Parks a paraplegic in 1976, he became interested in playing tennis in a customized wheelchair....

"When the new Reading Community Tennis facility is built, it will be wheelchair accessible. Thanks to Kate Kaminer, Lorraine Salter and Mike Mercier - the tennis clinics will be accessible to wheelchair athletes as well (Kate DID pass her test, just to be clear....)

## Still celebrating (Wilmington)

"Dancing with the Stars is viewed by millions of people who watch mesmerized as the couples dance enthusiastically across the floor straight into America's hearts," notes the "Wilmington Town Crier."

"More than six decades ago, an amazing couple danced the polka together in front of a smaller audience to hearty applause and danced straight into each other's heart.

"Wilmington residents Albert and Dorothy Berian celebrated their 60th Wedding Anniversary in the company of their children and their families. The theme song they chose to celebrate their

love is 'Because' and the last refrain goes as follows: 'Because God made thee mine, I'll cherish thee, Through light and darkness through all time to be, And pray His Love may make our love divine - Because God made thee mine!'

"When they met that glorious day at a block dance in the Boston Naval Shipyard, Dot was working as a drill press operator and Al was serving in the Navy. Al had joined the United States Navy in 1939....

"Voicing advice to young people on marriage, Al believes, 'In a happy marriage, the primary ingredient is consideration of each other's needs and finding joy in observing the other person's happiness....'

"One of Dot and Al's greatest joys - and a source of immeasurable pride - are seeing their children have children, then seeing their great grandchildren and, recently, a great-great grandchild. Al says, 'We are very fortunate to have well-motivated children in good financial condition. All of our children are highly energetic and strive to achieve.'

"The Berians built a life and a family together dancing to a beautiful melody, even when their songs hit a few sour notes, due to Dot's accident and some mishaps one can expect with a growing family of six energetic kids.

"Spending some time with this incredible couple will lead you to the conclusion that Dancing with the Stars can't begin to compete with dancing through life with Al and Dot Berian."

"About the Towns" covers recent events in the 10-town Middlesex East area. Because Middlesex East deadlines are early, please check the front sections of this paper for up-to-date information about your city or town. We also welcome original material - please send it to Phyllis Nissen, "About the Towns," Middlesex East Supplement, Box 240, Reading, MA 01867

## FALL / WINTER SCHEDULE



### SKATING CENTER

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THURSDAY	3 - 5:30 PM	\$6.00
FRIDAY	3 - 5:30 PM	\$6.00

Roller skates included in price. Roller blade rental \$3.00  
Private parties available daily. Group rates available, summer camps, etc.

### TEEN DANCE - Friday Night 7-11 \$10

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### BALLROOM DANCING

TUESDAY	7:30 - 11 PM	\$11.00
SATURDAY	7:30 - 11 PM	\$11.00

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## MIDDLESEX EAST • 10 TOWNS

# Back to School!

## Belarus YMCA exchange student

from S-1

erations in that country could not receive direct financial support.

On return to the United States, the Harris' started a campaign to raise money and supplies to send over to Belarus. This led to the idea of starting an exchange program.

"The cultural exchange program was an idea I came up with in October (2006)," Raina said. "I thought 'why don't we exchange people so that they can learn and see the cultural differences.'"

Harris brought the idea to Walsh, who had just started as the executive director at Burbank and it was approved. The two women then approached the international Y organization during a conference last year and it was approved on that level.

However, not everything went smoothly. Originally there were to be two people from Belarus, but one could not get a visa for travel to this country.

There was also a scheduling change and the person from the Burbank who was to go to an International English speaking camp could not make that trip. It is hoped that the exchange program will be continued next year and someone from Reading will be able to go to Belarus.

The Y International report states, "Belarus YMCA is led

almost entirely by young adult volunteers who are seeking ways to serve their community while developing their own leadership skills. The YMCA has provided these young community leaders with the opportunities to explore, share, and grow their personal talents in education, arts, athletics, and more. Sasha Drachuk, a key volunteer for the Belarusian YMCA movement, states that "The YMCA is an organization that cares—not just for the young people it serves, but for the whole nation!"

According to Wissing Harris

and Mirsalimova it was Alexander Drachuk the National Board Chairman who chose the exchange students from Belarus. They were chosen for their English skills and devotion to the YMCA program.

There are many opportunities to help the YMCA of Belarus. People wishing to donate may send checks to the Burbank YMCA, 36 Arthur B. Lord Drive, Reading, MA 01867. Please state on the check that it is for the Belarus program. For more information call Walsh or Brush at (781) 944-9622.

For more information about the YMCA of Belarus or any of its branches go to [www.ymca-belarus.org](http://www.ymca-belarus.org). Information about the YMCAS or Greater Boston or the Burbank Y can be found at [www.ymcaboston.org](http://www.ymcaboston.org).

## Investing in your child's college education

A growing number of families are turning to a tax-advantaged investment plan intended to help meet the rising costs of a college education.

Called a 529 plan, its purpose is to encourage early and consistent saving for the future higher education expenses of a designated beneficiary, typically one's child or grandchild.

The plans are named after Section 529 of the Internal Revenue Code and are administered by state agencies. More than \$112 billion is currently invested in 529 plans throughout the nation.

There are two kinds of 529 plans for families to consider: pre-paid and savings. Prepaid plans - sometimes called guaranteed savings plans - are currently offered in 13 states and allow for the pre-purchase of tuition, based on today's rates

then paid out at the future cost when the beneficiary is in college.

Savings plans are different in that account earnings are based on the market performance of the underlying investments, which typically consist of mutual funds. Also, savings plans may be used to pay for other college expenses, not just tuition. Forty-eight states and Washington D.C. offer a savings plan.

Most 529 plans provide a variety of age-based investment options in which the underlying investments become more conservative as the beneficiary ages and gets closer to college age.

According to Jackie Williams, chair of the College Savings Plans Network (CSPN), a non-profit association of state-administered 529 plans, "these plans are designed to make it easy and

affordable for parents to save for college in a tax-advantaged way."

For example:

- A total of 31 states and Washington D.C. offer a state income-tax deduction or credit based on contributions.

- Plan earnings can be used at virtually any accredited college or university in the nation.

- All money grows federal and state income tax-free.

- All withdrawals used for qualified higher education expenses are exempt from federal and state income tax.

- The account holder retains control of the assets within the program regardless of the beneficiary's age.

To learn more about the benefits of a 529 plan, and to compare plans around the nation, visit CSPN online at [www.CollegeSavings.org](http://www.CollegeSavings.org)

## Helpful tips for moving to college

College enrollments continue to climb, according to the National Center for Education Statistics.

A few tips, including renting the correct size vehicle and having a packing plan, can help make the move to college a much smoother event.

The following suggestions come from Penske Truck Rental, a company with over thirty years in the moving business.

- **Truck Selection.** Most college students choose the 12-foot or 16-foot trucks for moving into a college dorm or efficiency apartment.

- **Reserve Early.** Remember to reserve your truck and any moving accessories at least two weeks in advance with a company that guarantees a truck with each reservation (and not all companies do). Save time by making your drop-off arrangements when you reserve your truck.

- **Pack Smart.** Bring only what you really need. Load the heaviest items into the truck first. To avoid injury, always bend your knees and lift with your legs - never use

your back to lift.

Consider purchasing certain items when you arrive at your destination.

- **Use accessories.** Boxes, packing tape, bubble wrap, moving blankets and hand trucks are all essential moving tools that can help protect your belongings during a move.

To save money, use clothing to cushion breakable items!

- **Safety and Security.** Trucks are taller, wider, heavier

and require more stopping distance than smaller passenger vehicles, so when driving a moving truck, drive slower and take extra precautions when the truck is loaded.

To ensure a smooth moving day, pick up your truck a day early so that you can get your start early. Also, practice driving the truck before you pack it.

When traveling, park in a well-lit area and be sure to

padlock the rear door. Penske offers 24/7 emergency roadside assistance and optional protection plans.

Finally, with most belongings packed away, create a travel bag for moving day to keep important paperwork, credit cards, identification, maps, a change of clothing, drinks and snacks close at hand.

For more moving tips, visit [www.GoPenske.com](http://www.GoPenske.com)

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MIDDLESEX EAST • 10 TOWNS

# Back to School!!

## School Notes

by Phyllis Nissen

Off to a great start: 2007-2008

### A great idea in Tewksbury!

"Tewksbury Memorial High School is working to raise student interest in reading and creative writing," notes the "Tewksbury Town Crier."

"Students and teachers from Tewksbury Memorial High School are planning a year-long program of literary fun for the 2007-2008 school year. Book groups, writing contest, and classroom guest speakers will be organized in preparation for the visit of four nationally known young adult authors on April 4th, 2008."

"Authors coming to TMHS are Pete Hautman (2004 National Book Award winner in the category of Young People's Literature), Nancy Werlin (2006 National Book Award finalist in the category of Young People's Literature), and ALA recognized authors Kate Morgenroth and Alan Gratz. All four will conduct book talks with TMHS students during the school day on April 4th. That evening they will perform a public reading and book signing for the community in TMHS's Gaffney Auditorium."

"Teachers in the Humanitarian Department have long noticed that students resist reading assignments over the summer and during the school year. At the same, teachers recognize that many students at TMHS have a sincere love of reading. The literary festival was designed to give book lovers an opportunity to interact with professionals in the field and to encourage all students to find

pleasure in reading and creative writing."

"The high school is teaming up with the Tewksbury Public Library, district middle and elementary schools, and the Andover Book Store to spread the joy of reading and writing throughout the community...."

### Significant progress in Lynnfield

"The School Committee was presented with revisions to the student handbooks of the middle and high schools during June," notes the "Lynnfield Villager."

"The changes were presented by Robert Hassett and Bill Furbush."

"Furbush, vice principal at the middle presented first, covering all the updates which had been made to the handbook."

"First were the basic updates to the names and contact numbers in the book as well as the dates of the school schedule."

"The bulk of the update was a cleaning up of the language used in the document."

"This reflects a collaborative effort from Colleen Dolan, the town attorney and guidance from yourselves," said Furbush to the Committee. "I need to thank Dorothy Presser and Lisa Shannon for their guidance in this area. I can imagine it must have been a very daunting task to take all that language and identify the changes that were necessary."

"Changes and clarifications were made to areas of

the book covering civil rights, discipline, physical restraint policies, school records, search and interrogations, special education and also the addition of several statutes."

"The handbook was also updated to reflect changes to the fifth grade teaching structure which will now feature team teaching."

"Furbush was also pleased to announce changes to the school fire drill policy. Under the new policy, students will now line up with their homeroom teachers and not their current classroom teacher."

"We found this greatly increases the speed in which children organize outside and greatly increases their accountability once they're out there," said Furbush."

"As a result of another change, students will now be issued a padlock for all four years. Furbush felt this policy would help students remember their combination and is similar to what is expected of students at the high school...."

### Outstanding work in Winchester

"Muraco Principal Rosalie Tashjian was honored by the Massachusetts Elementary School Principals' Association with the Thomas C. Passios Outstanding Principal Award," notes the Winchester edition of the "Daily Times Chronicle."

"This award was established in 1979 to be presented annually by the Commissioner of Education to an elementary or middle-school principal 'who has demonstrated clear leadership in developing successful programs for children and teachers, exceptional dedication to education, outstanding professionalism, and an unselfish attitude toward helping others.'"

"As this year's recipient, Tashjian also represents Massachusetts in the National Distinguished Principals Program, whose participants are honored in October in ceremonies held in Washington, D.C."

"Tashjian is the first Winchester principal to receive this award. 'She received this award,' Superintendent Jim Marini said, 'because the parents' group, faculty, and students believe in her.'"

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fifteen pounds that are slung over a shoulder produce an imbalance in the rib cage," explained Dr. Gerard W. Clum, of the Foundation for Chiropractic Progress.

"This type of repetitive strain can also initiate arm and hand numbness, headaches or backaches," he added.

Dr. Clum's group recommends the following tips:

- Avoid carrying more than ten to fifteen percent of your body weight in a back-

pack.

- Distribute weight evenly.
- Wear both shoulder straps unless it's a one-shoulder pack.
- Select packs with heavily padded shoulder straps and lumbar support.
- Bend your knees when lifting a heavy pack.
- Carry only what's needed.

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"Principal of the Muraco School for 15 years, Tashjian's career has also included teaching experience in regular and special education. She began her career in 1969 as a teacher in Waltham...."

If you'd like to read about your favorite school, student or teacher in "School Notes," please send school newsletters and other relevant information to Phyllis Nissen, "School Notes," Middlesex East Supplement, Box 240, Reading, MA 01867 or to [schooltowns@comcast.net](mailto:schooltowns@comcast.net). We welcome student writing.

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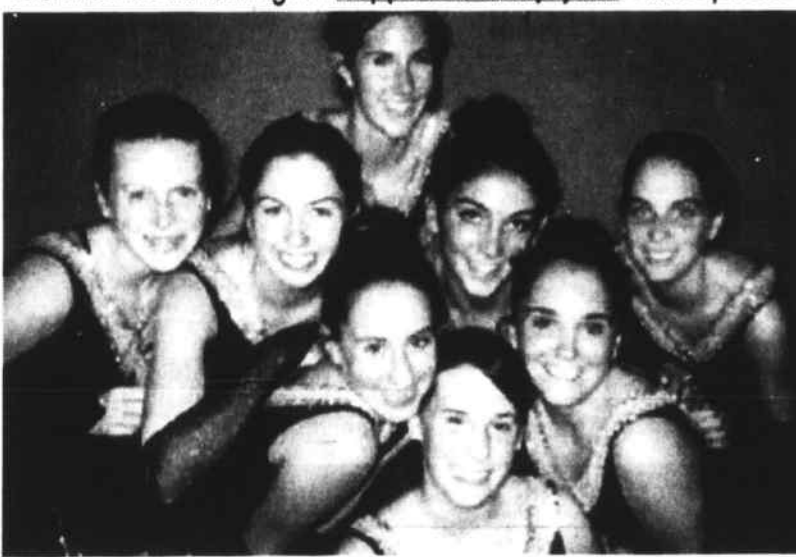
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... Sat. 10:00-10:45

5 yrs Predance 2 ... Wed., 1:15-2:00

... Sat. 10:45-11:30

6 yrs Ballet Tap 1 ... Sat. 11:30-12:30

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# Calendar of Events

## A FASHION SHOW & SILENT AUCTION

Come see the latest in fall fashions on Sunday, September 16 at 1 p.m. when a "Fall Into Fashion" will be held at Union Congregational Church, Haverhill Street, North Reading.

In conjunction with the show there will also be a silent auction with items and gift certificates from many local merchants, art work from local artists and some surprises.

Enjoy hot and cold hors d'oeuvres before and during the show, desserts and coffee/tea during the auction. There will be clothing for all ages and sizes.

Women's fashions from Applesseeds of North Andover and children's fashions from the Rugged Bear of Andover.

For ticket information call Maureen at 978-664-6643 or Eileen at 978-276-0045.

This event is sponsored by the Friends of the North Reading Council on Aging. All proceeds will benefit the Edith A. O'Leary Senior Center.

## JIMMY FUND WALK SEPTEMBER 16

Facing a diagnosis of cancer is a herculean challenge. Trying to make a difference in the lives of those with cancer is also a big challenge. On Sunday, September 16, Lexi-Skye Alden and her family will join more than 7,000 people taking on this challenge by walking in the 19th Annual Boston Marathon Jimmy Fund Walk.

A physical feat, this walk gives participants the opportunity to follow the course of the 26.2 mile Boston Marathon route as they walk in honor or memory of friends, family, co-workers and the young patients of the Jimmy Fund clinic. It is the only event other than the Boston Marathon itself that is sanctioned by the Boston Athletic Association to use the historic route.

The Jimmy Fund supports the world-renowned Dana-Farber Cancer Institute. Dana-Farber treats adult and child oncology patients, and is the home base for some of the most innovative cancer researchers in the field today.

Walkers may choose to walk the entire 26.2 mile route from Hopkinton to Boston, walk 13.1 miles from the halfway point in Wellesley, walk 5 miles from Boston College or choose the Boston 3 mile option.

Walkers are treated to a lunch party at Wellesley High School and a victory party at the Copley Square finish line complete with food and music. Walkers begin in Hopkinton at 7 a.m., in Wellesley at 11 a.m.

To register or make a financial contribution for the 19th annual Boston Marathon Jimmy Fund Walk, visit [www.jimmyfundwalk.org](http://www.jimmyfundwalk.org) or call 866-JF-1-walk.

## ADOPTION INFORMATION MEETING SEPTEMBER 12

The Florence Crittenton League Adoption Agency information meeting will be held on Wednesday night, September 12 at 7 pm at 119 Hall Street, Lowell (2nd floor-Lowell Day Nursery.)

Adoption programs in Russia and China and referrals to agencies for Guatemala and Ethiopia will be discussed.

A family and their child will speak about their experience with this agency. Call 978-452-9671 or visit [www.fclleague.org](http://www.fclleague.org).

## TEACHING THE CRAFT OF THE CAMERA

The Greater Lynn Photographic Association's annual course in photography will start in October for 2007. Sessions begin with the fundamentals of both film and digital cameras and photography basics for the beginner, and advance to principles of photography for the serious amateur.

Sessions will be held at 564 Boston Street in Lynn on Tuesdays and Thursday evenings from October 9 through November 8 at 7:30 p.m. Both film and digital photography will be covered. Registrants may select the sessions that best address their needs.

The basic fee of \$60 includes 5 sessions of your choice plus the Image Critique session. Additional sessions may be added for \$15 each.

For details and registration call Mary at 978-777-5296 or e-mail to [ml.cam@verizon.net](mailto:ml.cam@verizon.net).

## IRELAND'S LUNASA IN SOMERVILLE

World Music presents Ireland's Lunasa on Friday, September 28 at 8 p.m. at the Somerville Theatre, 55 Davis Square, Somerville. Tickets are \$28 and \$22. For tickets and information call World Music 617-876-4275 or buy on line at [www.WorldMusic.org](http://www.WorldMusic.org).

Lunasa, celebrating their tenth anniversary this year, uses a melodic interweaving of wind and string instruments, combining flutes, fiddle, whistle and pipes in breathtaking arrangements. With Paul Meehan's hard-strummed acoustic guitar and ex-Waterboy, Trevor Hutchinson's jazzy double bass, Lunasa has one of the most propulsive rhythm sections in Irish traditional music. Add uilleann piper Cillian Valley, all-Ireland fiddle champion Sean Smyth and flutist Kevin Crawford, and you've got a quintet that is steering Irish acoustic music into surprising new territory.

Lunasa was named for an ancient harvest festival in honor of the Irish god Lugh, patron for the arts. Known for pushing Celtic music into new territory, Lunasa redefines Irish music by going straight to the heart of its rhythms.

With the distinctive use of bass-driven grooves, percussive guitar and a gutsy rhythm section, the all-instrumental band blends elements of jazz, rock, country and world music into traditional tunes and newer compositions.

## SQUARE DANCE CLASSES BEGIN SEPTEMBER 20

Learn how to square dance, sponsored by the Single Squares will hold beginner classes on September 20 from 7 - 9 p.m. at St. Anthony's Hall, 1020 Main Street, Woburn.

Admission is \$7. No partners needed. Everybody dances. Great fun - good for your health and a good place to meet new friends.

For more information call Bev 781-272-4185 or Dan 781-933-0320.

## ART ASSOCIATION FALL MEETING

The Reading Art Association's first meeting will be on Wednesday, September 12 at 7:30 p.m. in Guild Hall, First Congregational Church, Reading. Four members will be demonstrating their skills: Oil painting by Susan Manning O'Brian, Watercolors by Don Fox and Christine Riccardi, and Pastel Over Watercolor by Anthony Accettullo.

This promises to be an event all can appreciate and enjoy. The Reading Art Association is one of the largest of its kind in the area, and is still growing.

The Fall Exhibit and Sale will be held on November 10 - 12 in Guild Hall also. More members are needed to give a hand with the setup of easels the day

## SPORTS SHORTS

### \*MIDDLESEX EAST SPORTS WEEKLY TRIVIA QUESTION:

What famous player wore #37 for the Boston Red Sox, the same number now worn by pitcher Hideki Okajima? Answer appears elsewhere in this column.

**\*SEAN MCGAH, A JUNIOR OUTSIDE LINEBACKER FROM NORTH READING.** **BRYAN MCGONIGLE, A SENIOR OUTSIDE LINEBACKER FROM WOBURN.** **AND SCOTT MILLER, A SENIOR DEFENSIVE LIEMAN FROM READING,** are all members of the Bentley College Falcons, who return 16 starters from last year's 6-5 team (4-5 conference) and are ranked fifth in the 2007 Northeast-10 preseason coaches football poll, which was announced recently at the conference's annual media day, held at the home of the New England Patriots, Gillette Stadium.

**\*WOBURN NATIVE SGT. EDWARD CHISHOLM,** 23, recently won the Army Reserves Best Warrior Competition and earned the opportunity to represent the Army Reserve at the Army-wide Soldier of the Year event in October at Fort Lee, Va.

Chisholm, of the 94th Regional Readiness Command, was among the 46 soldiers who competed in the week-long Reserves Best Warrior Competition at Camp Robinson in Little Rock, Ark. from July 13 through July 20.

Competitors qualified for the Best Warrior Competition by winning events in their divisions. To become the "Best Warrior" reservists had to complete tasks such as, M-16 weapons qualification, an urban warfare course, medical evacuations and identifying explosives.

Chisholm competed in the non-commissioned officer category and explained that the competition was composed of physical fitness tasks, land navigation, a board appearance and a written exam.

The Army-wide Soldier of the Year competition will be comprised of similar tasks and Chisholm will compete against the best in his division.

He explains, "I'm going against active duty guys," and said that he is going to receive additional training to prepare for the elite competition.

The Soldier of the Year competition will take place Oct. 1-5 in Fort Lee, Va. Chisholm said, "I'm very excited about it."

•Need some help with this week's question? A movie was made about this player's life.

•The Merrimack College football team, coached by former **READING HIGH STANDOUT JIM MURPHY**, was picked to finish third in the 2007 Northeast-10 Preseason Coaches Poll, which was released Wednesday afternoon at the conference's annual media day event at Gillette Stadium.

The team features a number of locals, including:

**#98 Daniel Sherr**  
Position: DE  
Height: 6-3  
Weight: 232  
Class: Sophomore  
Hometown: Lynnfield, MA  
High School: Austin Prep (University of Maine);

**#68 Chris Troisi**  
Position: OL  
Height: 6-4  
Weight: 270  
Class: Senior  
Hometown: Woburn, MA  
High School: Woburn;

**#67 Patrick Riley**  
Position: OL  
Height: 6-2  
Weight: 260  
Class: Sophomore  
Hometown: Tewksbury, MA  
High School: Tewksbury;

**#66 Brandon Saunders**  
Position: OL  
Height: 6-4  
Weight: 225  
Class: Freshman  
Hometown: Woburn, MA  
High School: Arlington Catholic;

**#63 Adam Burt**  
Position: OL  
Height: 6-4  
Weight: 310  
Class: Junior  
Hometown: Burlington, MA  
High School: Burlington;

**#49 Rich O'Donnell**  
Position: LB  
Height: 6-1  
Weight: 210  
Class: Junior  
Hometown: Stoneham, MA  
High School: Stoneham;

**#48 Michael Rossa**  
Position: DB  
Height: 6-0

Weight: 199  
Class: Freshman  
Hometown: Wakefield, MA  
High School: Bishop Fenwick;

**#43 Dennis Works**  
Position: LB  
Height: 5-10  
Weight: 200  
Class: Junior  
Hometown: Woburn, MA  
High School: Woburn;

**#12 D.J. Dolan**  
Position: WR  
Height: 6-5  
Weight: 212  
Class: Senior  
Hometown: Burlington, MA  
High School: Arlington Catholic;

**#8 Shane Brown**  
Position: LB  
Height: 6-0  
Weight: 235  
Class: Sophomore  
Hometown: Wakefield, MA  
High School: Wakefield;

**#7 Chris McNeill**  
Position: WR  
Height: 6-2  
Weight: 200  
Class: Junior  
Hometown: Burlington, MA  
High School: Bridgton Academy

**\*KEVIN TRICKETT OF WOBURN**, a junior member of Mass Rifle of Woburn and the Reading Rifle and Revolver Club, took top honors at the National Matches, known to some as the World Series of the Shooting Sports, at Camp Perry in Ohio.

**\*ANSWER TO THIS WEEK'S TRIVIA QUESTION:** Jimmy Piersall wore #37 for the Boston Red Sox. A film called 'Fear strikes out' was later made about his life, starring Anthony Perkins as Piersall.

**\*DO YOU KNOW SOMETHING WE DON'T?** If you have information about a local athlete that you would like to see appear in this column, please email it to [readingchronicle@comcast.net](mailto:readingchronicle@comcast.net), or mail it to: Paul Feely, Middlesex East Sports, P.O. Box 240, Reading, Ma., 01867.



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## ALS Walk of Hope

**Lou Gehrig's Disease - Scheduled for September 8th**

WOBURN - On Saturday, September 29, 2007, the Somerville Historic Preservation Commission, the Middlesex Canal Commission and the Middlesex Canal Association will sponsor the 5th annual historic bicycle tour of the Middlesex Canal.

The Canal was the "big dig" of the end of the 18th century.

Completed in 1803 after 10 years of construction, the Canal connected the Merrimack River at Middlesex Village in what is now Lowell with the Charles River at Sullivan Square in Charlestown.

In many ways it served as a model for later canals including the Erie Canal.

The Canal remained in operation for 50 years, providing both passenger and freight service, but could not compete successfully with the Boston and Lowell Railroad which

began operation in the 1830's.

The ride will meet at the Canal plaque at the entrance to the Sullivan Square MBTA station at 9. The entire ride is 38 miles, getting to Lowell in time to catch the 5:00 train (arriving in Boston 5:43), but people can leave the ride after 20 miles at the Wilmington train station (1:24, arriving in Boston 1:53) or after 28 miles at the North Billerica train station (3:07, arriving in Boston 3:43).

The group will make a lunch stop in Woburn and it is recommended that everyone bring a lunch, but it will be possible to buy a sandwich there. The route is pretty flat and level, and since the route includes many stops, the group will average 5 miles an hour. The ride will be relatively easy for most cyclists.

Along the way we will stop at a number of remnants and

restored sections of the Canal, as well as the mansion of Loammi Baldwin, the chief engineer of the Canal, the two remaining aqueducts (which carried the Canal over rivers and brooks), and also the Francis Gate lock on the Pawtucket Canal in Lowell.

For more information, contact Dick at

dick.bauer@alum.mit.edu (617-628-6320), Robert at robert@middlesexcanal.org, or Bill at bkuttner@ctps.org.

For more information about the Middlesex Canal go to: www.middlesexcanal.org.

Also visit, www.GoWREN.org.

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STONEHAM SAVINGS BANK SPONSORS STONEHAM THEATRE'S SEASON OPENER, GYPSY (pictured l to r) Stoneham Theatre's Artistic Director Weylin Symes, Richard M. Donovan, President and CEO, Stoneham Savings Bank and Gypsy director Caitlin Lowans proudly show off the \$10,000 donation for the MetroNorth's professional theatre's opening production of Gypsy (September 13 - 30). According to Symes, "Through their charitable foundation, Stoneham Savings Bank has been a generous supporter of the theater since the beginning and this year we are thrilled to have them return as the season opener sponsor." He adds, "We share the common goal of engaging and connecting our

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communities in new and exciting ways." Stoneham Savings Bank is an independent community bank serving Belmont, Burlington, Malden, North Andover, Stoneham, Tewksbury and surrounding communities. For more information about Stoneham Savings Bank, visit [www.stonesav.com](http://www.stonesav.com). Stoneham Theatre is located at 395 Main Street. For 2007-2008 season tickets and information call For tickets and information visit or call the Stoneham Theatre Box Office 781-279-2200 or purchase online at [www.stonehamtheatre.org](http://www.stonehamtheatre.org).

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- North Reading
- Reading
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- Winchester
- Woburn
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- Wilmington
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## Calenders from 5-6

before the show opens and the take-down of exhibits on closing day.

### FIBROMYALGIA MEETS SEPTEMBER 11

Living Well with fibromyalgia support group will hold its second meeting of new start up group on Tuesday, September 11 from 7 - 8:30 p.m. at the Reading Public Library.

Large meeting room, second floor. Free to attendees. Call Betsy Timmerman to RSVP 781-944-8119.

### WAKEFIELD CHORAL SOCIETY REHEARSALS

The Wakefield Choral Society will hold open rehearsals on Mondays, September 10, 17, 24 and October 1 in the choral room at the high school at 7:30 p.m.

These rehearsals are open to anyone interested in exploring the possibility of joining this group.

There are no individual auditions. For additional information or to register call 781-246-6444.

### HAVURAH PLANS OPEN HOUSE

Havurah Haverim will hold an open house on Thursday, September 6 from 7 to 9 p.m. in the new social hall outside the sanctuary of the Unitarian Universalist Church of Reading.

At that time, havurah members and Rabbi Bart Perlman will be available to answer questions about the group's religious school, High Hold Day tickets, adult education programs, social activities and special events.

Please drop by on the 6th or contact Carol Perletz ([perletz@comcast.net](mailto:perletz@comcast.net) or 781-944-2605) with any questions about the havurah and its 2007-09 schedule.

### ANDOVER ARTISTS EXHIBIT SEPTEMBER 15

The Andover Artists Guild's main scholarship fund-raiser will take place at its 33rd Annual Art in the Park Show on Saturday, September 15 (rain date Sunday, Sept. 16) from 10 a.m. to 4 p.m. in Central Park, corner of Chestnut and Bartlett Streets, Andover.

Approximately 100 artists exhibiting a variety of fine arts, graphics and photography will vie for prizes and ribbons in the categories of: Best in Show, Oil, Acrylic, Watercolor, Pastel, Photography, Mixed Media and Graphics/Drawing.

Judges for the event are: Meredith Fife Day, Artist in Residence at Whistler House, Ella Carlson, Photographer and Professor at U Lowell and NHA, Brian Alan, Director/Curator at Addison Gallery.

As in previous years, ABC will run a food concession. Music will be by DJ Skot Pare. Admission is free.

### MELROSE AARP MEETS SEPTEMBER 14

The Melrose AARP Septem-

ber 14th meeting will feature live music, refreshments, a raffle and a generic Medicare presentation by representatives of United Health Care.

They will describe the basics of Medicare, answer questions, dispel myths, and get to the nitty-gritty of what you really need to know.

AARP members, their guests, and the public are invited to this special meeting to take place at the Molano Senior Center in Melrose, Friday, September 14 at 1:30 p.m.

To assist in the planning, please register by calling 781-662-6886.

### COMMUNITY EDUCATION REGISTRATION

Wakefield Community Education is holding an open house registration at the Galvin Middle School cafeteria on Monday, September 10 from 7:30 - 9:30 p.m.

This is an opportunity for students to talk with their teachers. Late registration is on Tuesday and Wednesday, September 11 and 12 from 7 - 8 p.m. For additional information call 781-246-6444. Some classes offered are listed below.

Wakefield Community Education is offering S.A.T. preparation class on Sundays, September 9 - October 28 from 6 - 9 p.m. This 8 session program is geared to assist bright, average and underachieving students.

Class time is split equally between English and Math, covering all facets of the exam. For additional information call 781-246-6444. Classes are held at the Americal Civic Center. Tuition is \$298.

Wakefield Community Education is also offering recreational volleyball program from September 10 - November 17. Classes are held on Mondays and Wednesdays from 7:30 - 10 p.m. at the Galvin Gym. Fee is \$30 and participants may register in the gym on September 10. For additional information or to register call 781-246-6444.

### CIVIL WAR ROUNDTABLE

The Civil War Roundtable of the Merrimack will meet at 7:30 p.m. on Wednesday, September 12 at the Hilton Senior Center, 61 Lafayette Road (Route 1), Salisbury.

The topic will be "Civil War Jeopardy" given by Cynthia Brown and Liz Gardell. Admission is free and anyone with an interest in America's Civil war is invited to attend.

For more information call Tom at 978-462-8518.

### FREE HUNTER EDUCATION COURSE

A Free Hunter Education Course will be held at the Reading Rifle and Revolver Club, Haverhill St., Reading from September 6 through October 11, six weeks, from 7:00 to 9:30 pm.

The course is free but you must pre-register by calling (978) 632-7648.

Upon completion of the course will receive a Mass Hunter Education Certificate which allows persons 15 and older to purchase a Mass hunting license.

For additional information call the number above.

## FASHION SHOW AND SILENT AUCTION

Come see the latest in fall fashions on Sunday, September 16 at 1 p.m. Fall into Fashion will be held at the North Reading Moose Hall. In conjunction with the fashion show there will also be a silent auction with items and gift certificates from many local merchants, art work from local artists and some surprises.

Enjoy hot and cold hors d'oeuvres before and during the show, desserts and coffee/tea during the auction. There will be clothing for all ages and sizes.

Women's fashions are from Applesseed's of North Andover and children's fashions from Rugged Bear of Andover. For ticket information contact Maureen at 978-664-6643 or Eileen at 978-276-0045.

This event is sponsored by the Friends of the North Reading Council on Aging, all proceeds to benefit the Edith A. O'Leary Center. Though to benefit the senior center, the event is open to all.

## WOBURN H.S. CLASS OF 47 REUNION

The Woburn High School Class of 1947 will hold its 60th Reunion on Saturday, September 22 at the Crestview on Montvale Avenue in Woburn.

Anyone who did not receive an invitation and would like to attend should contact: Edward Devaney 781-933-2955 or Ruth Turner at 781-933-2604.

## WAKEFIELD '67 40TH REUNION

The Wakefield High School Class of 1967 will hold its 40th class reunion at Spinelli's on Route 1 South in Lynnfield on Saturday, November 24 from 7-11 p.m. Information postcards have been sent out to members whose addresses are known.

Cocktails will be from 7-8 p.m., dinner from 8-9 and music all night (disc jockey), raffles, prizes and surprises. Cost is \$50 per person with a deadline of no later than October 15.

There will also be a possible Sunday brunch. So please don't let anyone be left out of the fun. Get in touch by calling 781-246-1994 or 617-240-6151 or email [wakefield67@hotmail.com](mailto:wakefield67@hotmail.com).

## SHALOM EMETH HEBREW SCHOOL

Pre-Hebrew provides a fantastic way to strengthen a 4 year old's Jewish identity; introduce a child to traditions, observances, music and explore Judaism in an age appropriate setting. The curriculum includes Jewish holidays, songs, bible stories, Sh'ma and more.

A weekly craft corresponds to holidays or themes for each class. As a parent, consider the benefits for your child. Pre-K offers a transition for children looking ahead to religious school.

Jill Murgo, experienced preschool teacher, OFC certified, mother of three little kids, brings her enthusiasm and talents to the Pre-Hebrew class. The class is open to children who are four years old by September 1. Classes are Sunday from 9:15 to 10:30 a.m. at the temple

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OPEN HOUSE SUNDAY 12-2 9 Robinson Avenue Nice location for this 7 rm, 3-4 bdrm, 1.5 bath Colonial close to shopping and major highway.

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## ~ Real Estate Transfers ~

### Transfers from 5-12 -READING-

13 BAINBRIDGE ROAD was sold to Christine and Richard Schneeberg by Anne Marie Guanci for \$485,000.  
117 JOHNSON WOODS DRIVE #117 was sold to Karen and Mark Kostegan by Redstone Realty LLC for \$739,000.  
4 LEANING ELM DRIVE #4 was sold to Elin Howe by George and Elizabeth McWilliams for \$485,000.  
54 MARLA LANE was sold to Maryellen and Robert Filipek by James and Donna Brangiforte for \$595,000.  
25 PIERCE STREET #25 was sold to Peter Georgiou and Shira Charles by Mark McLean for \$364,750.  
7 PINE RIDGE ROAD was sold to Amy Maccalous-Hennessy and David Hennessy by Albert Ferrante and Michelle Harvey for \$530,500.  
61 PRESCOTT STREET was sold to Fitzgerald INT and Michael Fitzgerald by Gerald and Patricia Fitzgerald for \$510,000.  
199 SUMMER AVENUE was sold to Kathleen and Robert Corwin by 199 Summer RT and Cheryl Lee Kasztejna for \$740,000.

### -STONEHAM-

9 AVALON ROAD was sold to Steven Winkleman by Alfred and Lillian Seaward for \$400,000.  
44 MAIN STREET #206 was sold to Lucille Langone by Leo Fava for \$255,000.  
7 POPLAR STREET was sold to Rocco Pizziferri by Carol and Carolyn Burns for \$278,000.

### -TEWKSBURY-

230 APACHE WAY #230 was sold to Paul and Paul Nazzaro by Douglas and Lynn Wood for \$255,500.  
54 BAY STATE ROAD was sold to US Bk by Kevin McConnell and US Bk for \$210,000.  
977 CHANDLER STREET was sold to Richard and Robert Lemelin by Blanche and Robert Lemelin for \$287,000.  
1108 EMERALD COURT was sold to Richard and Rita Humphrey by Stonewood LLC for \$347,400.  
34 FOREST ROAD was sold to Benjamin Moniz by William Mcmillan for \$319,900.  
3 INDEPENDENCE AVENUE was sold to Lauren Hanley and Matthew Poussard by Jeanne Julian for \$307,500.  
63 PAR LANE was sold to Jeanette Muise by R&R Humphrey RT and Richard Humphrey for \$340,000.

### -WAKEFIELD-

7 BUTLER AVENUE was sold to Henry Pruiskin and Karen Dimattia by Richard Stowers for \$275,000.  
16 GRAFTON STREET was sold to Tracey Milligan by Margaret Fogarty for \$301,000.  
7 HILLSIDE AVENUE was sold to Diane Jordan and Michael Roberts by Dianna Milone and Lisa Haley for \$359,000.  
6 JACKSON LANE was sold to Alex and Patricia Forbes by Joseph McCaffrey and Linda Piccolo-McCaffrey for \$510,000.  
55 MELVIN STREET #L was sold to Derek and Jodi Cataldo by Dennis Sousa for \$305,000.  
68 PRESTON STREET #8E was sold to Diane Wilhelm by Rose Encarnacao for \$110,000.  
50 SPRING STREET was sold to Herbert Fletcher by Herbert Fletcher and William Leach for \$1,000.  
9 WHITE AVENUE was sold to Joseph McCaffrey and Linda Piccolo-McCaffrey by Diane Silverman for \$715,000.

### -WILMINGTON-

15 CANAL STREET was sold to Deutsche Bank Natl T Co by Gustavo Sanchez and Deutsche Bank Natl T Co for \$197,800.  
72 FOREST STREET was sold to Melissa Mannone by Anthony Mannone and Nancy Jensen for \$230,000.  
25 MARCIA ROAD was sold to Anthony and Jennifer Saragosa by Jeanette Muise for \$485,000.  
116 MARION STREET was sold to Sara Brook-Campbell

## UP TO 140,000 READERS

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## 10 CITIES AND TOWNS EVERY WEEK

# Real Estate

and William Campbell by Anthony and Jessica Cardinali for \$635,000.

1 POND STREET was sold to Jonathan Corso by Kurt Somerville and Norma Moseley for \$275,000.

22 SALEM STREET was sold to Donn Stratouly by Leonard Gaudioso for \$290,000.

### -WINCHESTER-

5 CLIFF STREET was sold to Jeanne Tanner and Richard Parnas by Dorothea and William Jeffery for \$694,000.

103 CROSS STREET #E was sold to Kristen Vrijian and Jacques Akelian by Brookside RT and Keith Trider for \$234,900.

1 EVERETT AVENUE was sold to Mary Lyons and Christopher Duval by Stacey O'Rourke for \$1,670,000.

148 FOREST STREET was sold to Amarita Reddy by Candace and David Buonopane for \$660,000.

397 HIGHLAND AVENUE was sold to Walter and Carmen Kenrich by Richard and Susan Briggs for \$910,000.

9 HIGHLAND TERRACE was sold to Nunsin and Verdine Bosse by Wendy Katz for \$590,000.

10 KEENAN DRIVE was sold to Jason and Sherry Goldberg by Tammy and Joseph Sacco for \$960,000.

5 NEW MEADOWS ROAD was sold to Joelle and David Pare by William D Rosser FT and Gwen Rosserr for \$625,000.

21 STOWELL ROAD was sold to Catherine Rea-Lyon and Charles Lyon by Monica Fulton for \$756,000.

247 WASHINGTON STREET #26 was sold to Timothy Sullivan by Joseph Sullivan for \$335,000.

### -WOBURN-

36 CAMBRIDGE ROAD #2 was sold to Judith and Jay Schlickman by Barbara Leinberger and Barbara Wurtz for \$335,000.

5 CRESCENT AVENUE #1 was sold to Loa LLC by 5 Crescent Avenue LLC for \$315,000.

10 DRAPER STREET #4 was sold to T&J RT and TRI Tom Mgmt LLC Tr by Lily Draper Street LLC for \$245,000.

2 HELEN DRIVE was sold to Kurt and Joanne Shelton by Lexington T and Robert Murray for \$590,000.

12 LAWRENCE STREET #B was sold to Janet Millis Knudsen and Robert Knudsen by Debra Barnes-Guzman and Didier Barnes-Guzman for \$345,000.

941 MAIN STREET was sold to Charly El-khoury by Countywide Loans Sves and Morgan Stanley Abs Cap 2 for \$290,000.

71 MILL STREET was sold to Mark Ferrante and Leigh Goddard by Carmen and Daniel Mazza for \$359,000.

14 SHIELDS STREET was sold to Michael Thomas by Levine FT and William Levine for \$285,000.

## Tips on renting out that extra room

Coming off the recent real estate boom, lots of homeowners are finding themselves in over their heads with respect to meeting their mortgage payments. However, many homeowners with extra space are discovering the value of renting a room. Before doing so, it's best to consider the following.

- Set the rules before anyone moves in. You'll likely want any prospective tenant to share a relatively similar lifestyle to your own, such as work schedule, social habits, etc. Before anyone moves in, establish rules with respect to overnight guests, drinking alcohol or smoking on the property and other issues.
- Get things in writing. Should any unforeseen problem arise (such as an unruly tenant), a verbal agreement will not stand up in court. You'll need a written agreement that stipulates all rules and details concerning

how much advance notice is needed to move out.

All current occupants should meet any potential tenants. Anyone who currently lives in the home should be included in the tenant interview process. If a spouse leaves it up to his or her husband or wife, arguments could ensue over whether or not the person in charge made the right choice. To avoid those unnecessary arguments, make sure everyone meets prospective tenants, including the kids and even the family pet.

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READING ~ \$259,900

This 2 bdrm, 2 bath unit at Summit Towers has been totally renovated incl. a granite/oak kit. w/ceramic tile flr. All flrs are hwdwd & rm & closet drs are mirrored or 6 panel oak. Mstr suite w/walk-in closet. Pretty, treetop views from priv. balcony accessed by 12' slider. Pool, on-site laundry & ample parking.

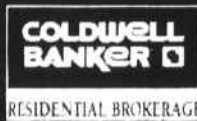


NEW LISTING!

WOBURN ~ \$414,900

5/6 two family featuring hardwood floors, vinyl siding, thermopane windows and front porches. Separate utilities, 2/3 bedrooms and formal dining rooms per unit. Nice lot, convenient location.

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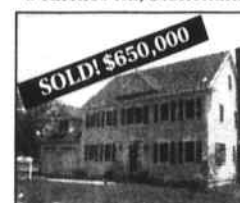
28 Albany St., Woburn



36 Chelmsford St., Lawrence



5 Kirmes Rd, Stoneham



2 Marcy St., Woburn



29 Whitman St., Lawrence



1 Elwood Ave., Stoneham



27 Keene St., Stoneham



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READING

Traditional 6 room, 3 bedroom, 1.5 bath Cape with fireplace living room, dining room and eat in kitchen on a cul-de-sac in a great Birch Meadow neighborhood. Enclosed porch and walk out basement.

BURLINGTON \$499,900

Unbelievable space in this Maple Ridge TH w/high ceilings, skylights, beautiful flrs & all the amenities incl. steam shower, 3 finished levels w/1st flr MB suite, 2nd flr loft plus lge guest bdrm & bath. Walk out finished LL, 3.5 baths, 1st flr fam rm w/fpl & adjoining deck. Close to highways yet a very private setting. Value priced.

READING \$379,900

West side picture book Cape w/2 bedrms, 1.5 baths & gleaming hwdwd flrs. Front to back living rm with a fireplace. Dining rm opens to cabinet kitchen with breakfast bar, 1.5 baths, deck. Walk to Barrows School.

NO. READING \$399,900

Nicely located 3 bedroom Ranch offers fireplace living room, hardwood floors and beautiful lot. Perfect to add a second level or to fix up as it is!

WAKEFIELD \$209,900

Parkview Terrace Condos! 4 sold, 2 available! Remodeled 1 bedroom, cherry kitchen with granite countertops, stainless steel appliances, hardwood floors, beautiful yard area.

WAKEFIELD \$439,900

2 Heritage Lane Mint 5 rm Split Entrance Ranch offers gleaming hardwood floors, 3 or 4 bedrooms, 2 baths, 2 car garage, 2 fireplaces, 2 year old kitchen, newer roof and convenience elevator.

WAKEFIELD \$539,900

150 Nahant Street Large Colonial offers spacious kitchen, 9 rooms, fireplace living room, 4 bedrooms, 2.5 baths, 2nd floor laundry, 2 car garage, above ground pool and patio.

READING \$369,900

Well maintained 42' one owner Ranch with hwdwd flrs, 2 oil storage tanks and 2 zone heat, fireplace in 16x12 living rm, sun deck of MBR overlooking private 3/4 acre yard filled with colorful wild flowers. Convenient to major routes.

METHUEN \$305,000

Unbeatable value for Marsh School district. Move-in condition, 4 bdrm Colonial on 1/2 acre level lot & deck. Walk to Marsh School K-8! Freshly painted MBR w/cathedral ceiling & walk-in closet, 2 finished rms in LL plus rough plumbed 2nd full bath.

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## Maybe the best value in Reading

This move in condition 4 bedroom Colonial may just be the best value in Reading. Located on the 8th most desirable street on the North Shore (Boston Magazine June 2007), this home has a new cherry kitchen with Silestone countertops, new appliances and wood floors.

Off the kitchen is a fire-placed family room, a large

living room and formal dining room. The second floor offers 4 nicely sized bedrooms and a full bathroom. The lower level has been recently finished into a 20' X 19' room with high ceilings, nice woodwork and berber carpeting.

The roof, heating and electrical systems have been all updated recently. The

home also has a security system and a lawn sprinkling system. It is a short walk to the Barrows and Parker schools as well.

This home is offered by Kevin Coughlin of Boardwalk Real Estate for \$429,900. If you would like to see this property, call Kevin @ 781 944 7820 X 242.



## ~ Real Estate Transfers ~

### -BURLINGTON-

120 CAMBRIDGE STREET #5 was sold to Syed Esa Mohammed and Khundmeer Mohammed by the Islamic Center Burl Inc for \$200,000.

10 HIGHLAND WAY was sold to Kara Fitzell and Neil Gallagher by Karen Gallagher for \$535,000.

21 PEACH ORCHARD ROAD was sold to Peach Orchard RT and Julie Downes by Decarmel Destin for \$420,000.

### -LYNNFIELD-

4 ABBEY LANE was sold to Rodica and Theodor Moisidis by Daniel Greenwald and Lisa Cloherty for \$572,500.

24 CORTLAND LANE was sold to Alfred Hook by Fullerton NT and John Fullerton for \$755,000.

39 EDWARD AVENUE was sold to Clinton and Krista Kane by Daniel and Karen Roy for \$515,000.

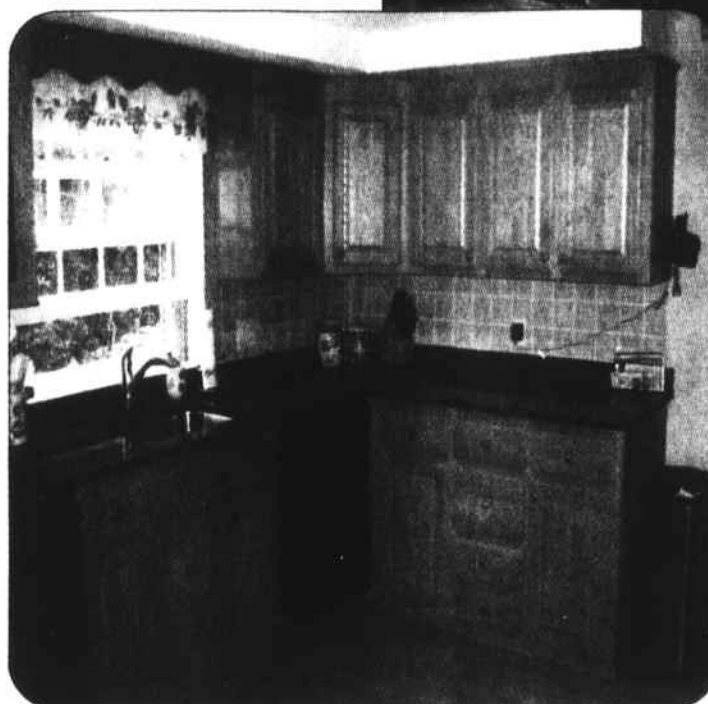
805 MAIN STREET was sold to Linda Maglio by Anne Marie Flanagan for \$390,000.

### -NORTH READING-

26 CRESTWOOD DRIVE was sold to Anna and Joseph Robert by George Stimpson and Jane Barren for \$550,000.

Transfers to 5-11

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### FEATURED HOME OF THE WEEK WAKEFIELD



**WAKEFIELD - New Listing!** West side custom built solid brick Ranch offers 7 rms, 3 bdrms, 2.5 baths & 1 car att. garage. Updated cherry kitchen, formal fpl liv rm w/hdwd flrs & bookshelves. Fam rm w/French drs leads to din rm. Master bdrm suite offers full bath & hot tub. Partially finished LL. Lovely screened porch & outside deck overlooking pretty yard w/brick patio. **\$555K**

### WAKEFIELD



**WAKEFIELD - New Listing!** Well built 2 bedroom Ranch offers fire-placed living room, hardwood floors, open kitchen and dining area, comfortable family room & 1 car garage. Newer roof, boiler, water heater & central A/C. Handy to public transportation & major routes. **\$397K**

### WAKEFIELD



**WAKEFIELD - Great opportunity!** Recent improvements in this charming 2-bedroom Townhouse with 2 deeded parking spaces, newly refinished hardwood floors, new appliances. Family room offers wet bar & new carpet & leads to deck & private back yard w/gunite pool. Handy to train & downtown. **\$264,900**

### WOBURN



**WOBURN - New listing!** Luxury living at its best! Pristine first flr 2-bedroom 2 bath Condo offers two deeded parking spaces, wood flooring, fireplaced living room, new stainless steel appliances. Master bedroom w/private bath & walk in closet. Fabulous amenities! **\$358,900**

### TEWKSBURY



**TEWKSBURY - Motivated Seller says "Bring Offers!"** Some TLC would go a long way to make this charming dormered Cape shine. 6 rooms, 3 bedrooms, 2 baths and great 3 season porch leads to deck and nice level yard. This home has wonderful potential. Don't miss it! **\$294,900**

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## Please join RE/MAX Patriot Realty in helping to protect our children with "Back-To-School Safety Tips"



You can help protect your children from the most frequent kinds of school related injuries by following these practical, proven tips.

- ❖ Plan a walking route to school or the bus stop. Choose the most direct way with the fewest street crossings and, if possible, with intersections that have crossing guards.
- ❖ Walk the route with your child beforehand. Tell him or her to stay away from parks, vacant lots, fields and other places where there aren't many people around.
- ❖ Teach your child never to talk to strangers or accept rides or gifts from strangers. Remember, a stranger is anyone you or your children don't know well or don't trust.
- ❖ Be sure your child walks to and from school with a sibling, friend or neighbor.
- ❖ Teach your children - whether walking, biking or riding the school bus - to obey all traffic signals, signs and traffic officers. Remind them to be extra careful in bad weather.
- ❖ When driving your children, deliver and pick them up as close to the school as possible. Don't leave until they are in the schoolyard or building.
- ❖ If your child bikes to school, make sure he or she wears a helmet that meets one of the safety standards. Research indicates that a helmet can reduce the risk of head injury by up to 85%.
- ❖ Teach children to arrive at the bus stop early, stay out of the street, wait for the bus to come to a complete stop before approaching the street, watch for cars and avoid the driver's blind spot.
- ❖ Remind your children to stay seated at all times and keep their heads and arms inside the bus while riding.
- ❖ Tell your child not to bend down in front of the bus to tie shoes or pick up objects as the driver may not see him before starting to move.
- ❖ Be sure that your child knows his or her home phone number and address, your work number, the number of another trusted adult and how to call 911 for emergencies.

**"Follow the school safety tips and have a safe school year."**



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